

Equipment



Lining a baking tray



1 Put the baking tray on the paper & cut paper to size



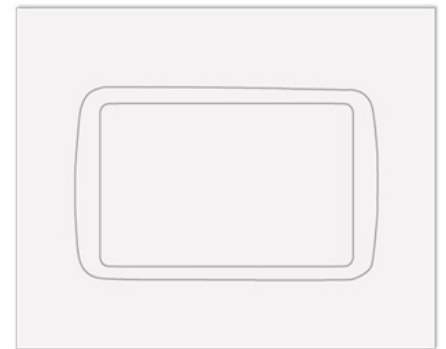
2 Draw around the edge of the tray



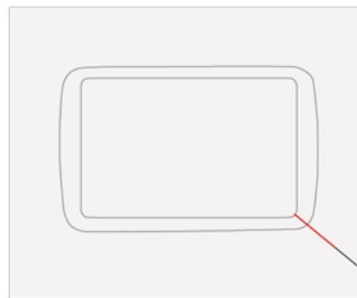
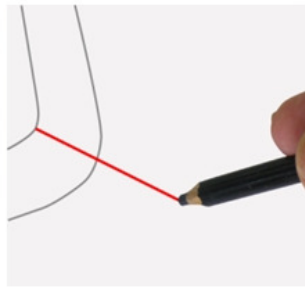
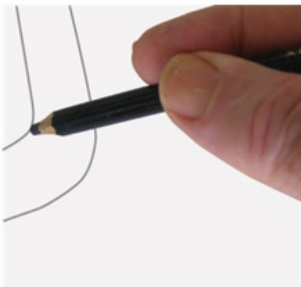
3 Turn the tray upside down and put it in the centre



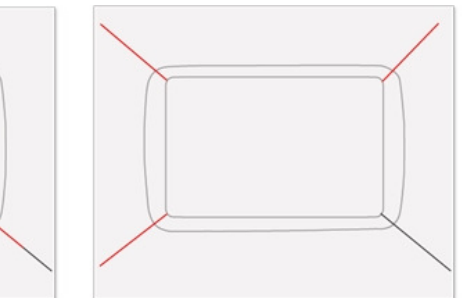
4 Draw around the bottom of the tray



5 Your drawing should look like this



6 Draw a diagonal line from the corner



7 Do the same for each corner



8 Cut each diagonal line



9 Spray inside of tray with oil



10 Place paper in tray



11 Push paper into corners



12 Trim the paper to the top of tray



13 Spray inside the lined tray

There is no need to print the following page when printing and using this resource

Health Professional Facilitator Information

You must at all times use your own professional judgement when using this resource

Purpose of resource:

To support the delivery of practical cooking and nutrition education sessions

Key skills:

This resource could be used to support development of the following skills:

- Independently follow a recipe.

Target group:

This resource is designed to be used by Solomon Islanders of all ages.

Notes:

This resource is designed to be printed A3 size and then laminated.

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