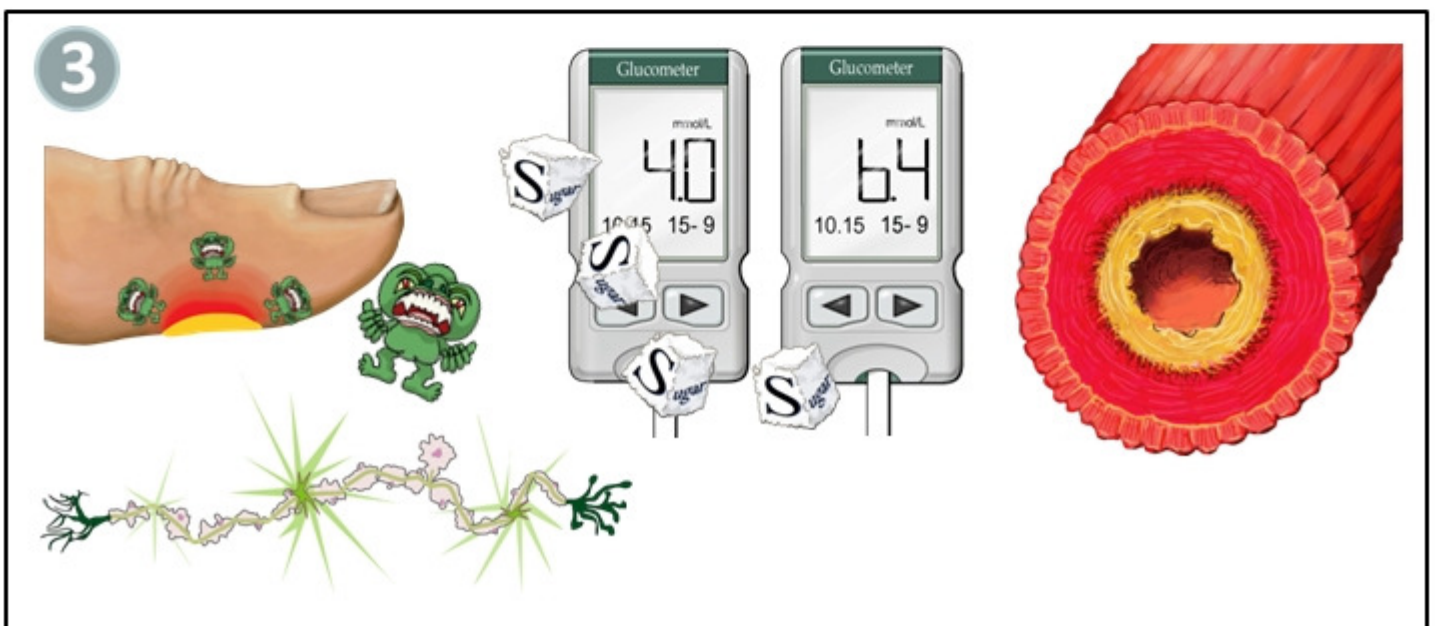
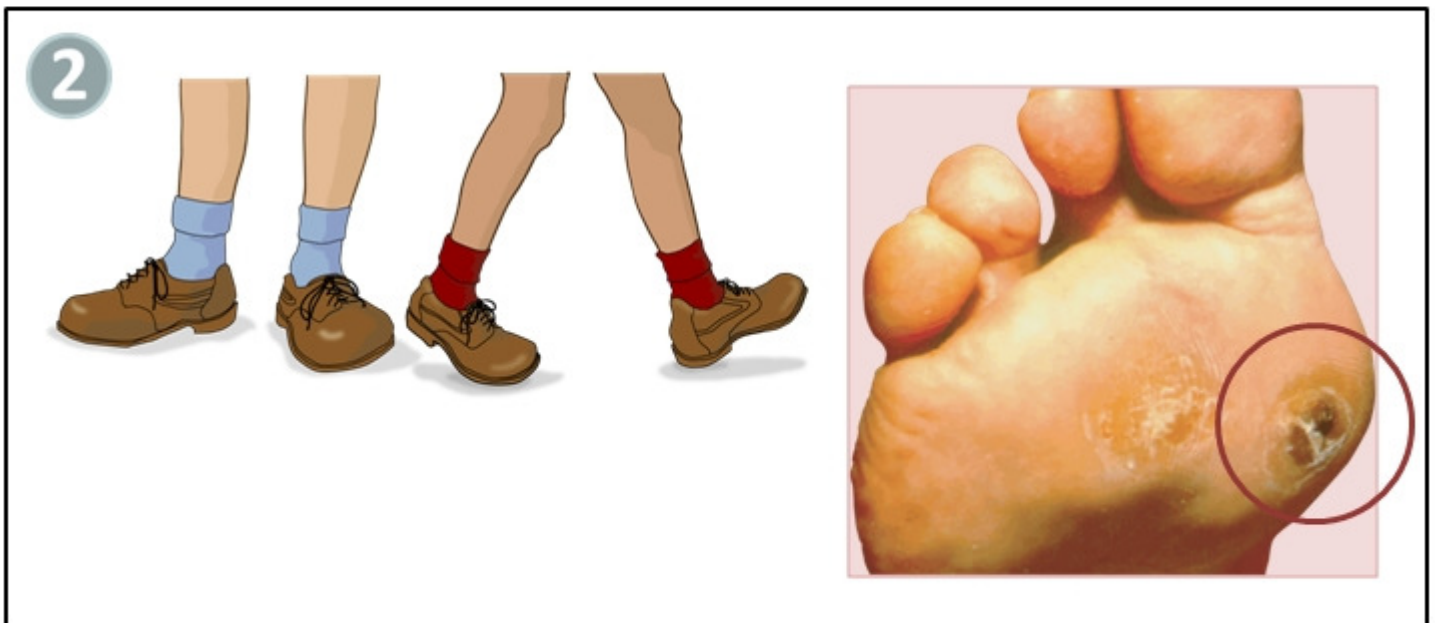
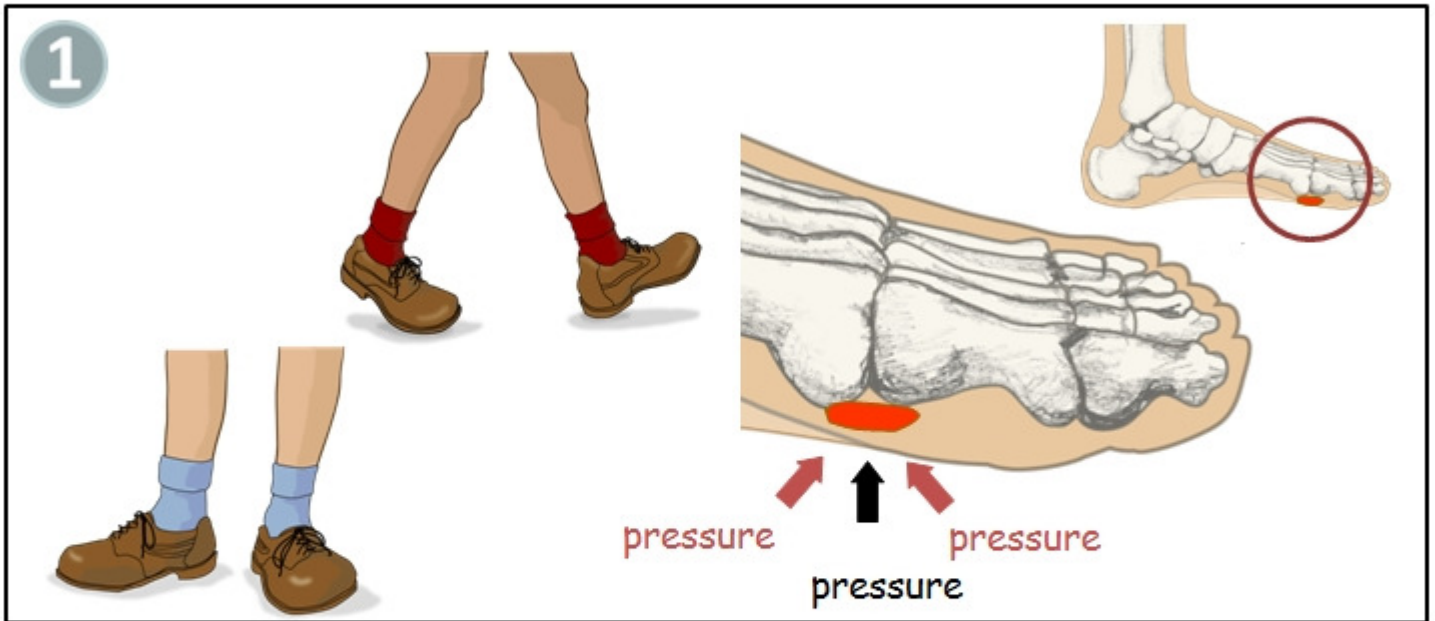
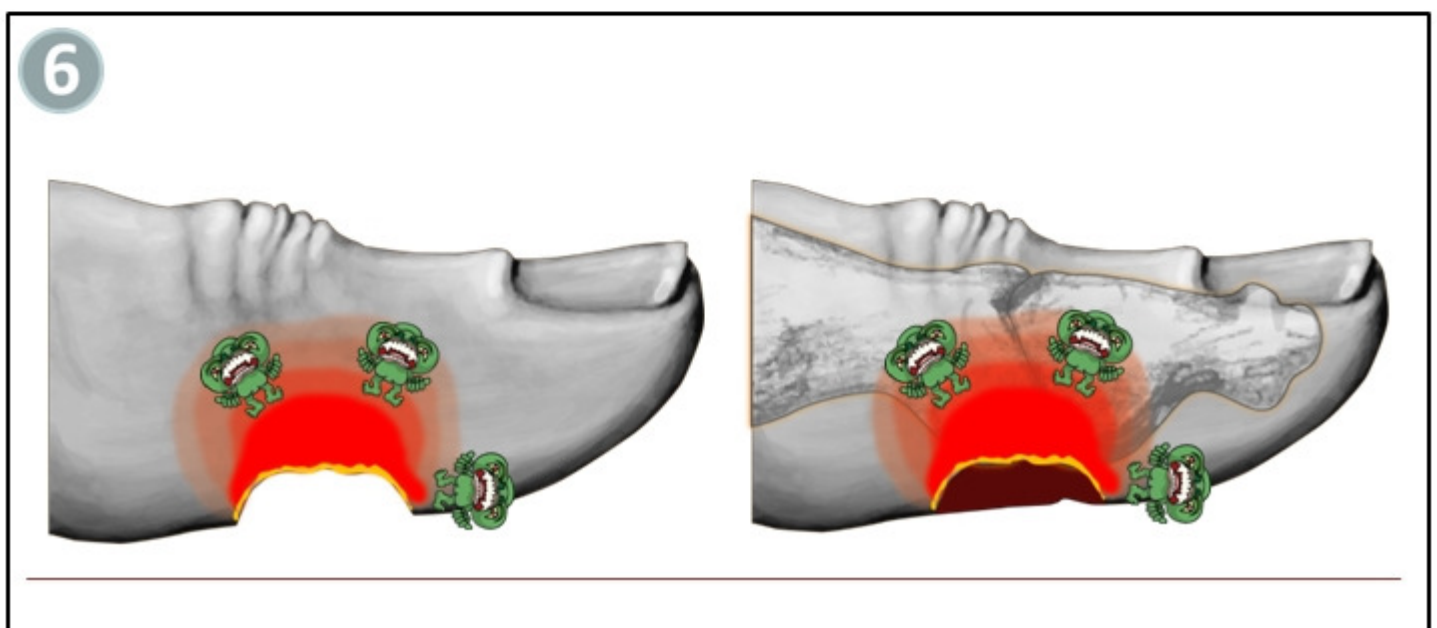
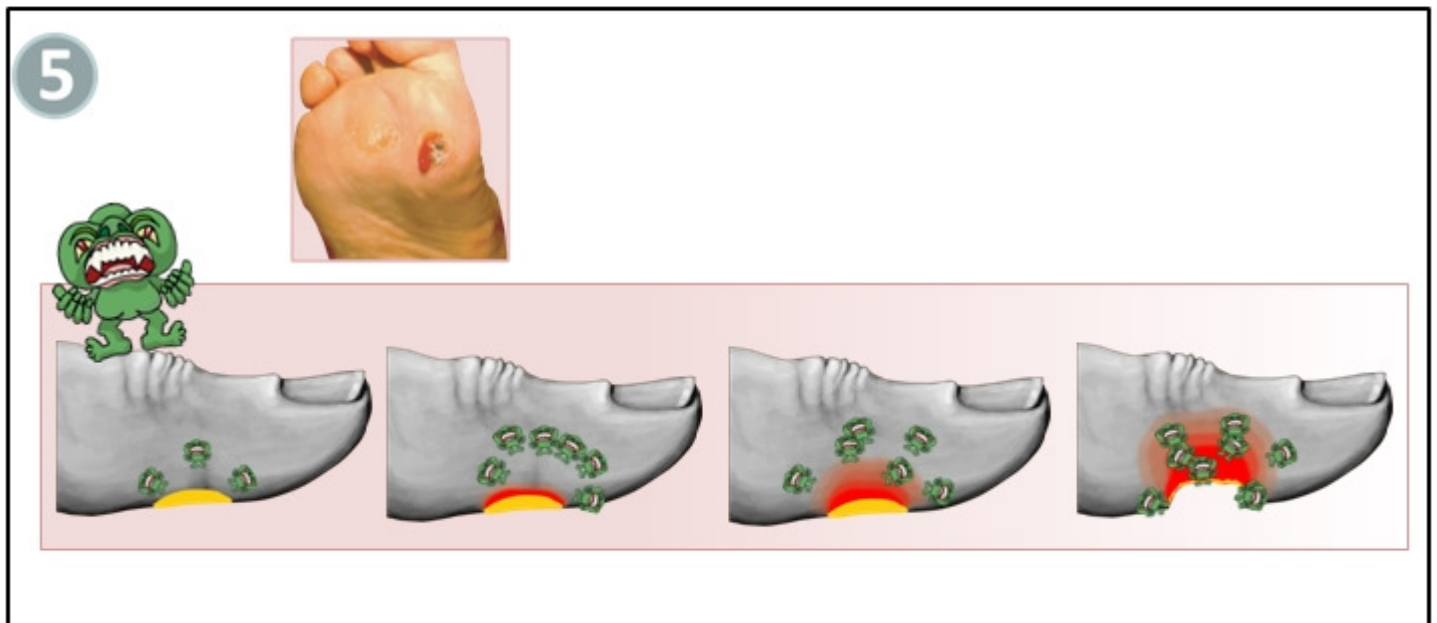
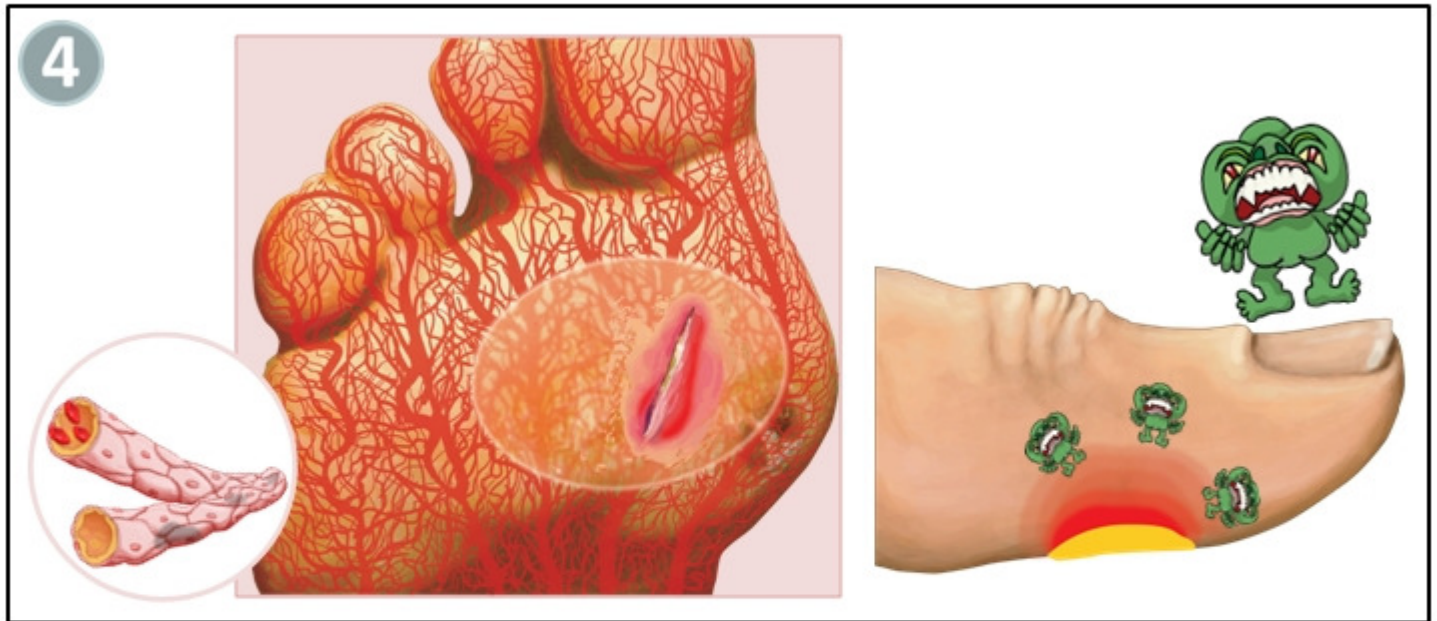


diabetes foot care Foot damage

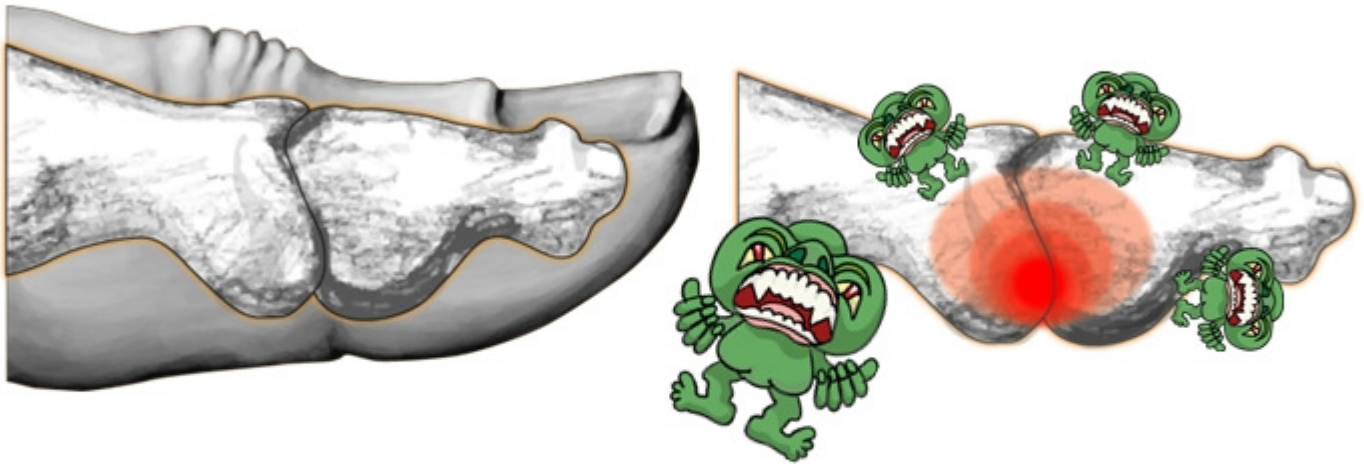


diabetes foot care **Foot damage**



diabetes foot care Foot damage

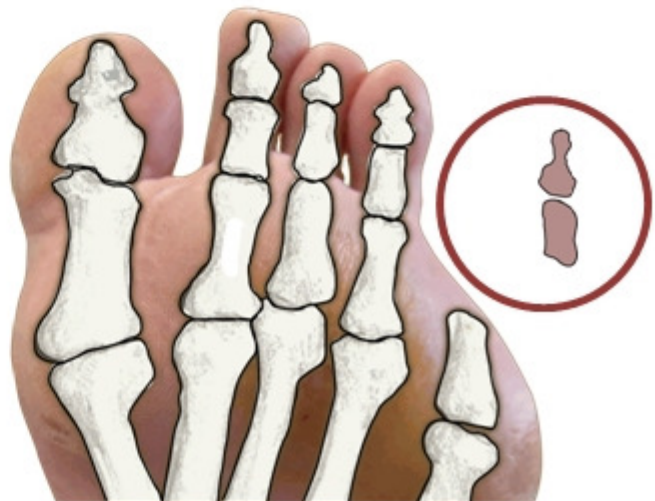
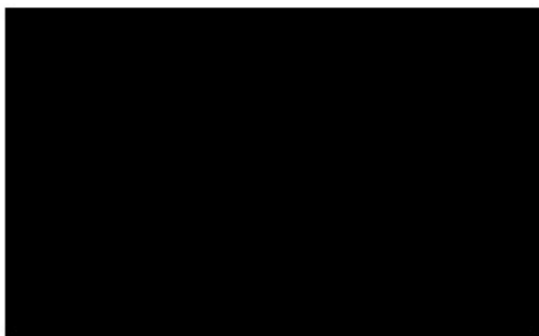
7



8



9



diabetes foot care **Foot damage**

10



11



There is no need to print the following page when printing and using this resource

Health Professional Facilitator Information

You must use your own professional judgement when using this resource

Purpose of resource:

To describe how to prevent foot damage. The story is relevant for people with different kinds of diabetes.

Key health competencies:

After using the resource a client should be able to show or tell you about:

- How standing or walking puts pressure their feet.
- Sores can be a big problem for people with diabetes.
- Sores don't get better. The causes are usually:
 - nerve damage
 - not controlling their blood sugar.
 - problems with their blood pipes especially the very small pipes
- The infection from the sore can infect their bones.
- Infected bones may need to be cut off. (amputated)
- Amputation does not need to happen if they:
 - look after their feet
 - get help if a sore doesn't heal after 2 days,
 - never let a sore get really bad.
 - control their blood sugar.
 - stop smoking.

Target group:

This resource is designed to be used with an individual client or with a group.

It can be used by Australians of all ages who need to know about foot care when they have diabetes.

Related resources

- Foot damage– Posters
- Foot damage– Yarn cards
- Foot damage– Picture yarn
- Foot damage– Test cards
- Foot care– Body parts

Notes:

The resource can be printed A3 or A4 size and then laminated.

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