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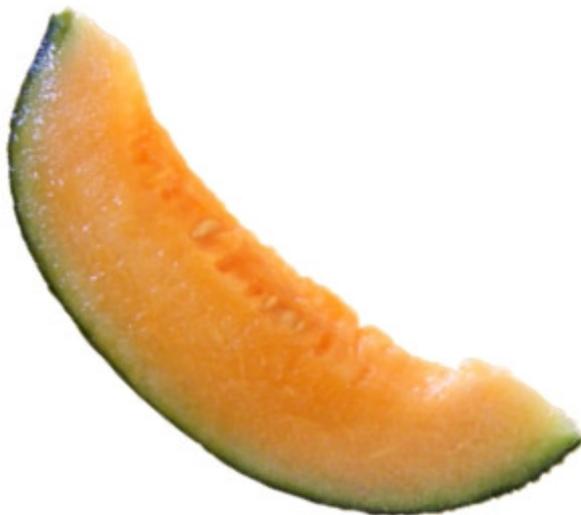


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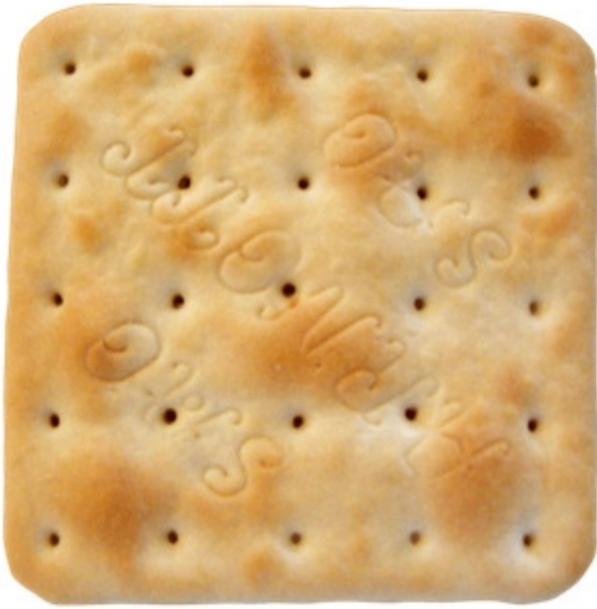


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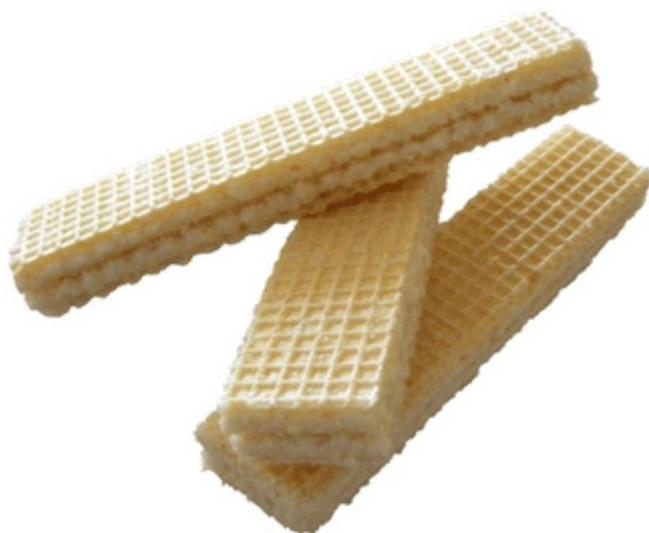


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Health Professional Facilitator Information

You must use your own professional judgement when using this resource

Purpose of resource:

To provide activities which encourage preparing a healthy lunchbox.

Key skills:

This resource could be used to support making good choices for lunch.

Grouping foods which could or shouldn't go into a lunch box.

Target group:

This resource is designed to be used by Australians of all ages.

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