

When to wash your hands



Before
Handling
food



Before
Eating



After
Handling
rubbish



After
Going to
the toilet



After
Handling
raw meat
or fish



After
Touching
pets



When to wash your hands



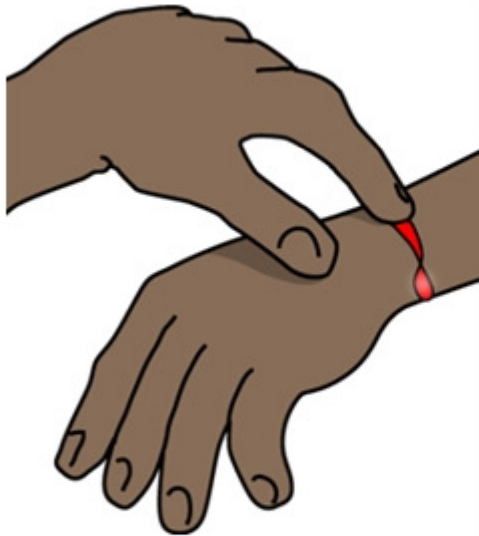
After
Biting
your nails



After
Coughing
and
sneezing



After
Touching
cuts



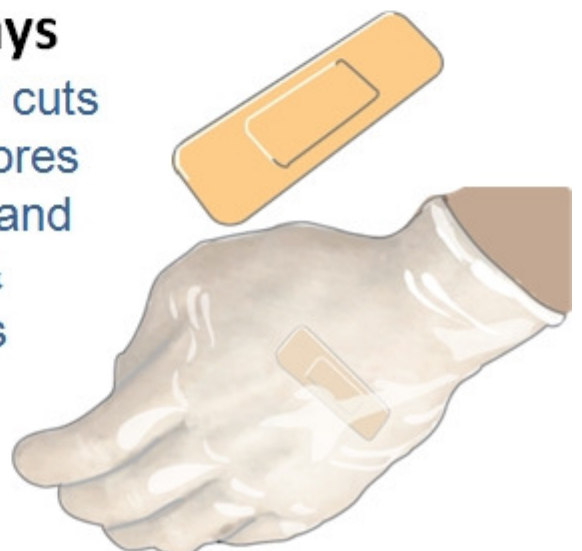
After
Touching
pimples
or sores



After
Smoking



Always
Cover cuts
and sores
with band
aids &
gloves



There is no need to print the following page when printing and using this resource

Health Professional Facilitator Information

You must at all times use your own professional judgement when using this resource

Purpose of resource:

To support the delivery of practical cooking and nutrition education sessions

Key skills:

This resource could be used to support development of the following skills:

- Identify the different food groups

Target group:

This resource is designed to be used by Australians of all ages.

Notes:

This resource is designed to be printed A3 size and then laminated.

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