






Side 1 Assessment sheet (Use this with a client)

Client notes

Name:		Date:
Sugar story – Insulin keys		Rating & Notes
Your pancreas makes insulin keys.	<i>Asked:</i>	
Insulin keys from your pancreas go into your blood .	<i>Asked:</i>	
Your blood takes the sugar the insulin keys to your muscles	<i>Asked:</i>	
The insulin keys unlock the muscle cells to let the sugar in.	<i>Asked:</i>	
Without insulin keys the muscles can't get the sugar fuel they need.	<i>Asked:</i>	

Side 2 Assessment sheet (Use this as a reference)

Sugar story – Insulin keys example		
<p>Your pancreas makes insulin keys.</p> <p>Concept Level </p>	<p>Ask: What happens to your pancreas?</p>	<p>You can use insulin keys story talk sheet and insulin keys story cards.</p> <p>You can use life size cut outs of the organs which the client can place on their body</p>
<p>Insulin keys from your pancreas go into your blood.</p> <p>Concept Level </p>	<p>Ask: Where do the insulin keys go?</p>	<p>You can use insulin keys talk sheet, insulin talk cards.</p>
<p>Your blood takes the sugar the insulin keys to your muscles</p> <p>Concept Level </p>	<p>Ask: Where do the insulin keys end up?</p>	<p>You can prompt the client by pointing at different parts of the body where there are muscles..</p>
<p>The insulin keys unlock the muscle cells to let the sugar in.</p> <p>Concept Level </p>	<p>Ask: What do the insulin keys do when they get to the muscles?</p>	<p>You can use sugar story talk sheet and talk cards.</p>
<p>Without insulin keys the muscles can't get the sugar fuel they need.</p> <p>Concept Level </p>	<p>Ask: What happens if there are no insulin keys?</p>	<p>You can ask what would happen if the muscle cells didn't work because there wasn't enough fuel.</p>

Assessment rating

After doing the education assessment rate the client's overall understanding and ability to what is required.

- Y** **Yes**, the client understands or is able to do what is required
- ?** **Don't know**, if the client understands or is able to do what is required
- N** **No**, the client doesn't understand or isn't able to do what is required

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