






Side 1 Assessment sheet (Use this with a client)

Client notes

Name:		Date:
Sugar story – Type 1 – No insulin		Rating & Notes
The pancreas doesn't make any insulin keys	<i>Asked:</i>	
You have lots of sugar in your blood .	<i>Asked:</i>	
Without insulin the sugar can't get into your muscles or liver.	<i>Asked:</i>	
This is what happens if you have Type 1 diabetes.	<i>Asked:</i>	
You will need to have insulin injections	<i>Asked:</i>	

Side 2 Assessment sheet (Use this as a reference)

Sugar story – Type 1- No insulin example		
The pancreas doesn't make any insulin keys. Concept Level 	Ask: Where is your pancreas? What happens to your pancreas?	You can use sugar story talk sheet and talk cards. You can use life size cut outs of the organs which the client can place on their body
You have lots of sugar in your blood. Concept Level 	Ask: Why do you think you would have lots of sugar in your blood?	You can talk cards.
Without insulin the sugar can't get into your muscles or liver. Concept Level 	Ask: Why can't the sugar be stored in your muscles or liver?	You can talk cards.
The insulin locks can't work and the sugar can't power your muscles. Concept Level 	Ask: Why can't the sugar power your muscles?	You can talk cards.
This is what happens if you have Type 1 diabetes. Concept Level 	Ask: What type of diabetes do you have if you have no insulin keys?	You can talk cards.

Assessment rating

After doing the education assessment rate the client's overall understanding and ability to what is required.

- Y** **Yes**, the client understands or is able to do what is required
- ?** **Don't know**, if the client understands or is able to do what is required
- N** **No**, the client doesn't understand or isn't able to do what is required

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