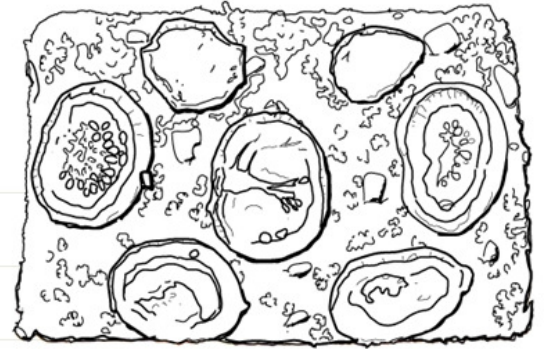


Write your name
and the recipe _____

No pastry quiche

Feeds

Ingredients:



Steps:

There is no need to print the following page when printing and using this resource

Health Professional Facilitator Information

You must at all times use your own professional judgement when using this resource

Purpose of resource:

To support the delivery of practical cooking and nutrition education sessions

Key skills:

This resource could be used to support development of the following skills:

- Writing a word recipe.

Target group:

This resource is designed to be used Australians of all ages.

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