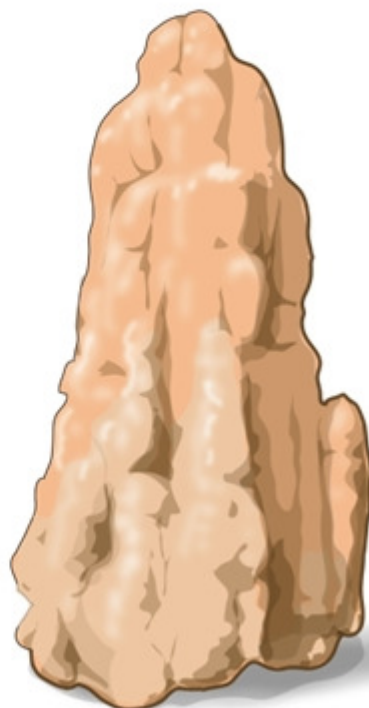


## Diabetes Termite picture story

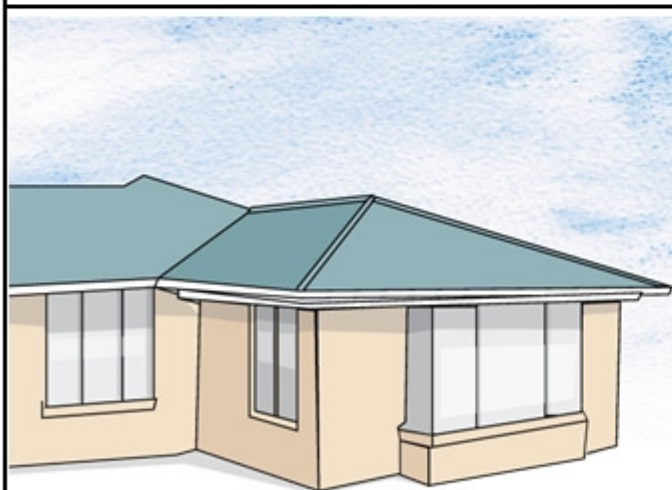
Termites are an insect that eat wood and can cause a lot of damage



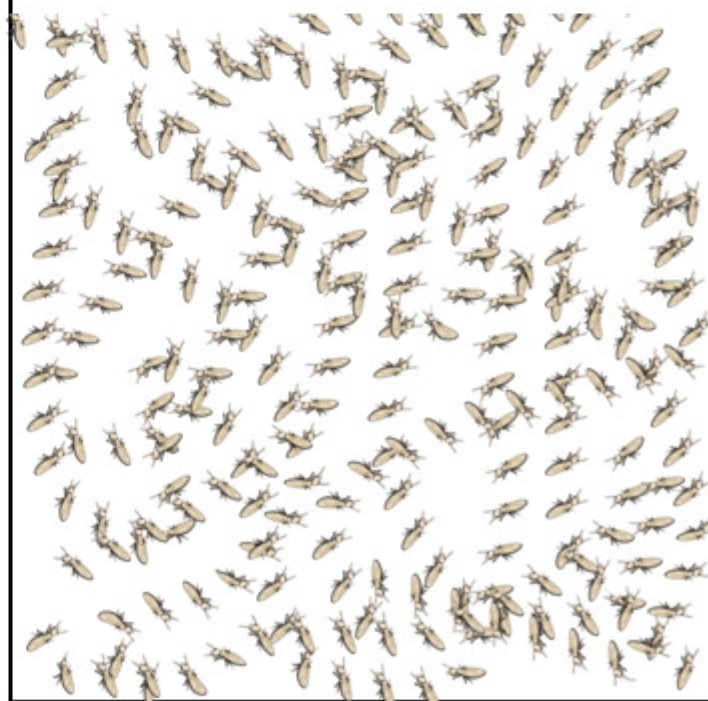
They make large mounds out of soil



This house doesn't have any termites living in it



The termites have got into the house but the owner doesn't know

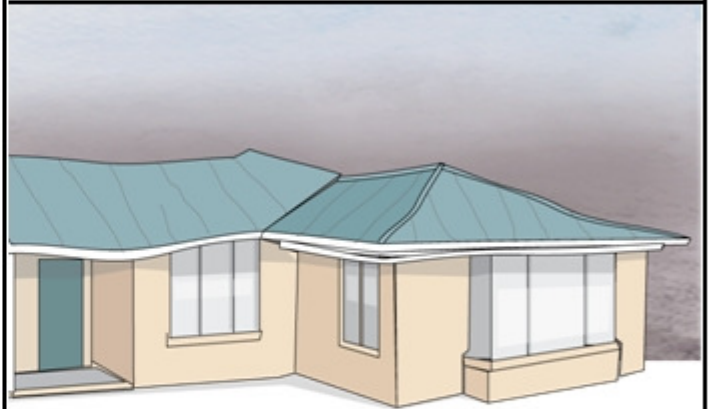


## Diabetes Termite picture story

Owner forgets to get the pest controller to check the house



The termites get in and begin to eat the wood in the house



The owner only find out the termites have destroyed the house until it is too late



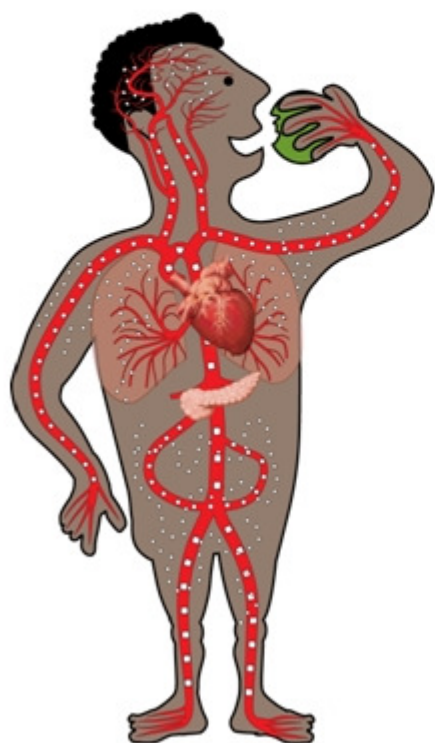
**The owner  
wasn't very good  
at looking after  
his house**

Diabetes can be like having termites. You need to know about problems before they become really big problems



# Diabetes Termite picture story

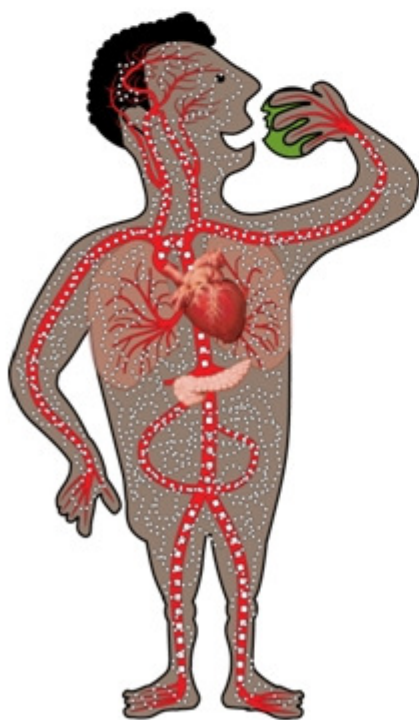
This man has the right amount of sugar in his blood



His blood sugar levels are good



This mans sugar levels are too high

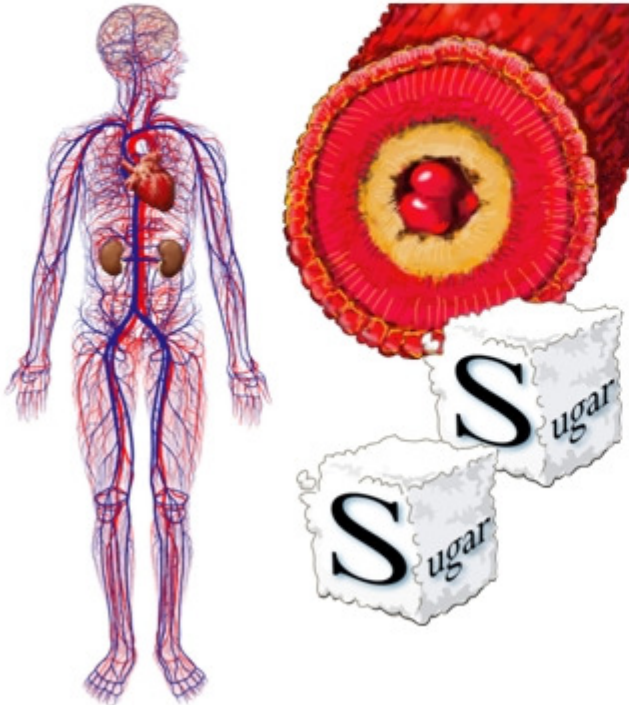


These sugar levels are too high



# Diabetes Termite picture story

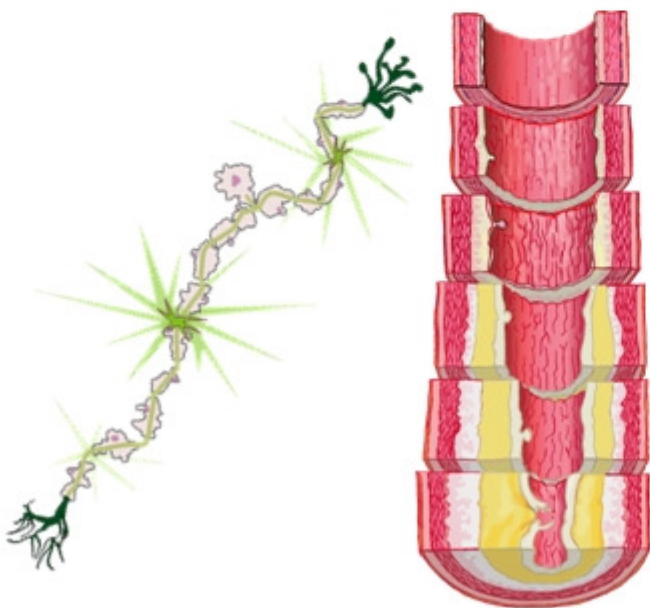
Too much sugar can damage your blood pipes



Too much sugar can damage your nerves.

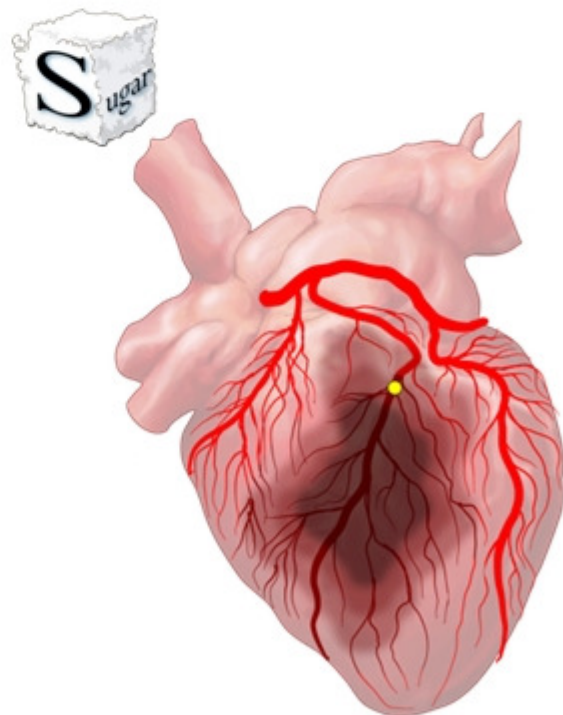


Damaged nerves & pipes can cause...



**...complications**

The extra sugar can make a heart attack more likely.



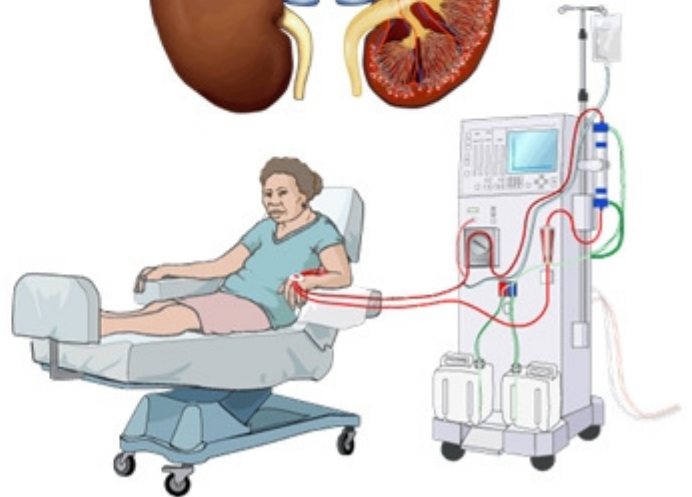
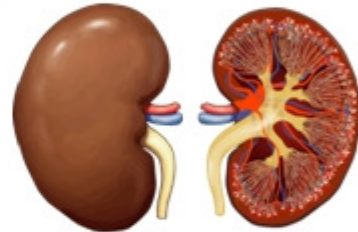


# Diabetes Termite picture story

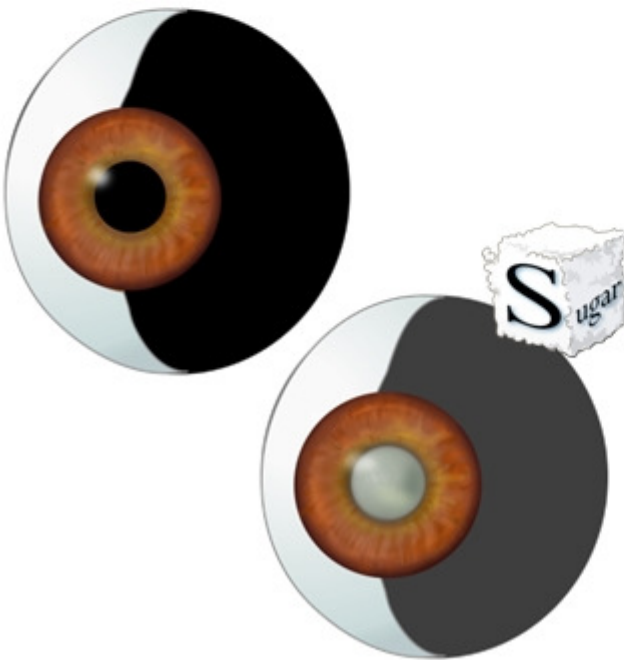
Stroke more likely.



Kidney damage more likely



Eye problems more likely.



Feet problems more likely



Count the toes



There is no need to print the following page when printing and using this resource

## Health Professional Facilitator Information

You must use your own professional judgement when using this resource

### **Purpose of resource:**

To explain the termite analogy to people who need to know about diabetes.

### **Key health competencies:**

After using the resource a client should be able to tell you:

- How diabetes is like the way termites can destroy a house slowly from the inside.
- How if you don't control your blood sugar levels diabetes will slowly destroy your body from the inside
- Not taking care and having check ups can cause complications

All clients should be able to tell you why they need to control their blood sugar levels

### **Target group:**

This resource is designed to be used with an individual client.

It can be used by Australians of all ages who need to know about how not controlling their blood sugar levels it can lead to complications.

There are other resources like story cards and picture stories are available to support this story

### **Notes:**

There are other resources like yarn posters and picture stories are available to support this story

The resource can be printed A3 size and then laminated, or as an A4 printed yarn sheet.

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