

## Keeping food cold

# refrigerators

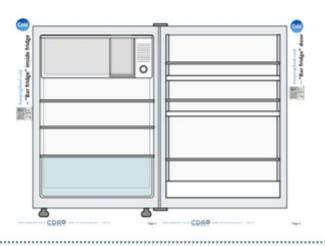
### How to use this resource



The "2 door fridge" uses pages 1 to 4 The bar fridge uses pages 5 to 6 Print out the pages on A3 paper and laminate them.

- The "2 door fridge" is arranged like figure 1
- . The "bar fridge" is arranged like figure 2





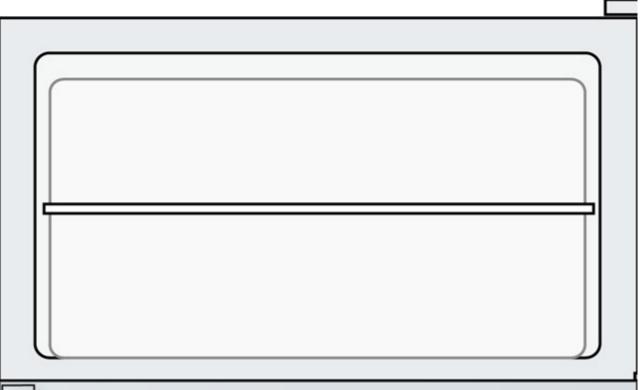


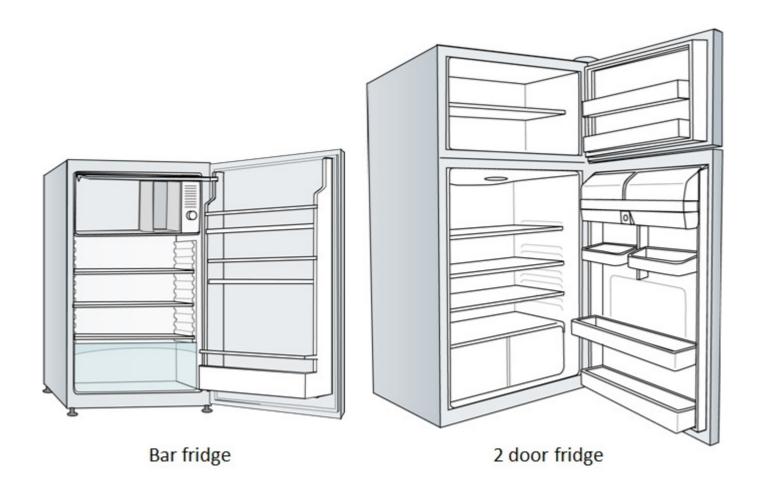
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Keepingfood cold

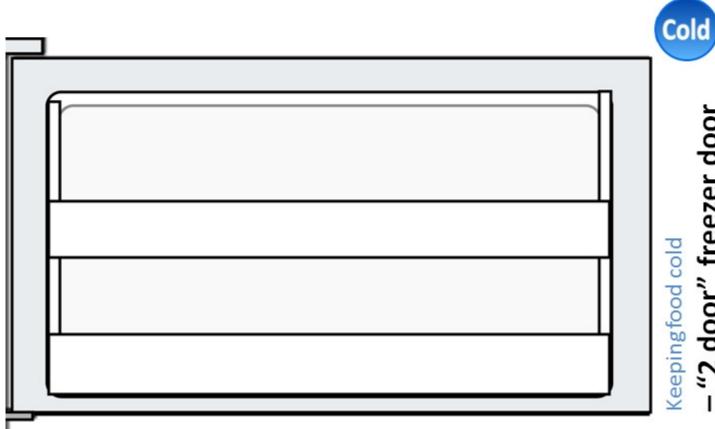
- "2 door" inside freezer

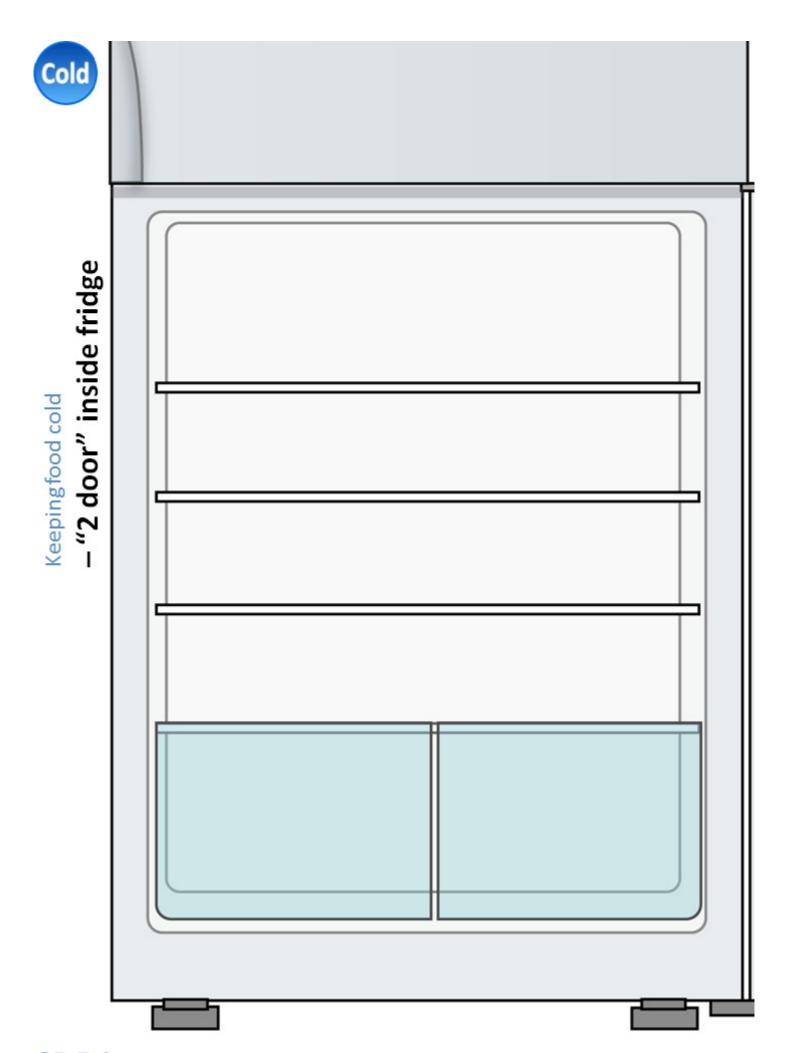






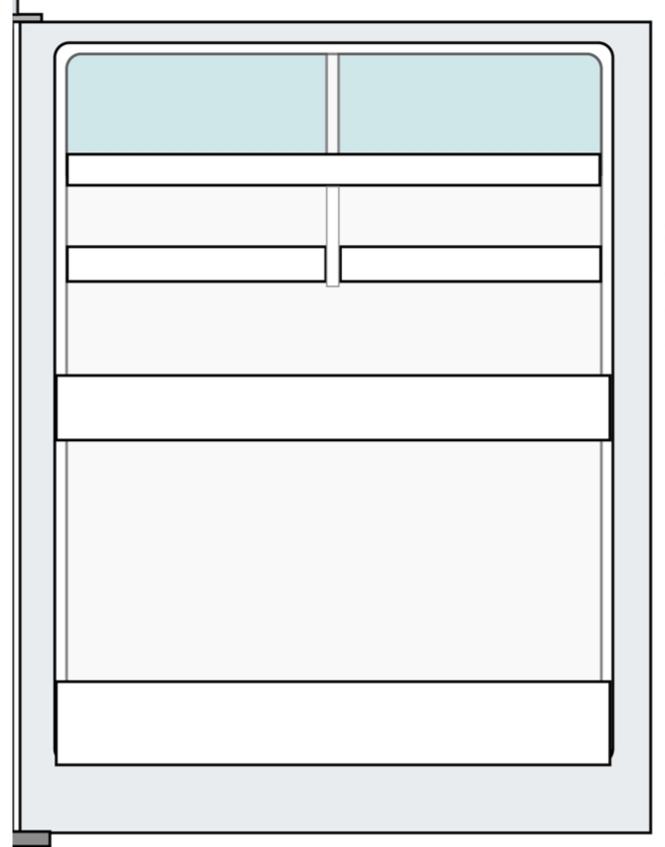
Page 2

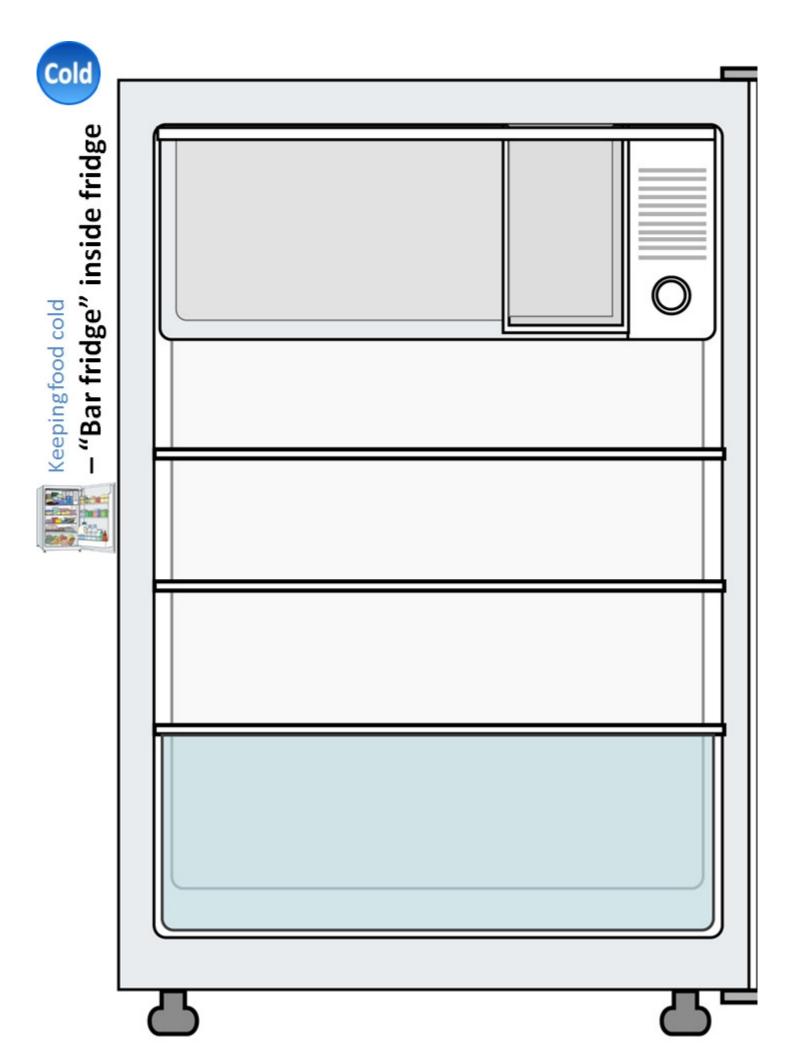


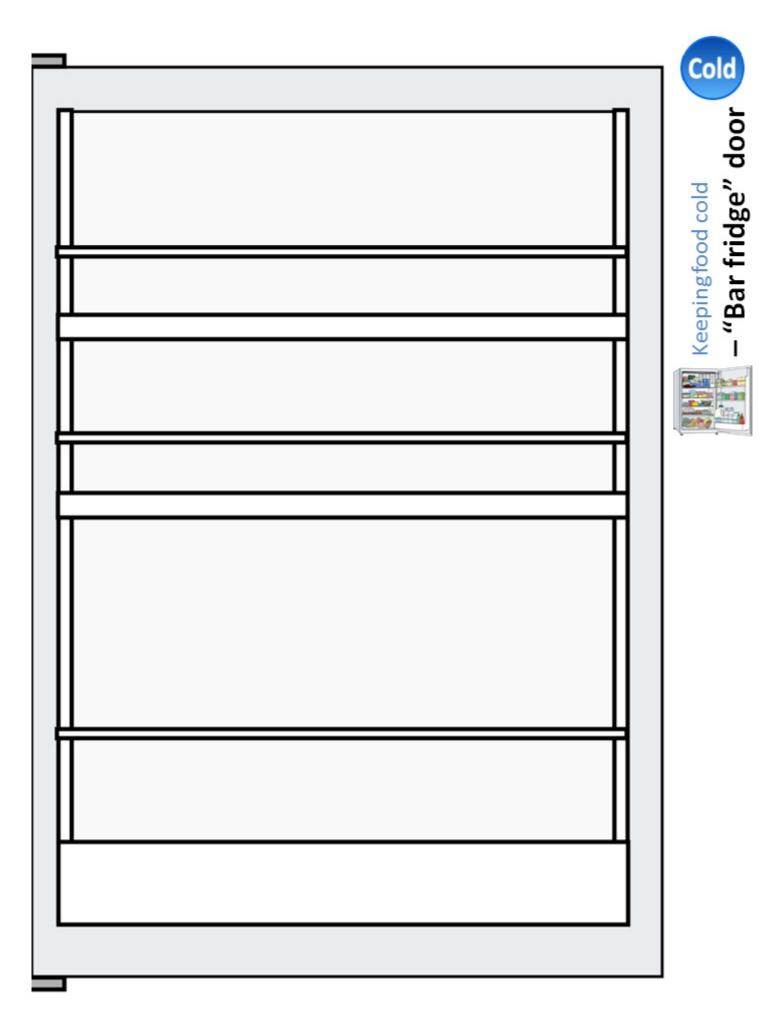




# Keepingfood cold — "2 door" inside fridge







# Before you laminate pages 1 & 2 it is best if you cut the tops off above the dotted line

#### **Health Professional Facilitator Information**

You must use your own professional judgement when using this resource

#### **Purpose of resource:**

To support the delivery of practical cooking and nutrition education sessions that aim to develop basic cooking and food preparation skills.

#### **Key skills:**

This resource could be used to support development of the following key cooking and food preparation skills:

- · making choices
- planning

#### Target group:

This resource is designed to be used by Australians of all ages.

#### Notes:

This resource is designed to be printed A3 size and then laminated, so that it can be used by participants at their cooking stations.

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