

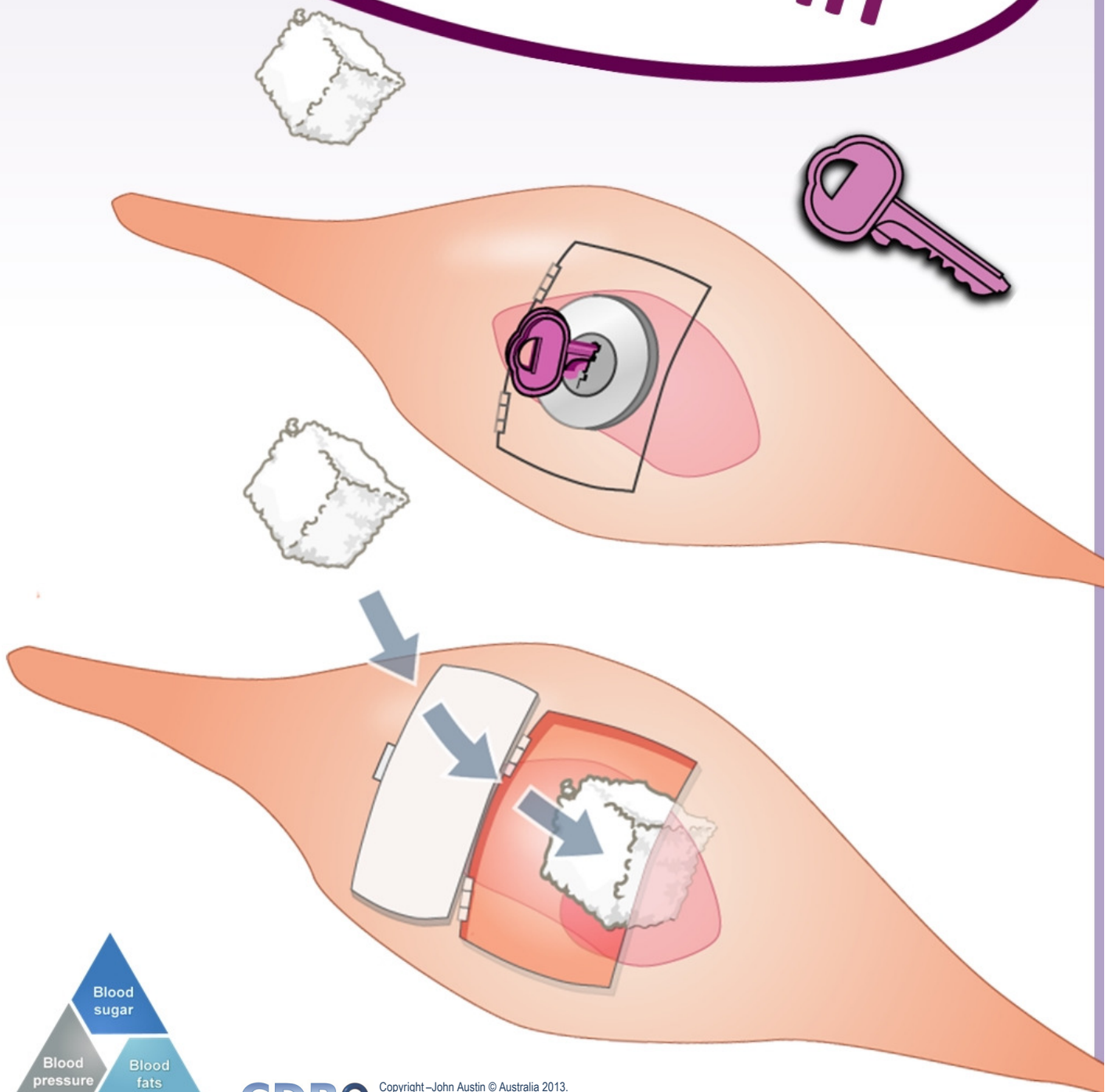
Sugar fuels your muscles



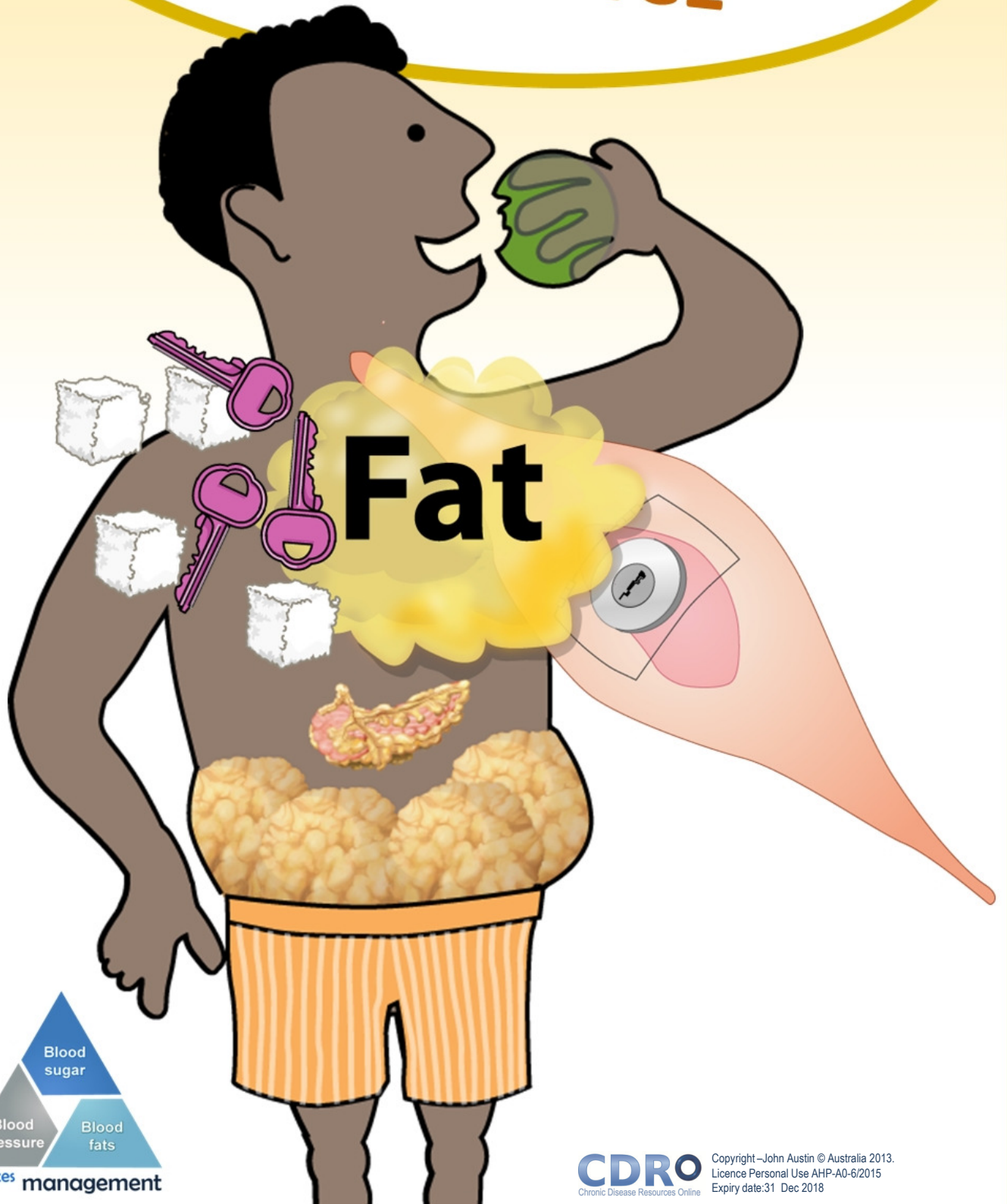
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Insulin keys let the sugar in

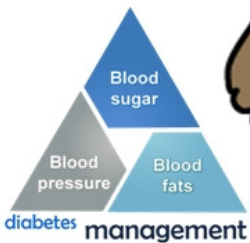
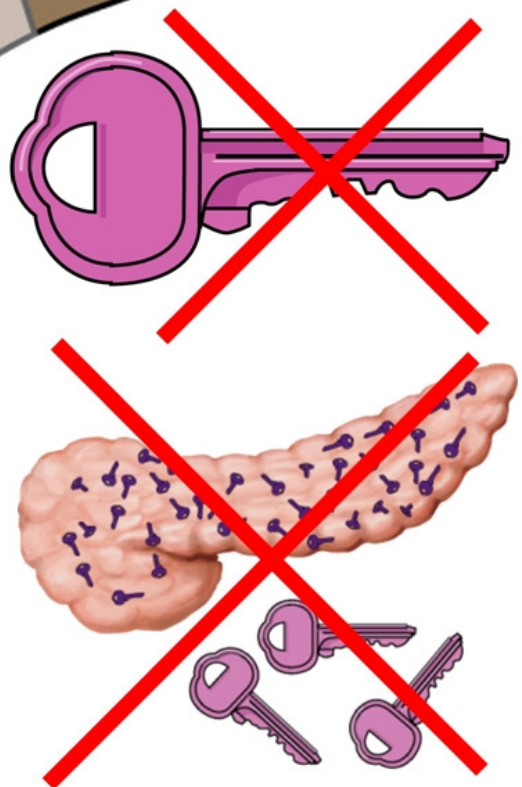
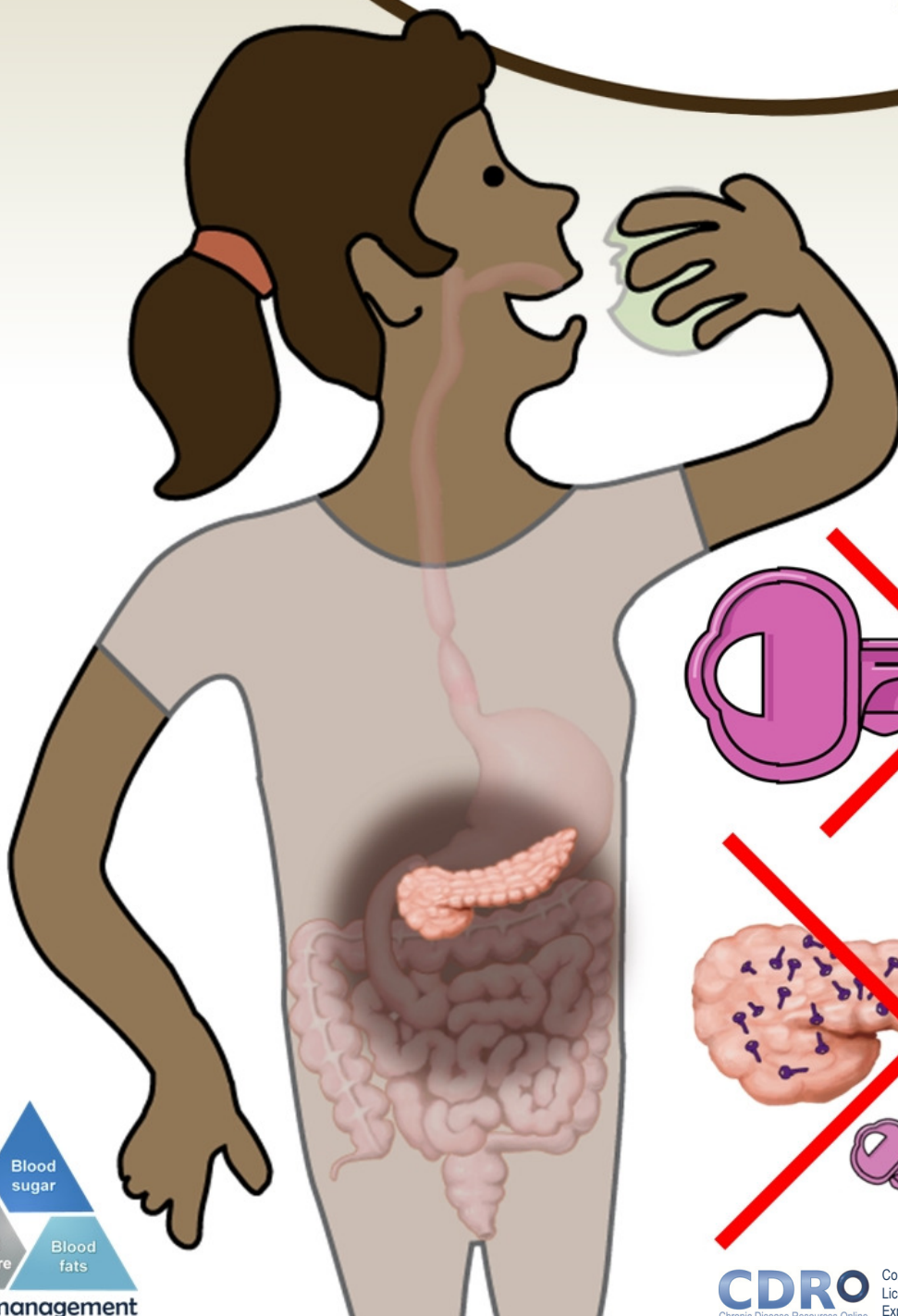


Fat causes INSULIN RESISTANCE



Type 1

No
insulin keys

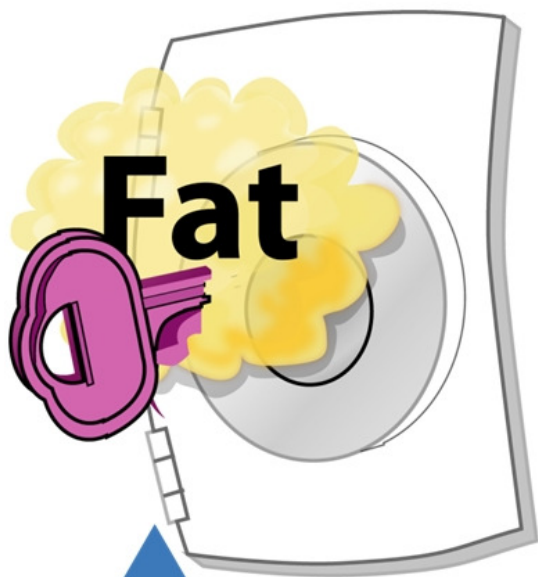
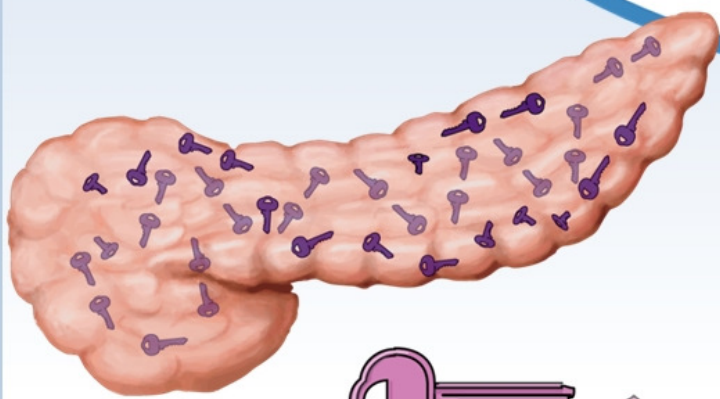


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Type 2

**INSULIN
RESISTANCE +
less insulin keys**



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There is no need to print the following page when printing and using this resource

Health Professional Facilitator Information

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Purpose of resource:

Wall posters for the diabetes sugar story which can be used with groups or individuals.






Area: Diabetes

Topic: Sugar insulin stories

Story: Sugar in food (Small cards)

Related resources

There are wall posters for the following :

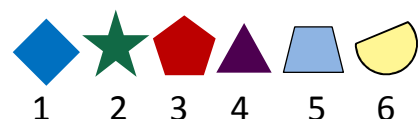
1. Sugar in food 
2. Insulin keys 
3. Insulin resistance 
4. No insulin keys (Type 1) 
5. Not enough insulin keys (Type 2) 

Notes:

The resource can be printed A3 or A4 size and then laminated.

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Levels



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