






## Side 1 Assessment sheet (Use this with a client)

### Client notes

Name:		Date:
Sugar story – Insulin problems		Rating & Notes
Your pancreas may not make enough insulin keys.	<i>Asked:</i>	
Insulin resistance can stop insulin keys working properly. . .	<i>Asked:</i>	
Insulin resistance can stop insulin keys working properly.	<i>Asked:</i>	
Insulin resistance & then not enough insulin keys happen when you have Type 2 diabetes	<i>Asked:</i>	
You may have to take insulin tablets or have insulin injections.	<i>Asked:</i>	

## Side 2 Assessment sheet (Use this as a reference)

Sugar story – Insulin problems example		
Your pancreas may not make enough insulin keys. <b>Concept Level</b> 	<b>Ask:</b> What can happen to your pancreas?	You can use sugar story talk sheet and talk cards .You can use life size cut outs of the organs which the client can place on their body
Insulin resistance can stop insulin keys working properly. <b>Concept Level</b> 	<b>Ask:</b> How does fat stop insulin keys working properly?	You can use talk cards..
Insulin resistance or not enough insulin keys make your blood sugar very high. <b>Concept Level</b> 	<b>Ask:</b> Tell me some of the places the sugar can go to?	You can use talk cards..
You should be active and eat right. <b>Concept Level</b> 	<b>Ask:</b> What happens when the sugar gets to your cells?	You can use talk cards...
Insulin resistance & then not enough insulin keys happen when you have Type 2 diabetes <b>Concept Level</b> 	<b>Ask:</b> What type of diabetes do you have if you don't have enough insulin keys and have insulin resistance?	You can use talk cards...

### Assessment rating

After doing the education assessment rate the client's overall understanding and ability to what is required.

- Y** **Yes**, the client understands or is able to do what is required
- ?** **Don't know**, if the client understands or is able to do what is required
- N** **No**, the client doesn't understands or isn't able to do what is required

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