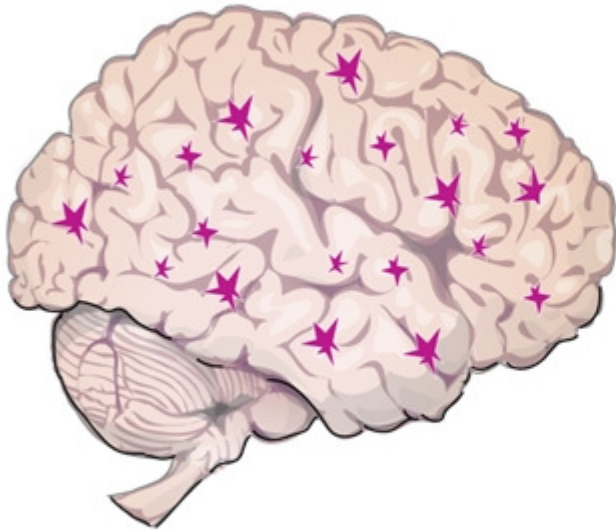


◆ Low sugar - signs



Bad



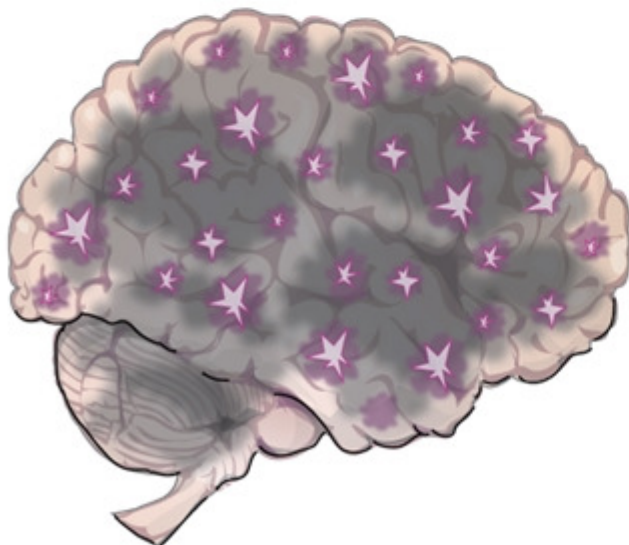
◆ Low sugar - signs



Very bad



◆ Low sugar - signs



Very very bad



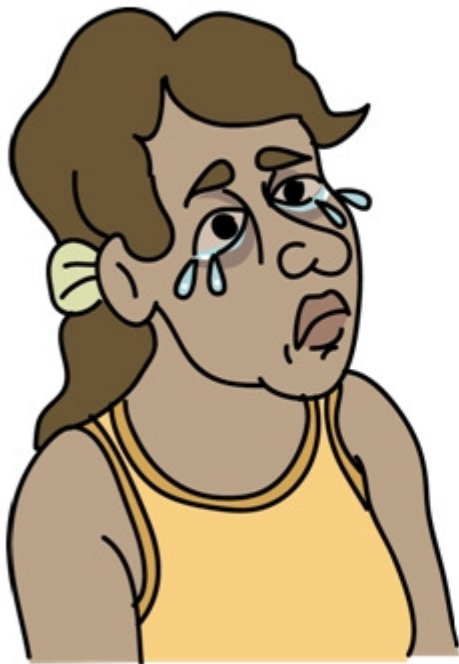
◆ Low sugar - signs



grumpy



◆ Low sugar - signs



Crying



◆ Low sugar - signs



Very tired



◆ Low sugar - signs



Exhausted



◆ Low sugar - signs



Headache



◆ Low sugar - signs



Hungry

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◆ Low sugar - signs



Dizzy

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Nervous

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Shivering

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Shaky

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◆ Low sugar - signs



Tummy  
pains

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sweating

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◆ Low sugar - signs



You can feel  
your heart  
thumping

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◆ Low sugar - signs



Pins and needles

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◆ Low sugar - signs



Tingling feeling in lips and finger tips

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◆ Low sugar - signs



Acting strange

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◆ Low sugar - signs



Making mistakes

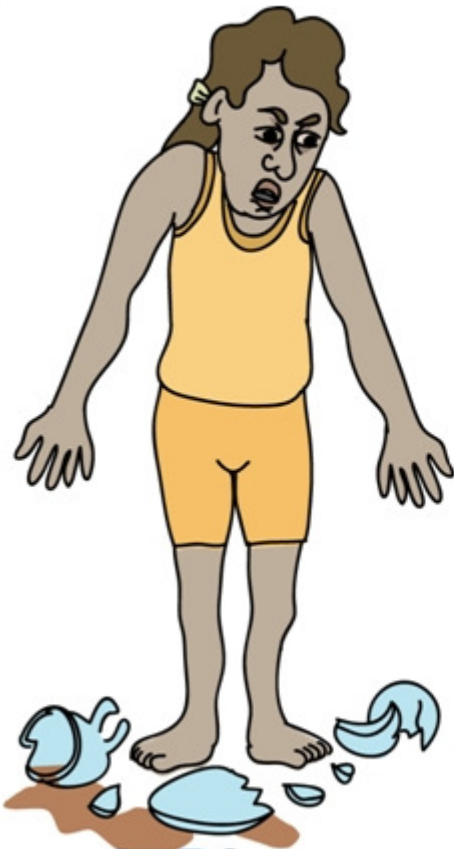
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◆ Low sugar - signs



Making mistakes

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◆ Low sugar - signs



Flashes in front of your eyes

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◆ Low sugar - signs



Everything blurry

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◆ Low sugar - signs



Nightmares

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◆ Low sugar - signs



Tired but can't sleep

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◆ Low sugar - signs



Fit or seizure

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Unconscious

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◆ Low sugar - signs



Safe position - make sure they can breathe

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◆ Low sugar - signs



Hungry

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◆ Low sugar - signs



Frightened

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◆ Low sugar - signs



Danger

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◆ Low sugar - signs



Be safe

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◆ Low sugar - signs



Mistakes

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◆ Low sugar - signs



Don't drive or cycle

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## Health Professional Facilitator Information

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### **Purpose of resources:**

To provide scenarios which allows you to use the blood sugar cards when educating.

### **Rational;**

Diabetes cards provide a flexible way to have conversations about different topics

### **Notes:**

The resource can be printed A3 or A4 size and then laminated.

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