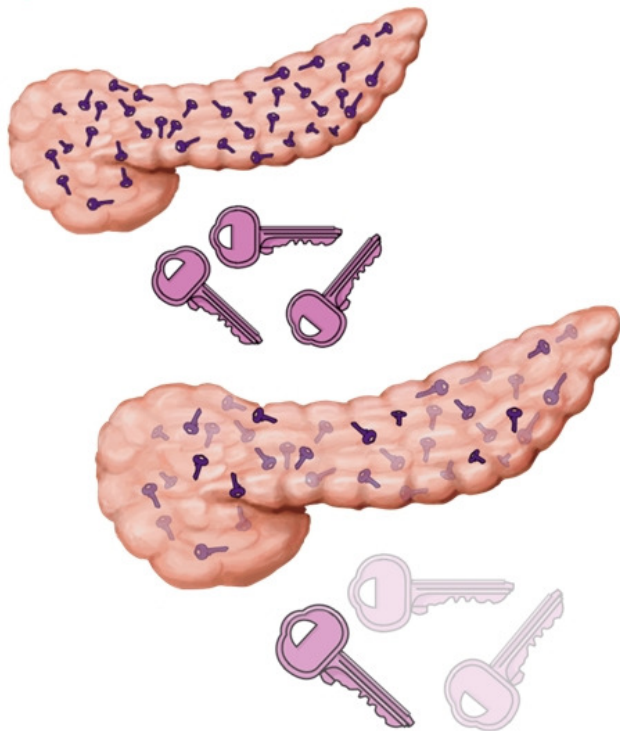


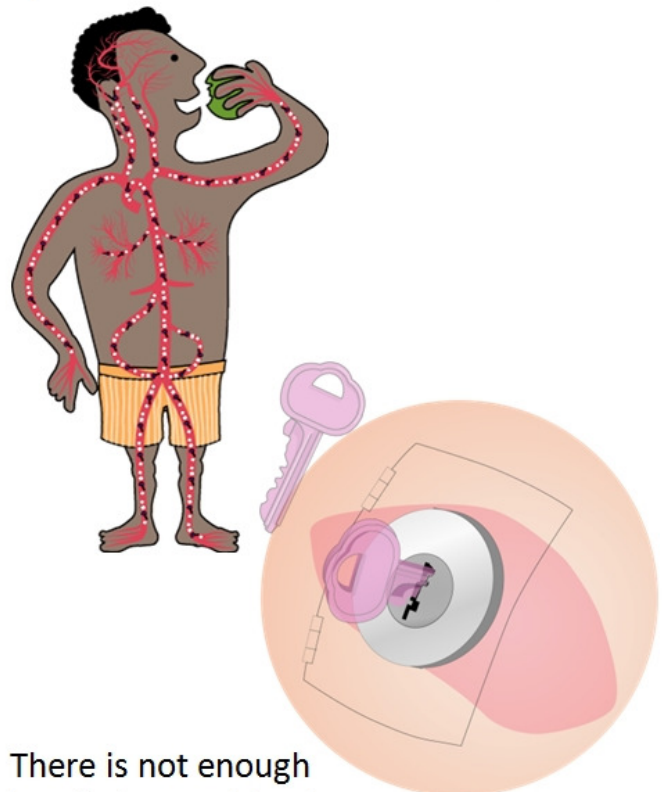
◆ Not enough insulin keys



When your pancreas doesn't make enough insulin keys



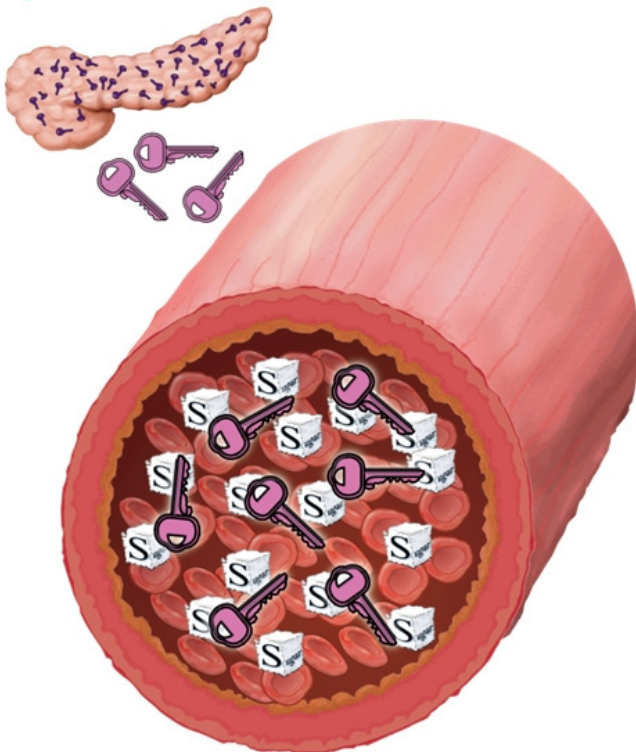
◆ Not enough insulin keys



There is not enough insulin in your blood



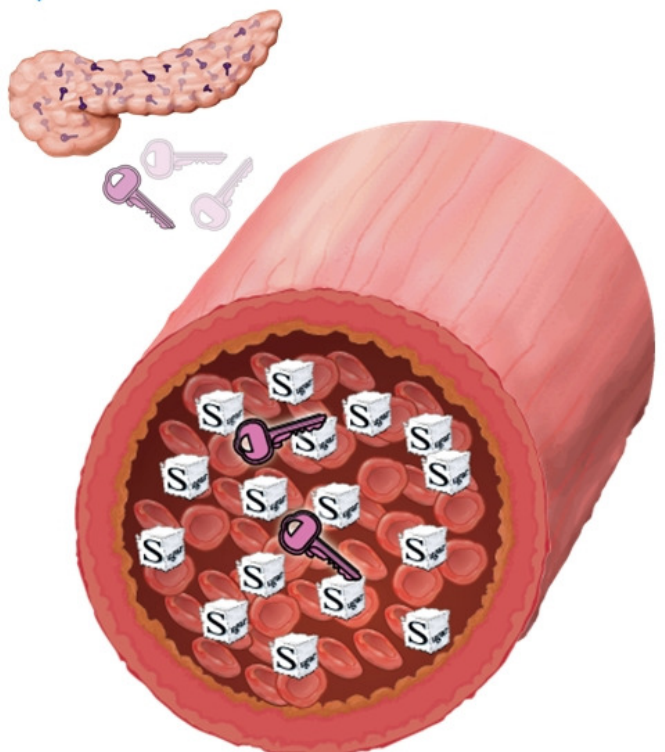
◆ Not enough insulin keys



Enough insulin keys in your blood



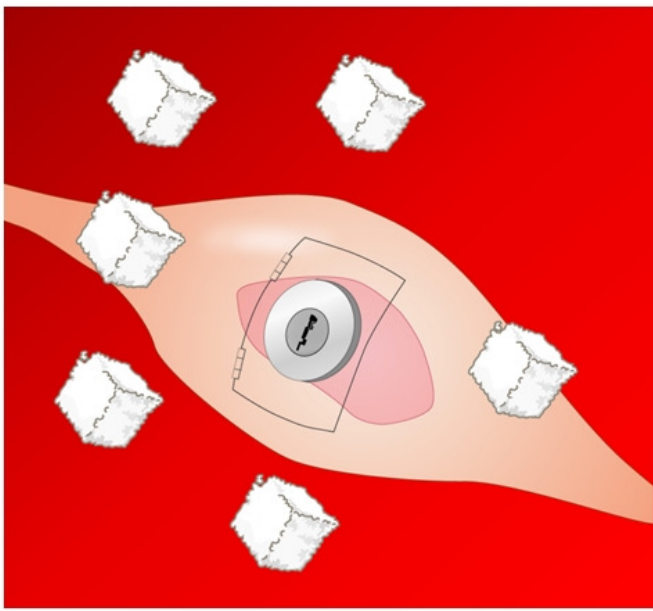
◆ Not enough insulin keys



Not enough insulin keys in your blood

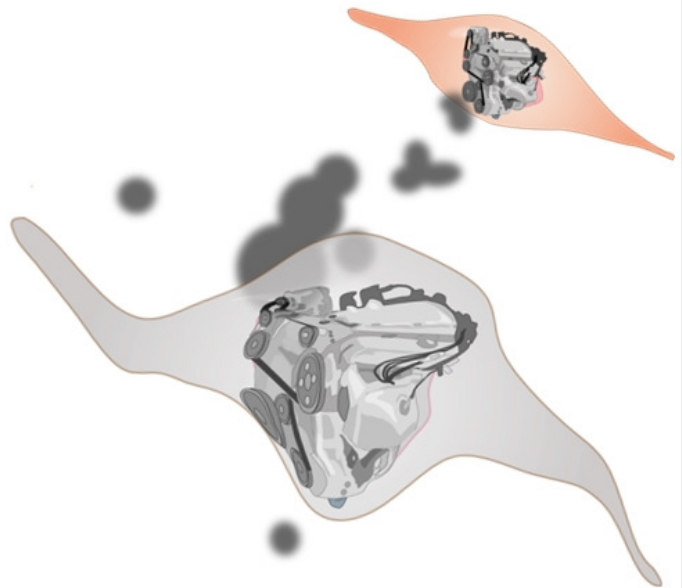


◆ Not enough insulin keys



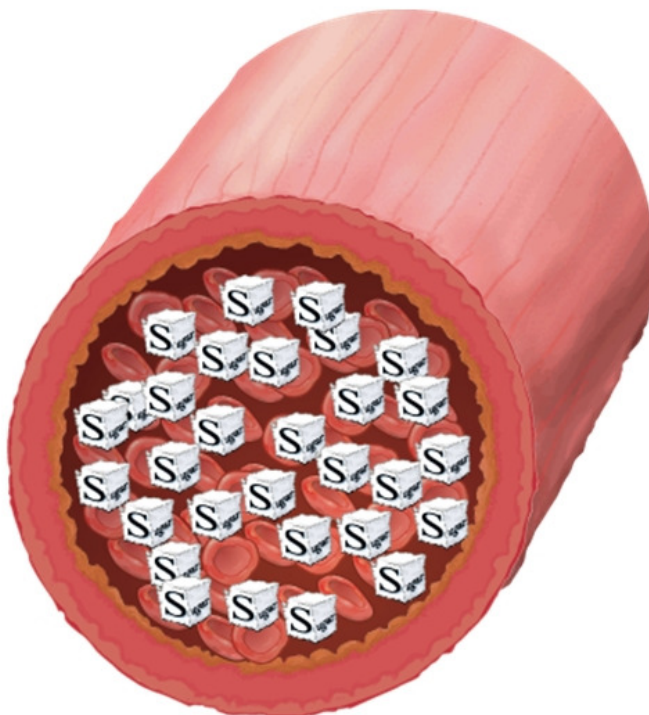
Not enough sugar can get from your blood into your cells

◆ Not enough insulin keys



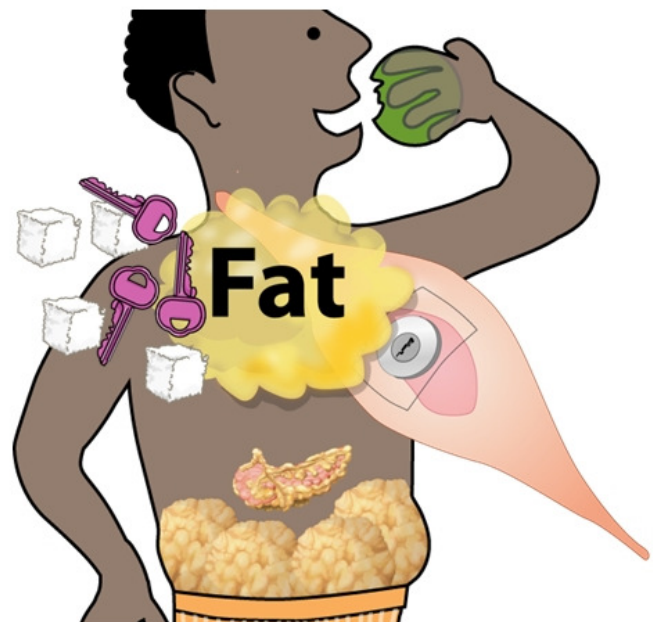
The cell stops working properly because there is not enough fuel

◆ Not enough insulin keys



You have too much sugar in your blood

◆ Not enough insulin keys



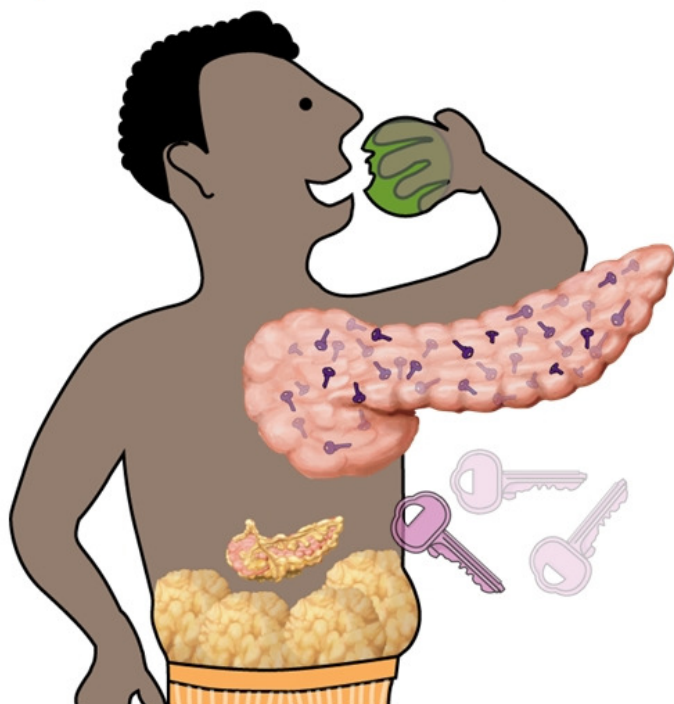
People with Type 2 diabetes usually have **INSULIN RESISTANCE**

◆ Not enough insulin keys



Fat can stop the insulin keys working properly

◆ Not enough insulin keys



This happens when you have **Type 2** diabetes

◆ Not enough insulin keys



Being active helps the insulin keys work better

◆ Not enough insulin keys



Eating right can help reduce the sugar in your blood

◆ Not enough insulin keys



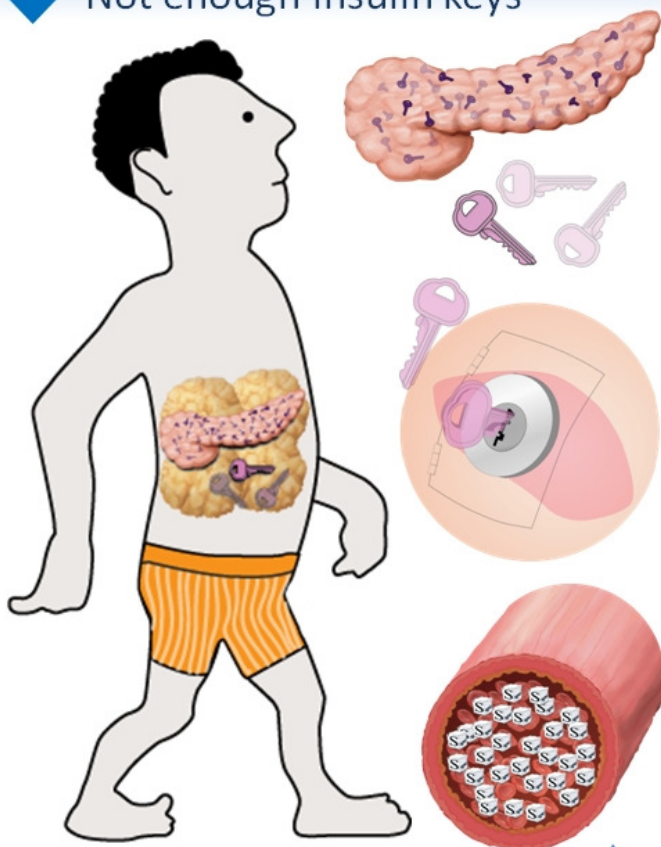
You may need to take medicine to help your insulin keys

◆ Not enough insulin keys

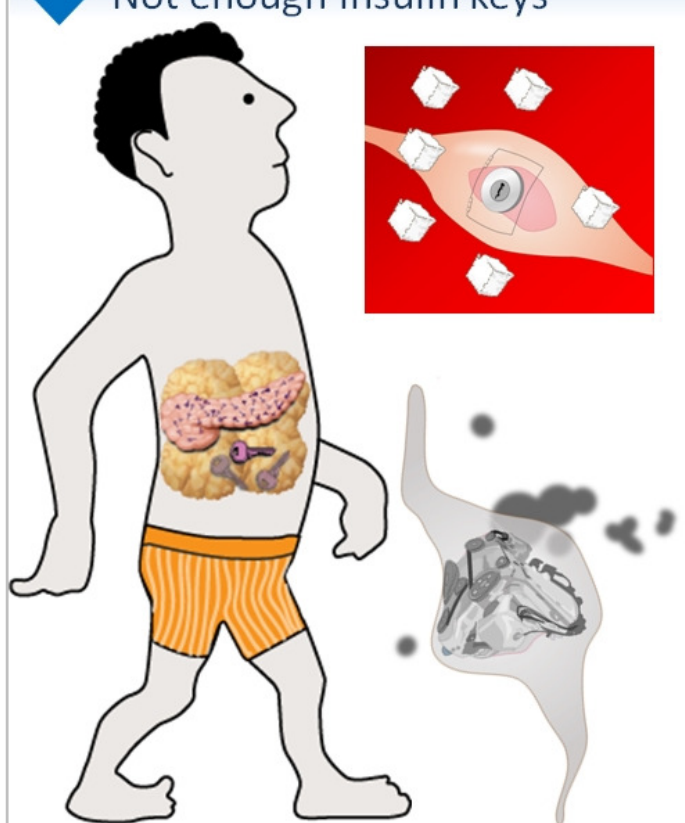


You may need to take insulin

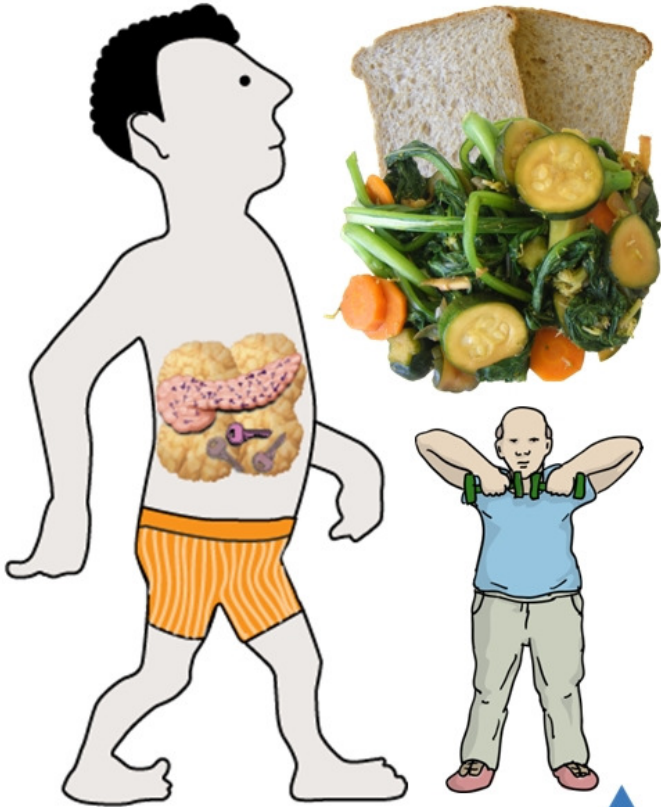
◆ Not enough insulin keys



◆ Not enough insulin keys



◆ Not enough insulin keys



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◆ Not enough insulin keys



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There is no need to print the following page when printing and using this resource

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Purpose of resource:

Talk cards for the diabetes sugar story which can be used with groups or individuals.






Area: Diabetes

Topic: Sugar insulin stories

Story: Not enough insulin (Small cards)

Related resources

There are talk cards for the following :

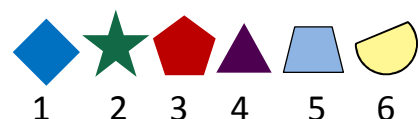
1. Sugar in food 
2. Insulin keys 
3. Insulin resistance 
4. No insulin keys (Type 1) 
5. Not enough insulin keys (Type 2) 

Notes:

The resource can be printed A3 or A4 size and then laminated.

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Levels



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