



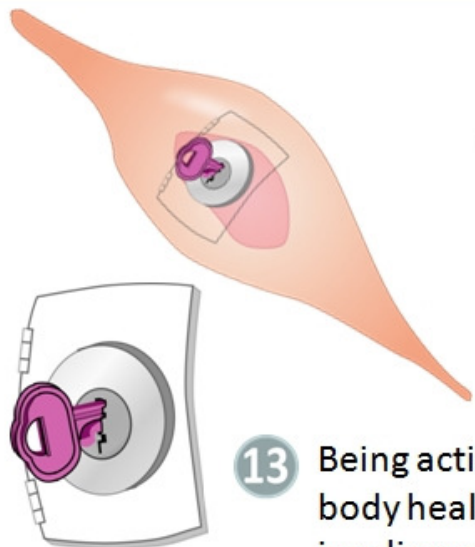
11

Eating right is very important



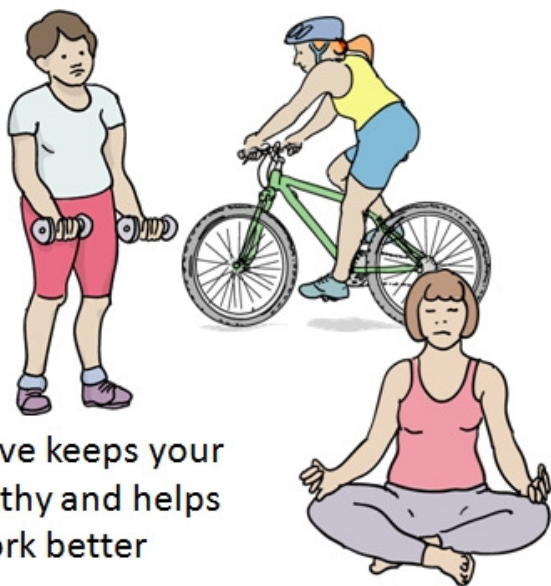
12

You will need to have insulin



13

Being active keeps your body healthy and helps insulin work better



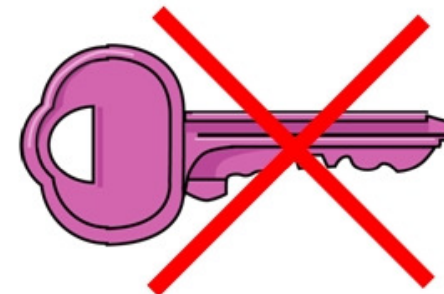
No insulin

Sugar insulin stories – Story 2 -Woman



1

What happens if there are no insulin keys



2

No insulin keys



3

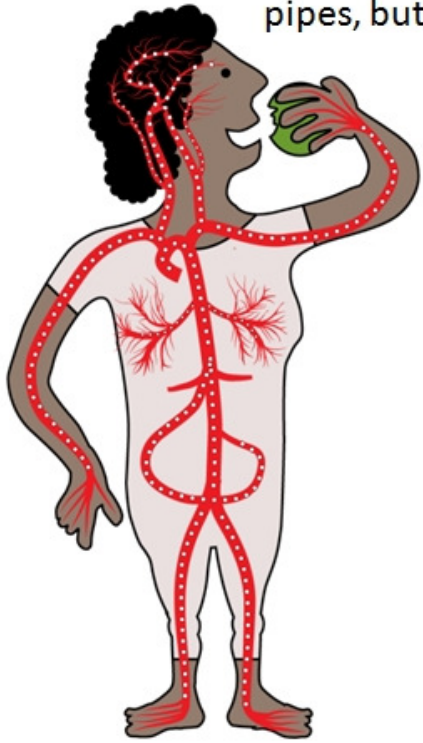
The pancreas doesn't make insulin keys

CDRO

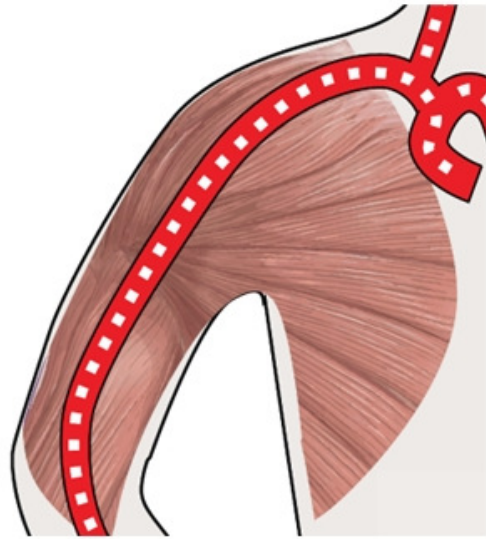
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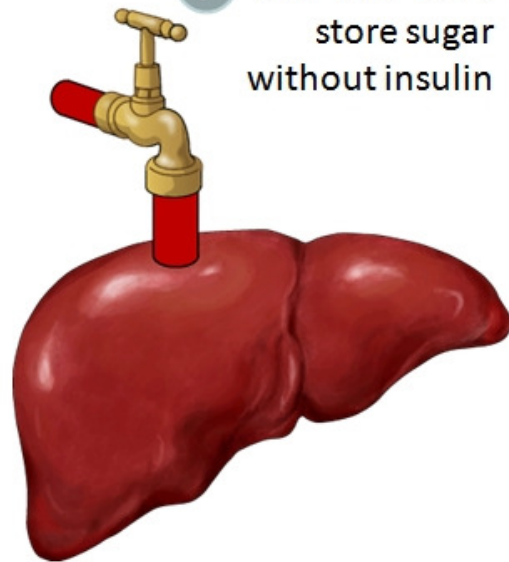
4 The sugar goes into your blood pipes, but...



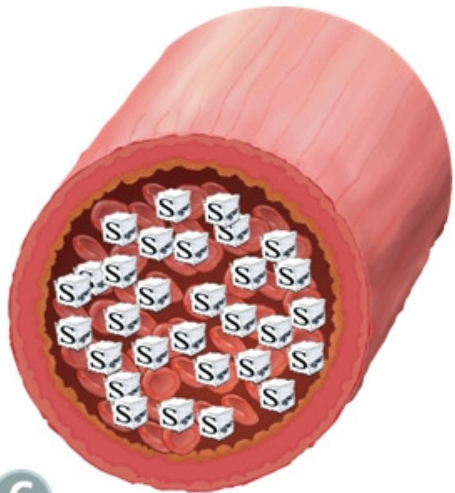
5 ...your muscles can't store sugar without insulin



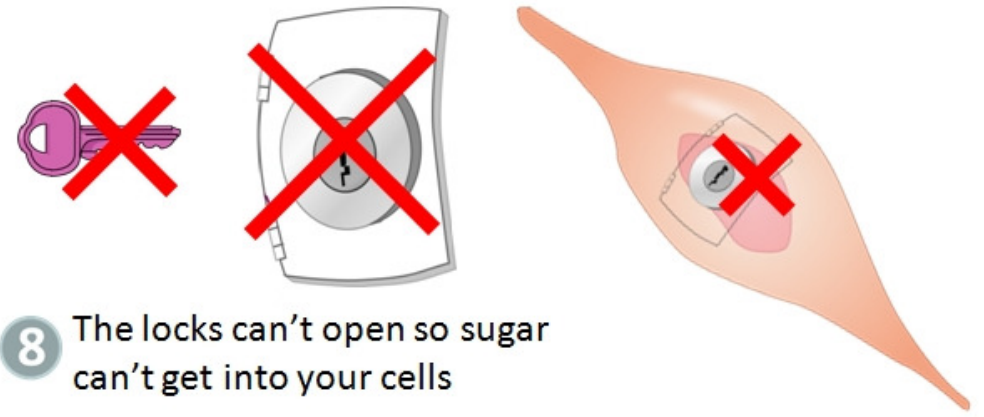
7 Your liver can't store sugar without insulin



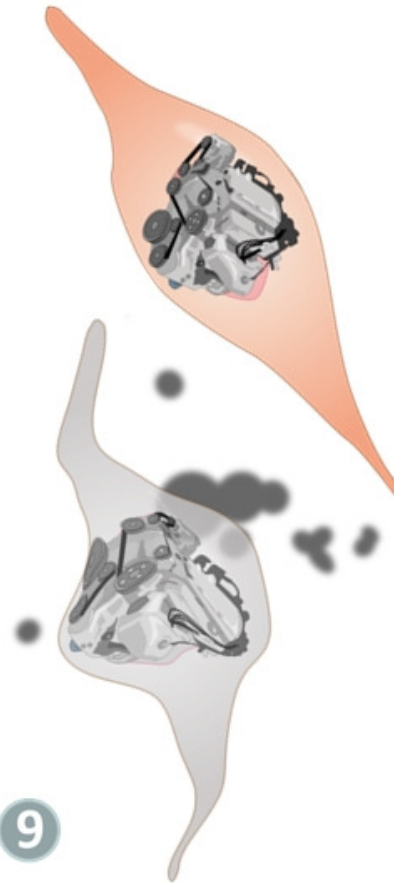
6 Lots of sugar is in your blood



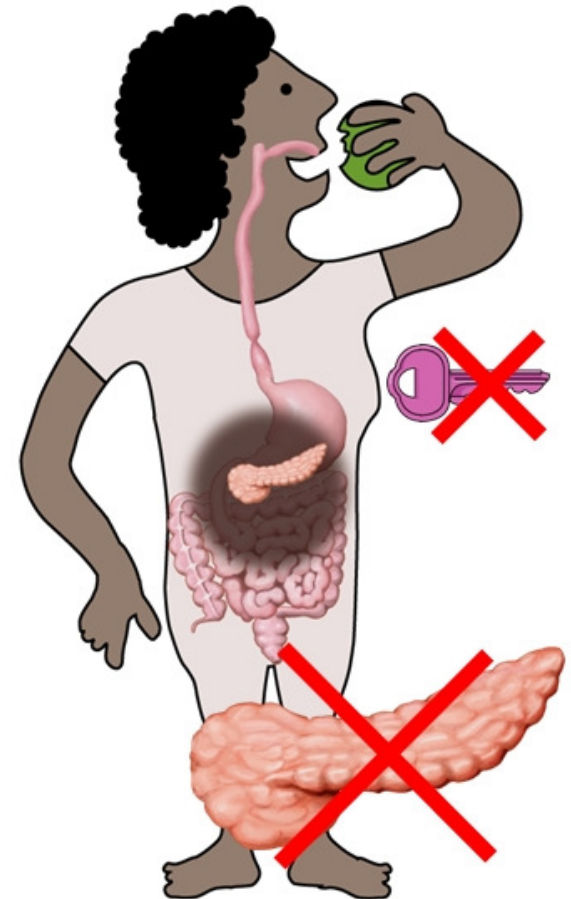
8 The locks can't open so sugar can't get into your cells



9 The cell stops working properly because there is no fuel



10 This happens when you have **Type 1 diabetes**



There is no need to print the following page when printing and using this resource

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You must use your own professional judgement when using this resource

Purpose of resource:

Handouts for the diabetes sugar story which can be used with groups or individuals.

Area: Diabetes

Topic: Sugar insulin stories

Story: Sugar in food

Related resources

There are talk cards for the following :

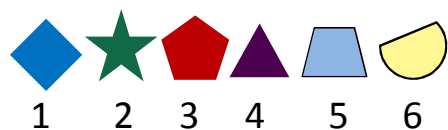
1. Sugar in food
2. Insulin keys
3. Insulin resistance
4. No insulin keys (Type 1)
5. Not enough insulin keys (Type 2)

Notes:

The resource can be printed A3 and folded.

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Levels



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