

My Plan

Name:

Topic:

Did I understand?

Do I want to make changes?

Our talk:

Y	?	N
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Y	?	N
---	---	---

What changes do I want to make?

1	2
---	---

What is my plan?

Was I successful?

Y	?	N
---	---	---

What next?

My Diabetes Plan

CDRO
Chronic Disease Resources Online

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There is no need to print the following page when printing and using this resource

Health Professional Facilitator Information

You must use your own professional judgement when using this resource

Purpose of resource:

To discuss a client's self management care plan (My Plan).

The story is relevant for males with different kinds of diabetes.

Related resources

There are also cards :

Notes:

The resource can be printed A3 or A4 size and then laminated.

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