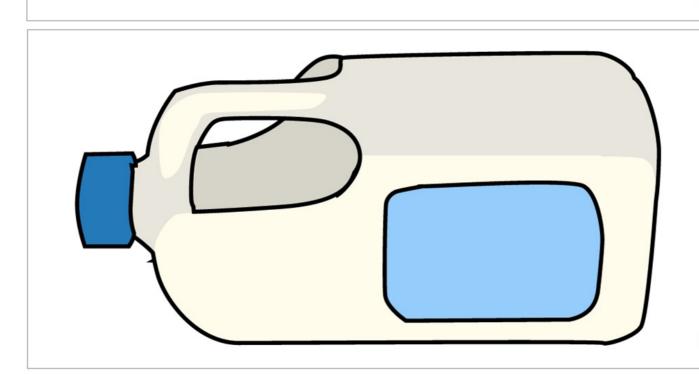
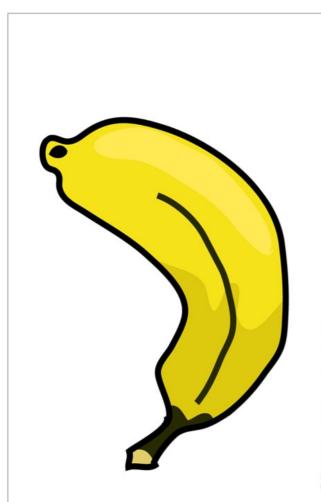
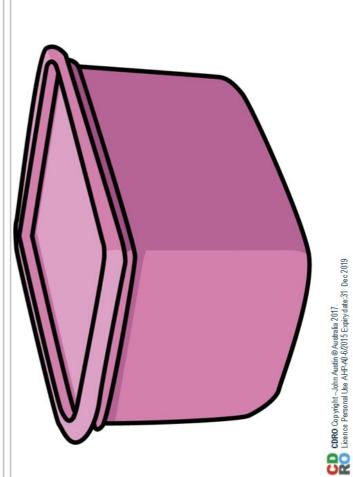


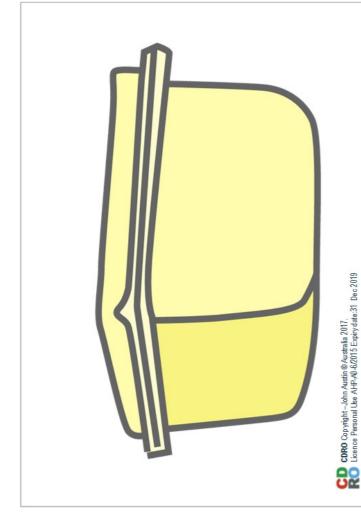
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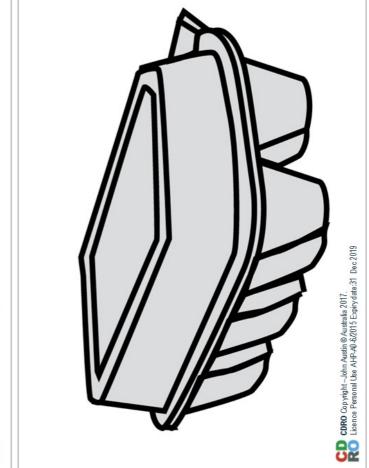


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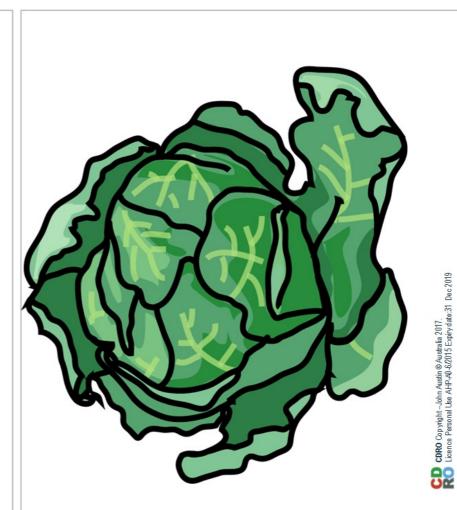


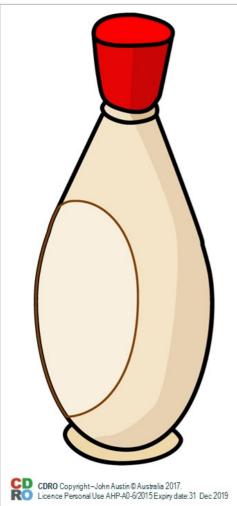


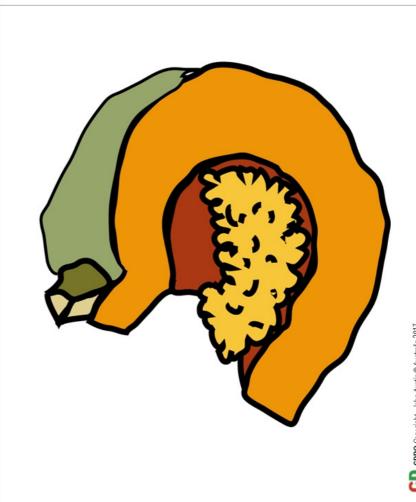


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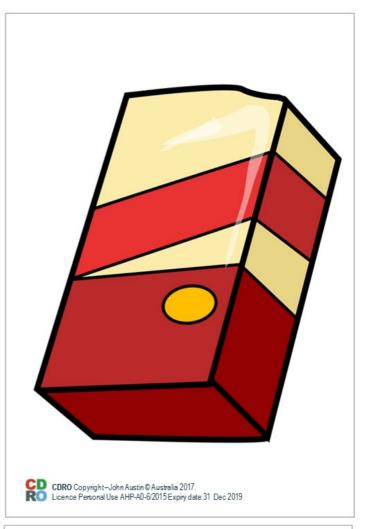




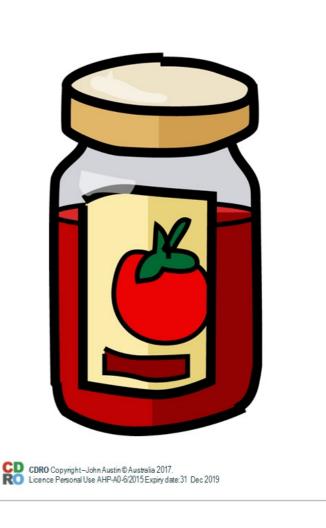


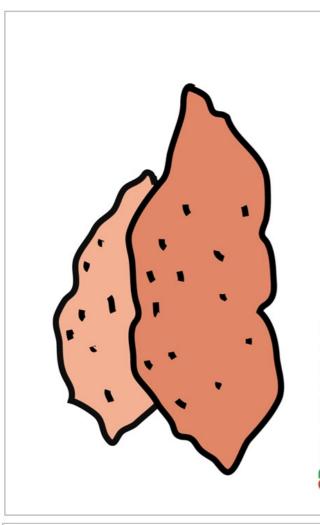


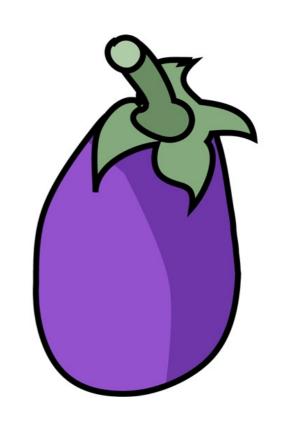






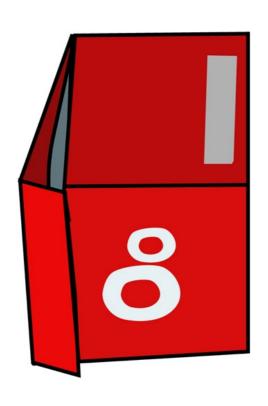




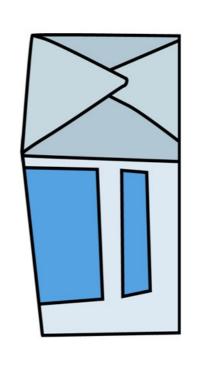




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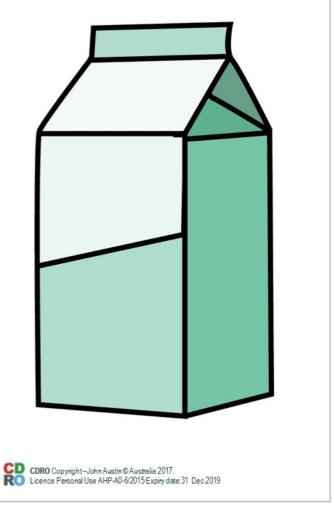


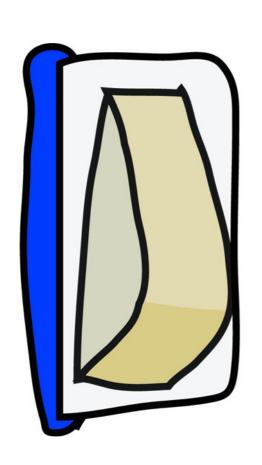
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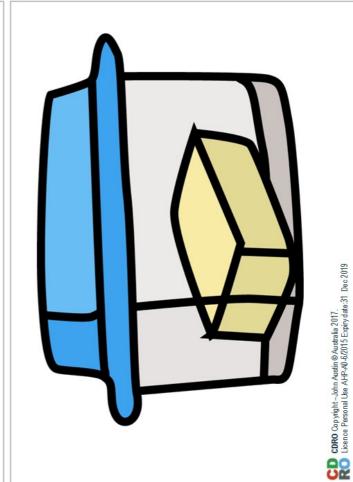






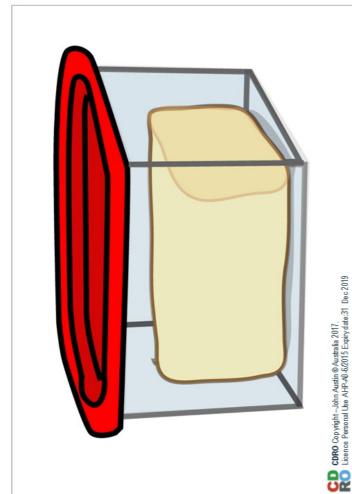


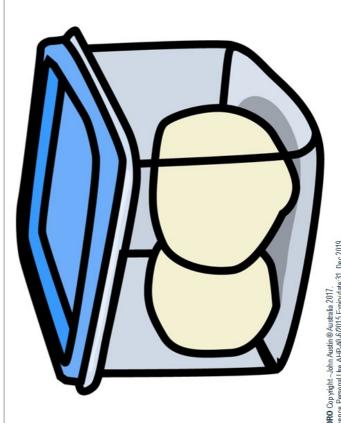






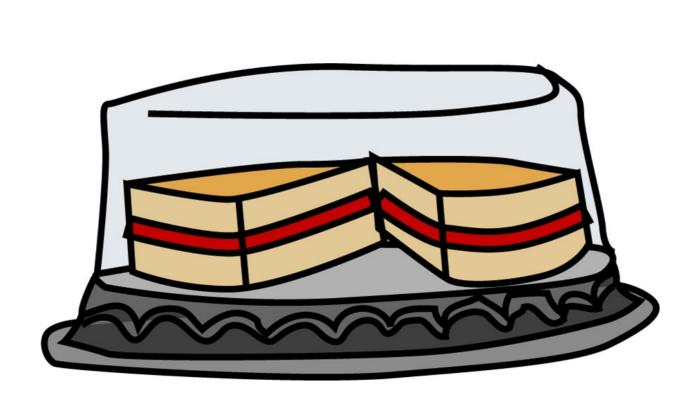
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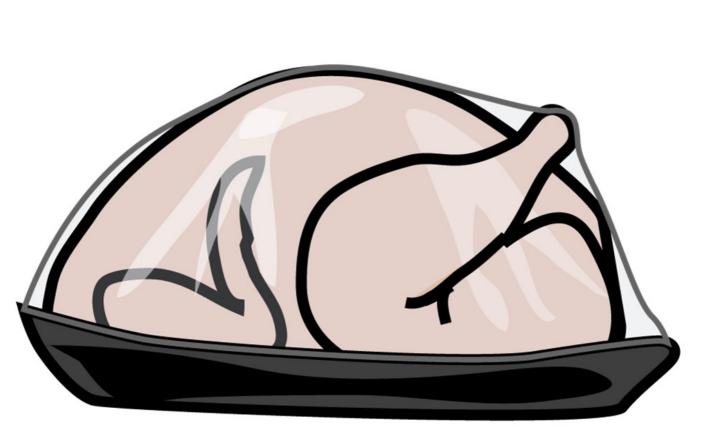




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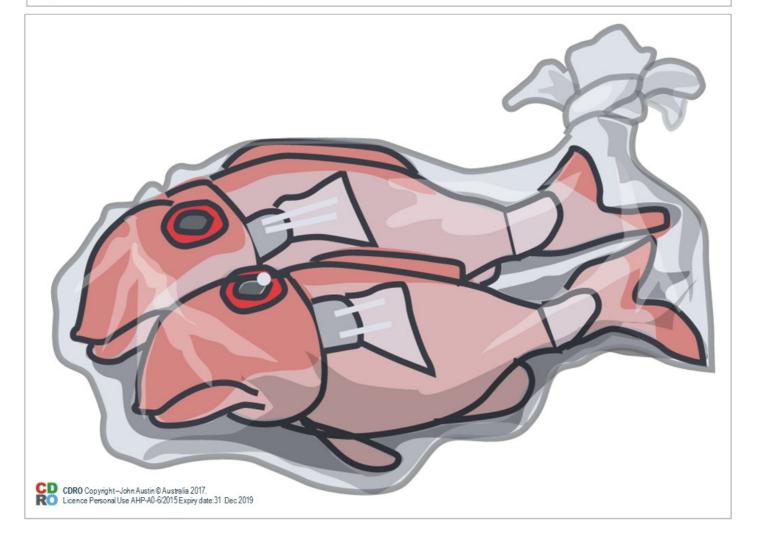
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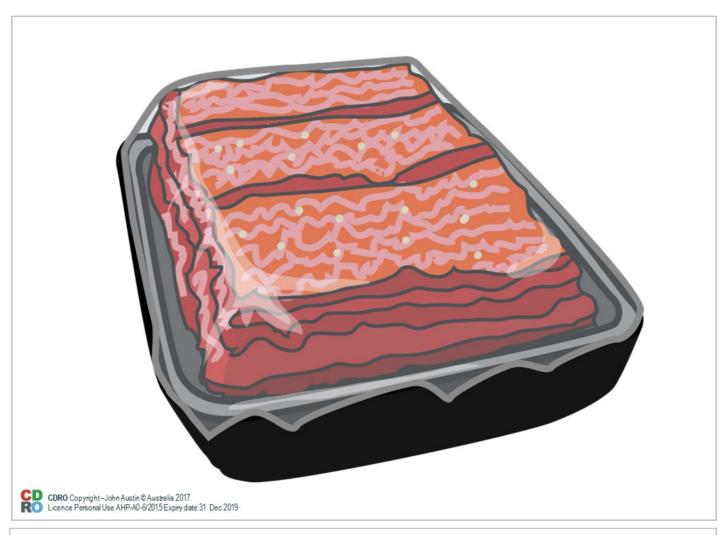


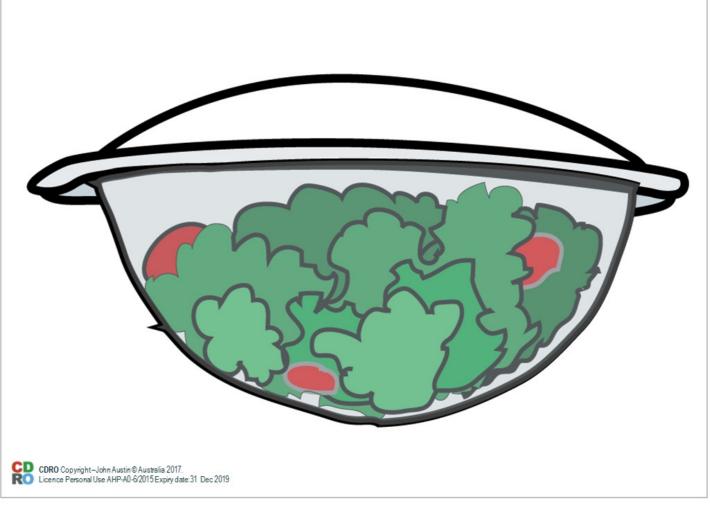


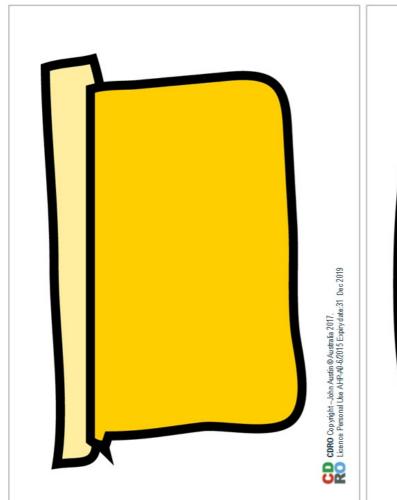




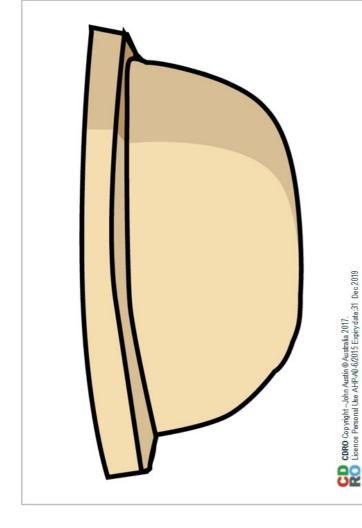


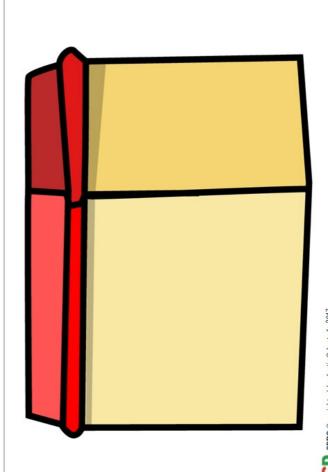






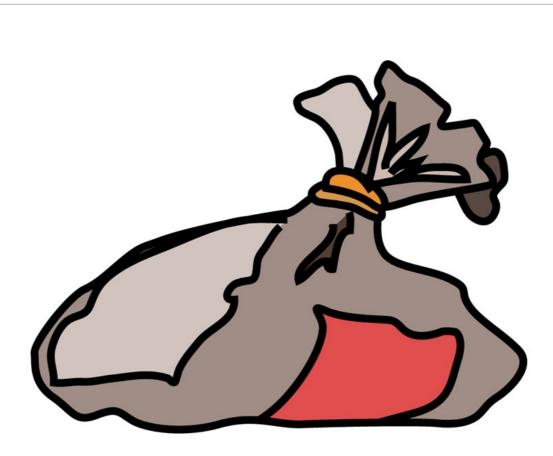




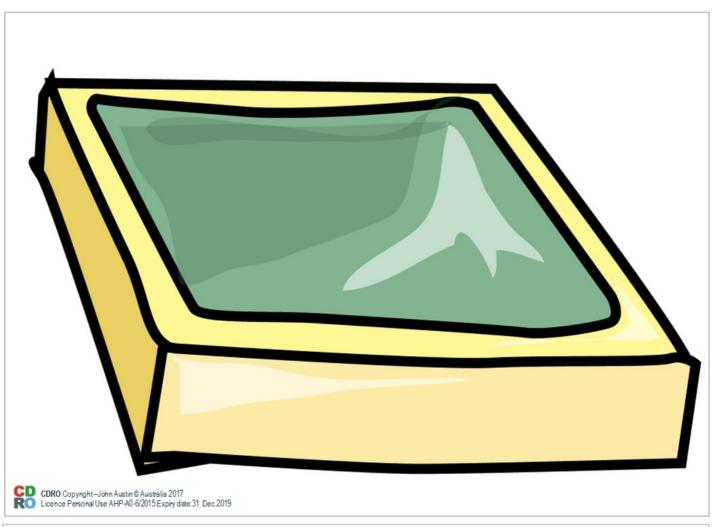


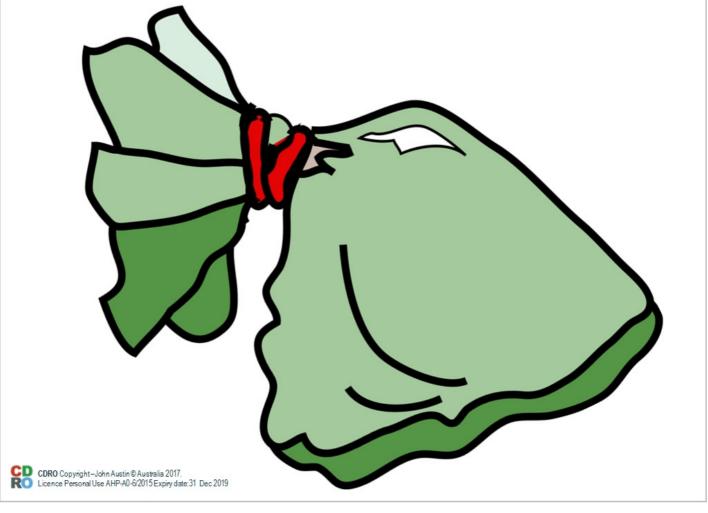
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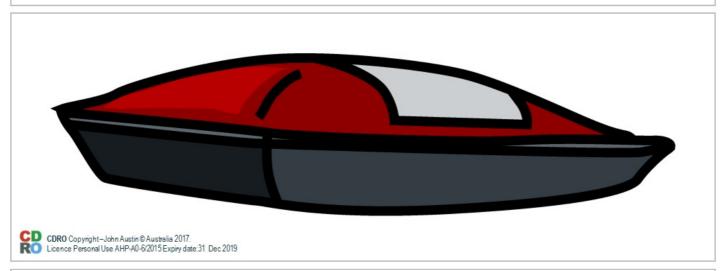


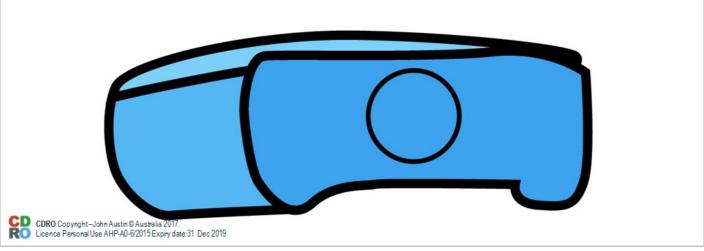




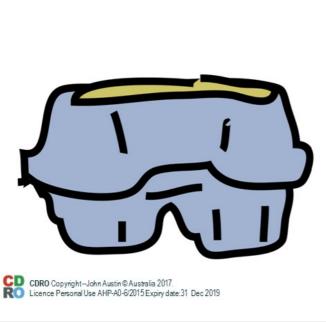




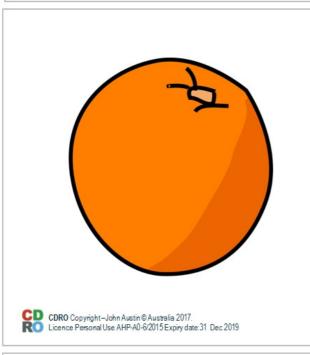


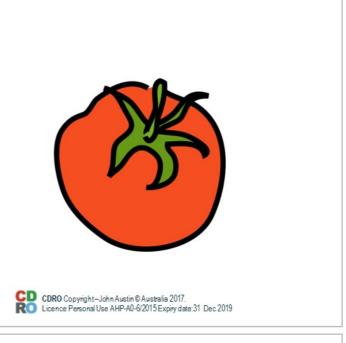








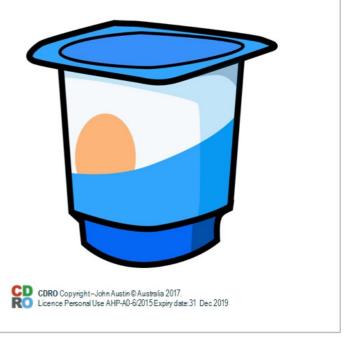


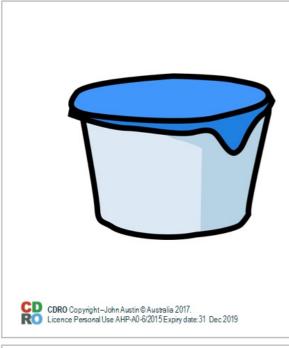






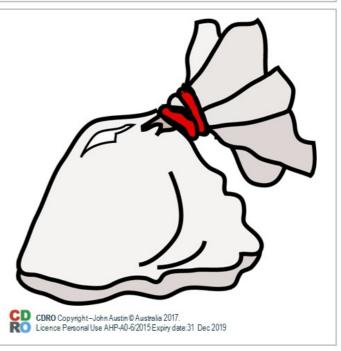












Health Professional Facilitator Information

You must use your own professional judgement when using this resource

Purpose of resource:

To support the delivery of practical cooking and nutrition education sessions that aim to develop basic cooking and food preparation skills.

Key skills:

This resource could be used to support development of the following key cooking and food preparation skills:

- making choices
- planning

Target group:

This resource is designed to be used by Australians of all ages.

Notes:

This resource is designed to be printed A4 size and then laminated, so that it can be used by participants at their cooking stations.

This version of the resource can only be obtained from the Chronic Disease website and is licensed and distributed using the Australia – Personal Licence -A0-6/2015



Full Licence Terms

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 - the supplying of the services again; or
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