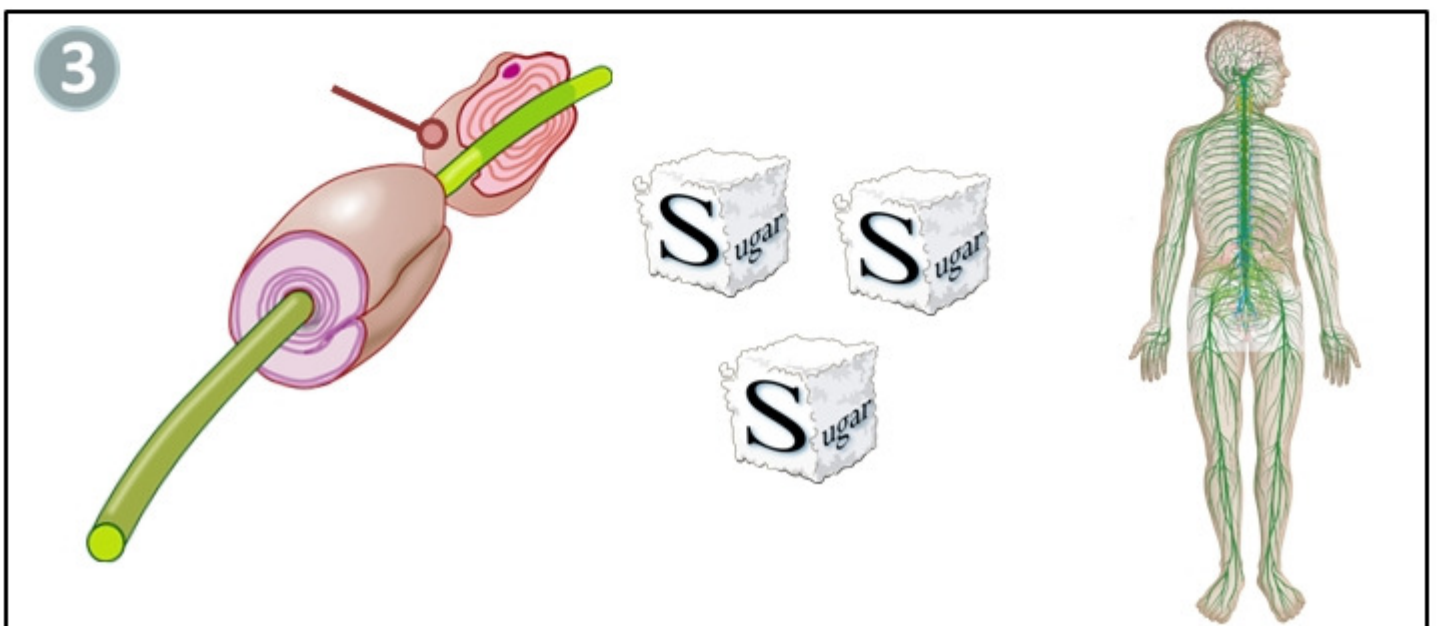
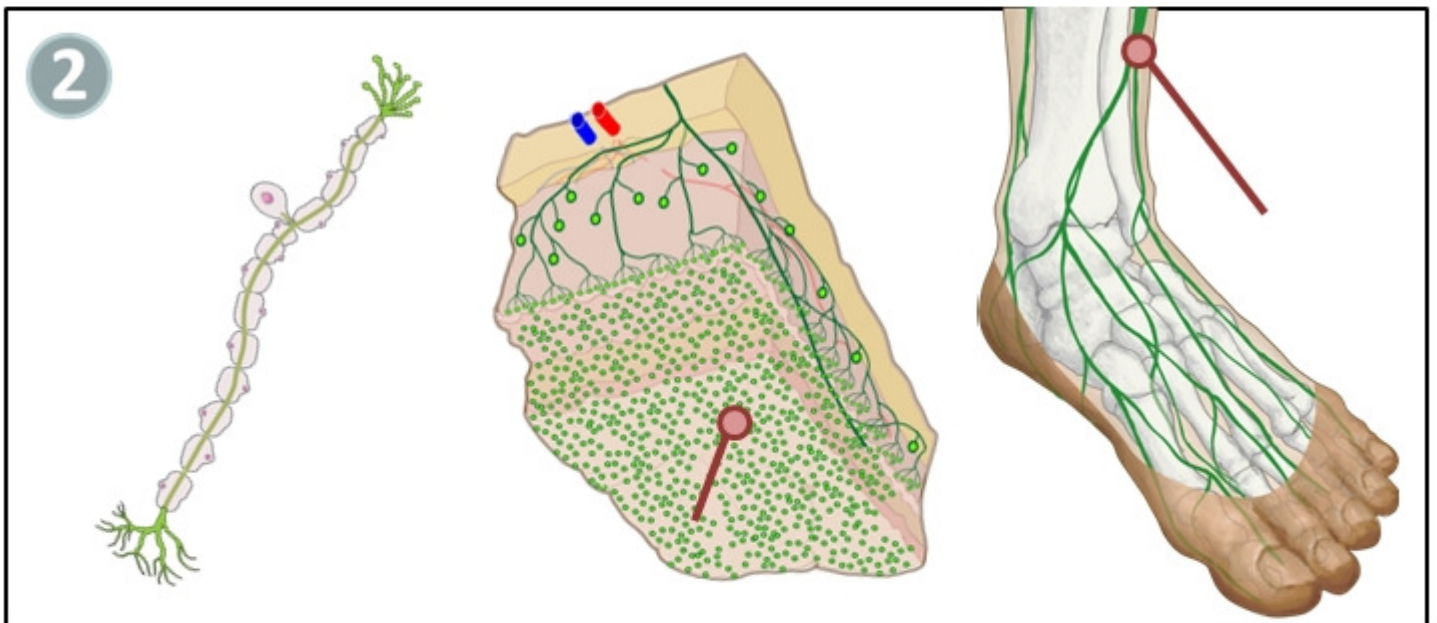
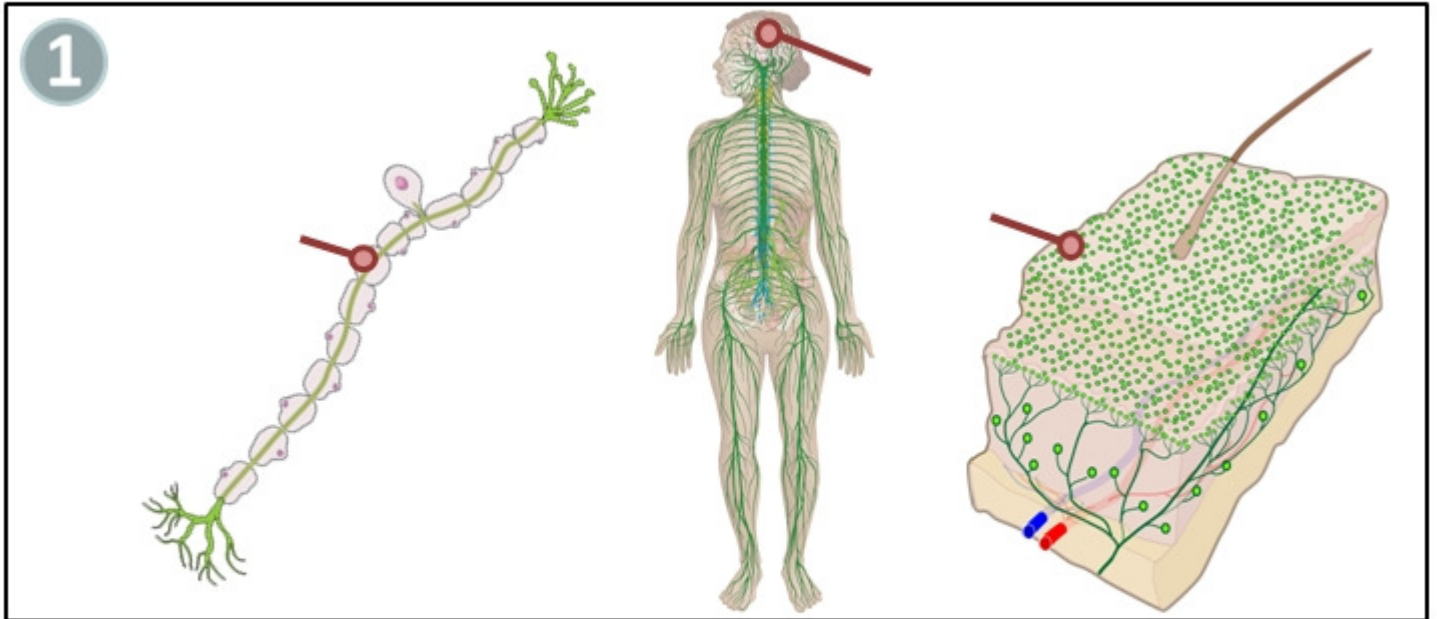
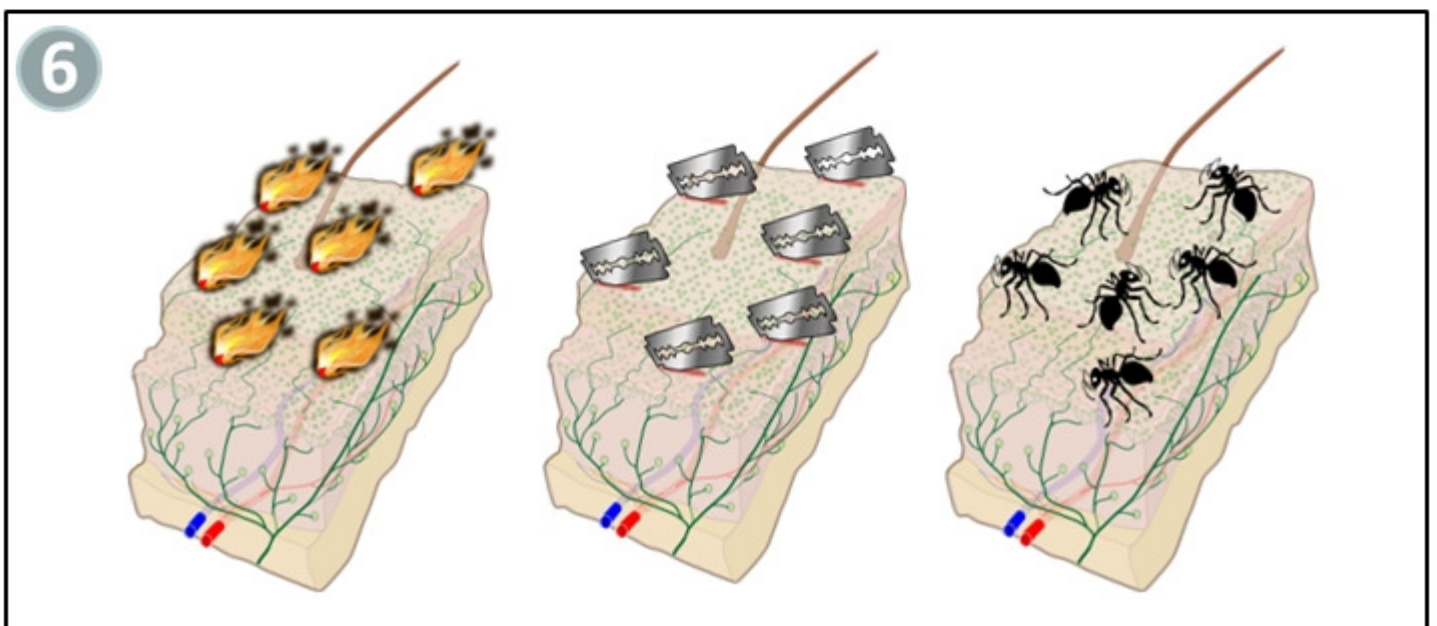
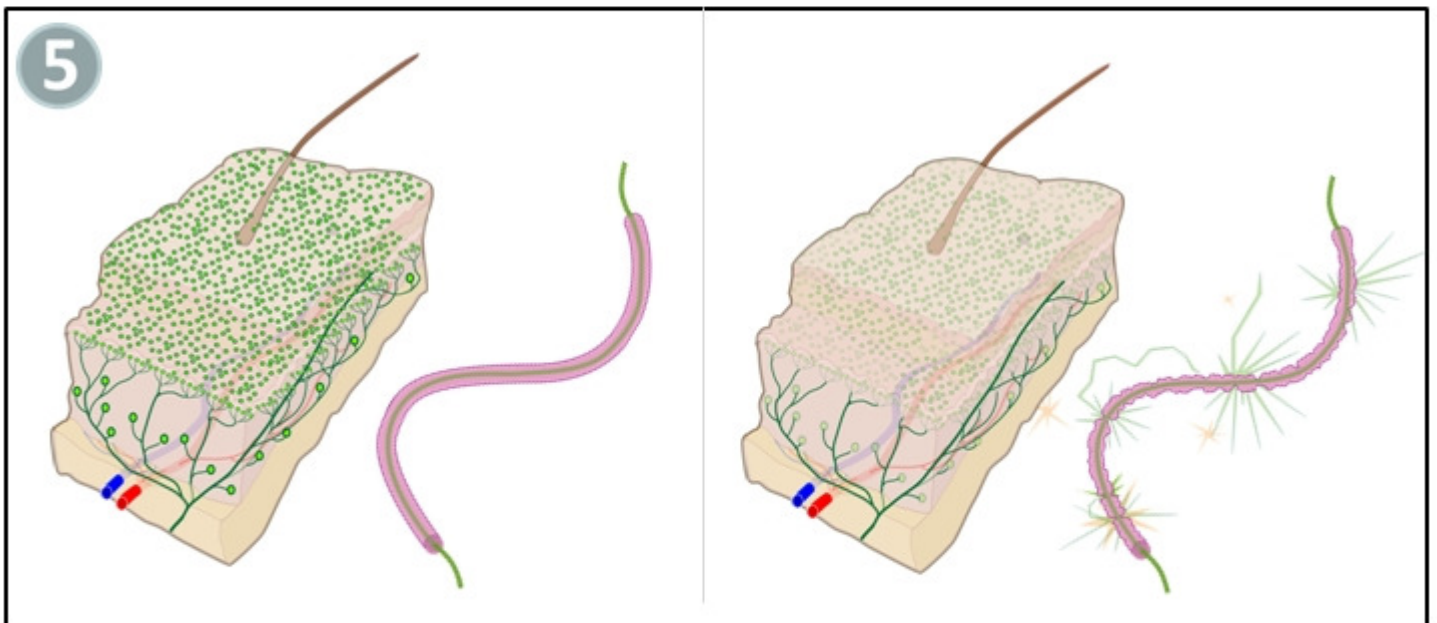
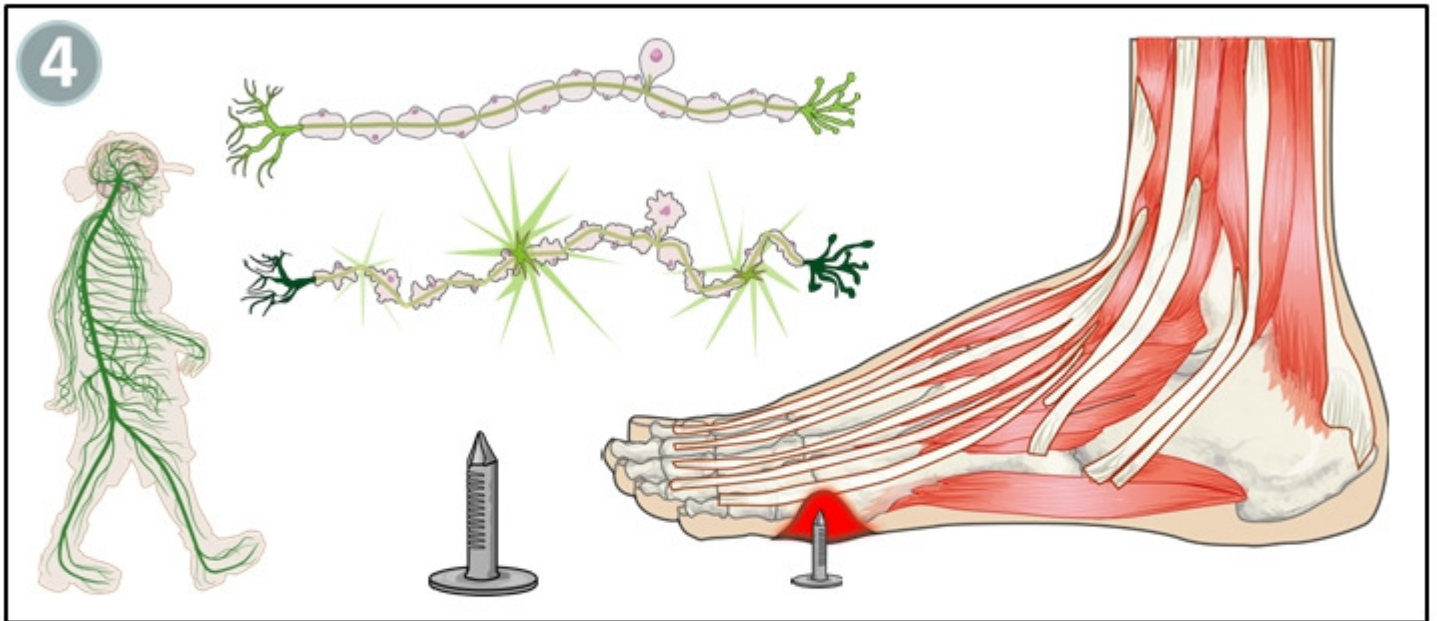


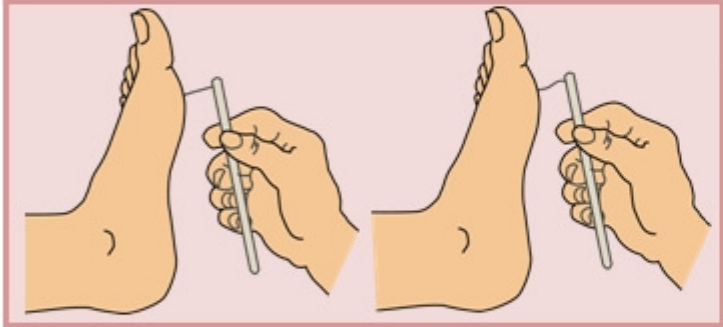
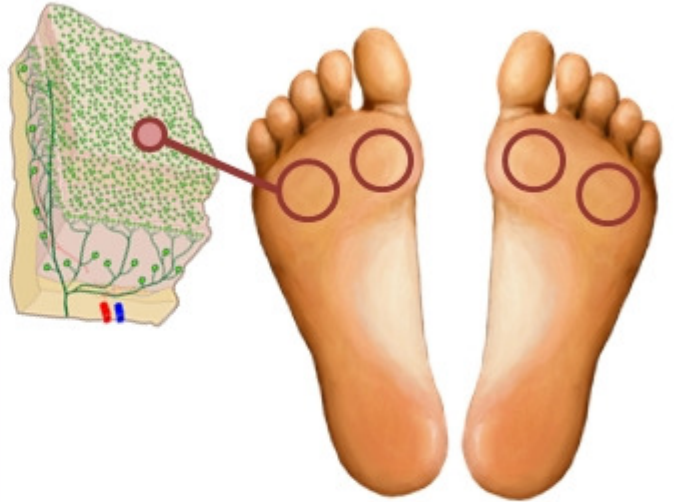
diabetes foot care Nerves



diabetes foot care Nerves



7



There is no need to print the following page when printing and using this resource

Health Professional Facilitator Information

You must use your own professional judgement when using this resource

Purpose of resource:

To describe nerve damage in your feet. The story is relevant for people with different kinds of diabetes.

Key health competencies:

After using the resource a client should be able to show or tell you about:

- Nerves take messages to the brain.
- There are lots of small nerves in the feet.
- High sugar levels can damage the covering on nerves.
- Damaged nerve means they can't feel pain and what is happening to their feet.
- Nerves are like electric wires. If the insulation is damaged they don't work properly.
- Damaged nerve sensations can be their feet are :
 - on fire
 - being cut by knives or razor blades
 - covered by ants are crawling over them
- A small filament is used to test the nerves in the feet.

Target group:

This resource is designed to be used with an individual client or with a group.

It can be used by Australians of all ages who need to know about foot care when they have diabetes.

Related resources

- Nerves– Posters
- Nerves– Yarn cards
- Nerves– Picture yarn
- Nerves– Test cards
- Foot care– Body parts

Notes:

The resource can be printed A3 or A4 size and then laminated.

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