






## Side 1 Assessment sheet (Use this with a client)

### Client notes

Name:		Date:
Sugar story – Sugar		Rating & Notes
Your food is digested in the intestine	<i>Asked:</i>	
Sugar from your food goes into your blood. · ·	<i>Asked:</i>	
Your blood takes the sugar everywhere in your body	<i>Asked:</i>	
Sugar goes into your muscle cells	<i>Asked:</i>	
Sugar is used as a fuel which powers your muscle cells	<i>Asked:</i>	

## Side 2 Assessment sheet (Use this as a reference)

Sugar story – Sugar example		
Your food is digested in the intestine  <b>Concept Level</b> 	<b>Ask:</b> What happens to your food?	You can use sugar story talk sheet and sugar story cards. You can use life size cut outs of the organs which the client can place on their body
Sugar from your food goes into your blood.  <b>Concept Level</b> 	<b>Ask:</b> Where does the sugar go after it is digested	You can use sugar story talk sheet, sugar story cards and the poster of the blood vessels connected to the intestine.
Your blood takes the sugar everywhere in your body  <b>Concept Level</b> 	<b>Ask:</b> Tell me some of the places the sugar can go to?	You can prompt the client by pointing at different parts of the body.
Sugar goes into your muscle cells  <b>Concept Level</b> 	<b>Ask:</b> What happens when the sugar gets to your cells?	You can use sugar story talk sheet, sugar story cards.
Sugar is used as a fuel which powers your muscle cells  <b>Concept Level</b> 	<b>Ask:</b> What is the sugar used for?	You can ask what would happen if the muscle cells didn't work because there wasn't enough fuel.

### Assessment rating

After doing the education assessment rate the client's overall understanding and ability to what is required.

- Y** **Yes**, the client understands or is able to do what is required
- ?** **Don't know**, if the client understands or is able to do what is required
- N** **No**, the client doesn't understand or isn't able to do what is required

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