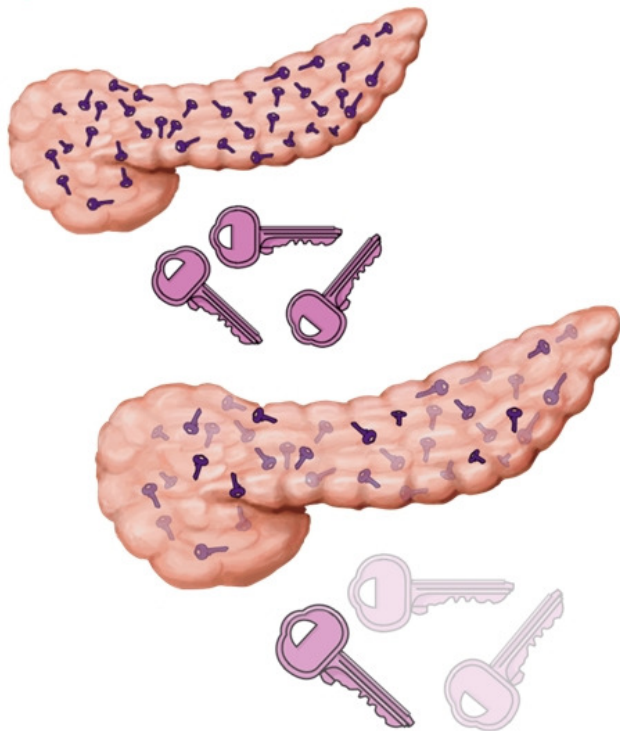


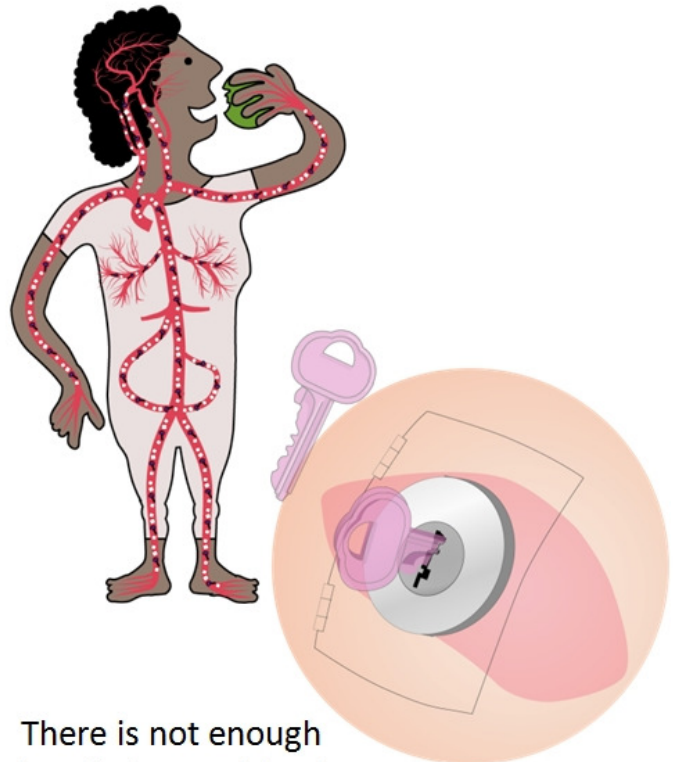
◆ Not enough insulin keys



When your pancreas doesn't make enough insulin keys



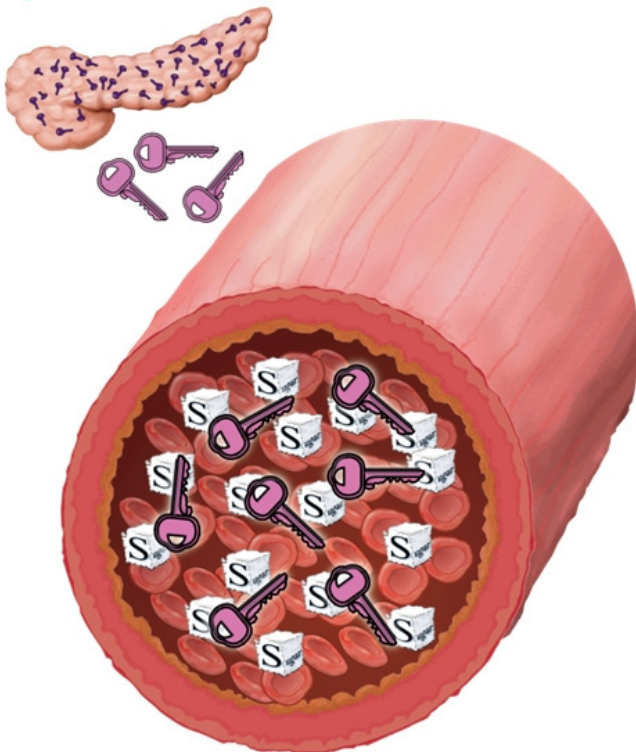
◆ Not enough insulin keys



There is not enough insulin in your blood



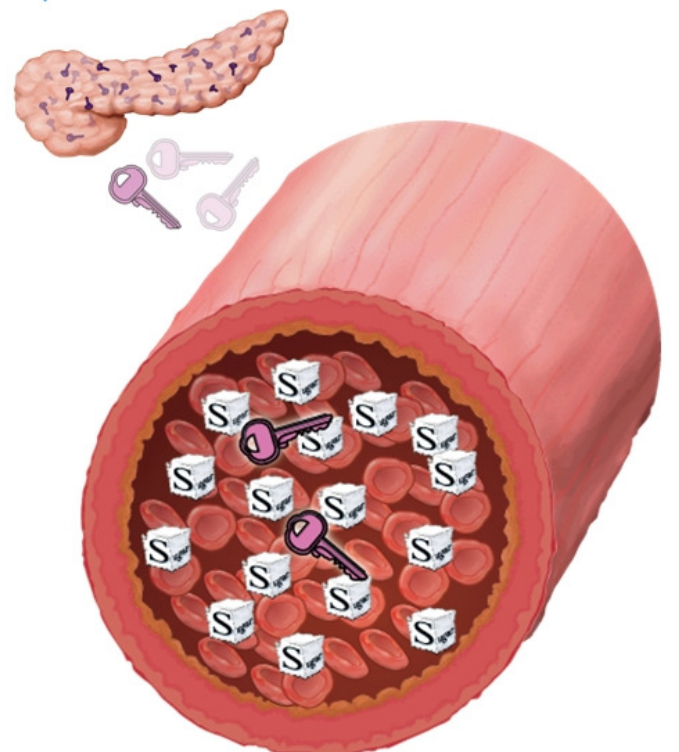
◆ Not enough insulin keys



Enough insulin keys in your blood



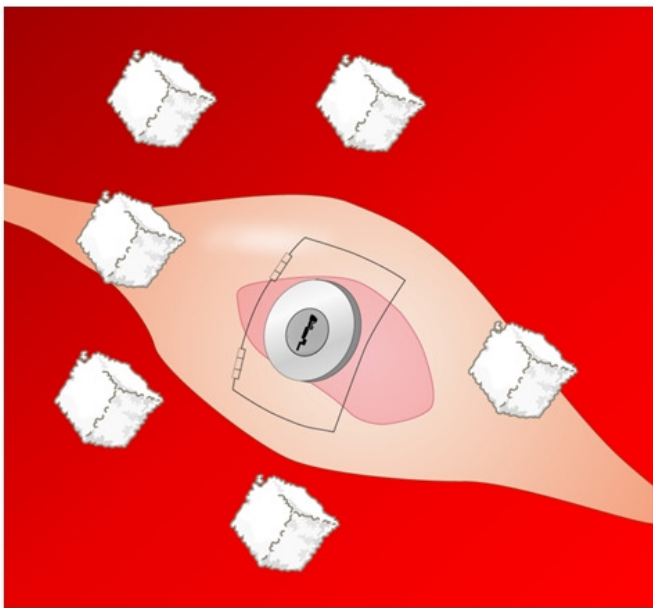
◆ Not enough insulin keys



Not enough insulin keys in your blood

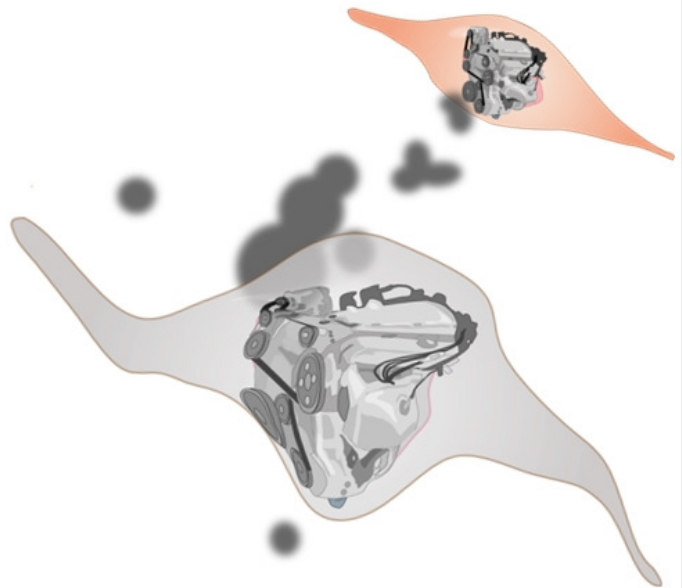


◆ Not enough insulin keys



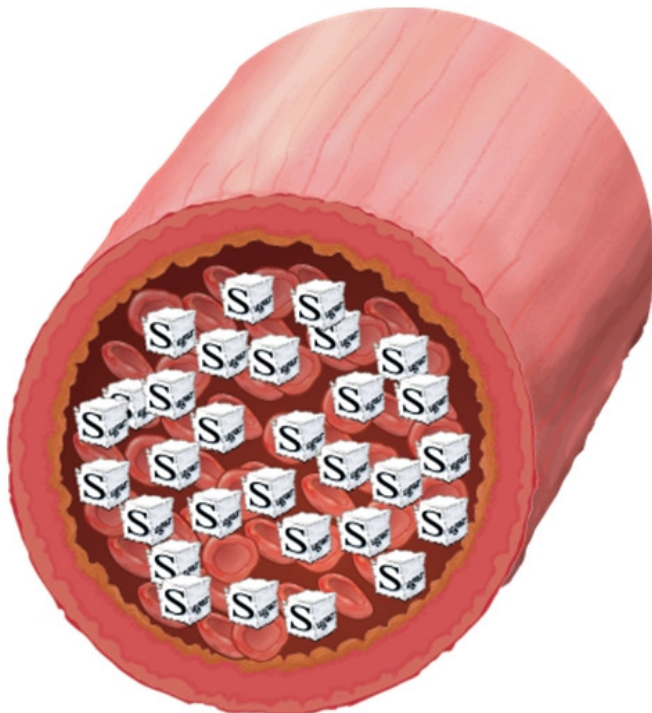
Not enough sugar can get from your blood into your cells

◆ Not enough insulin keys



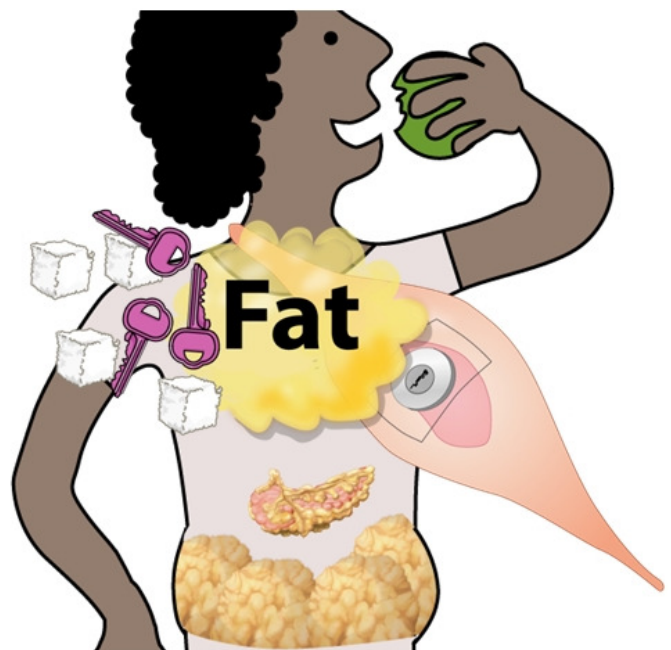
The cell stops working properly because there is not enough fuel

◆ Not enough insulin keys



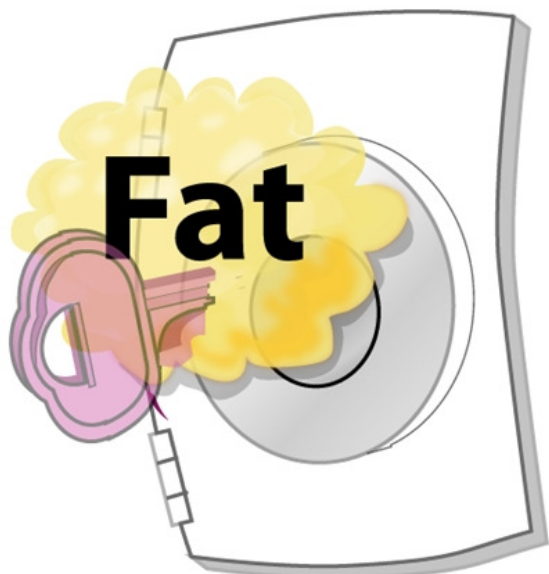
You have too much sugar in your blood

◆ Not enough insulin keys



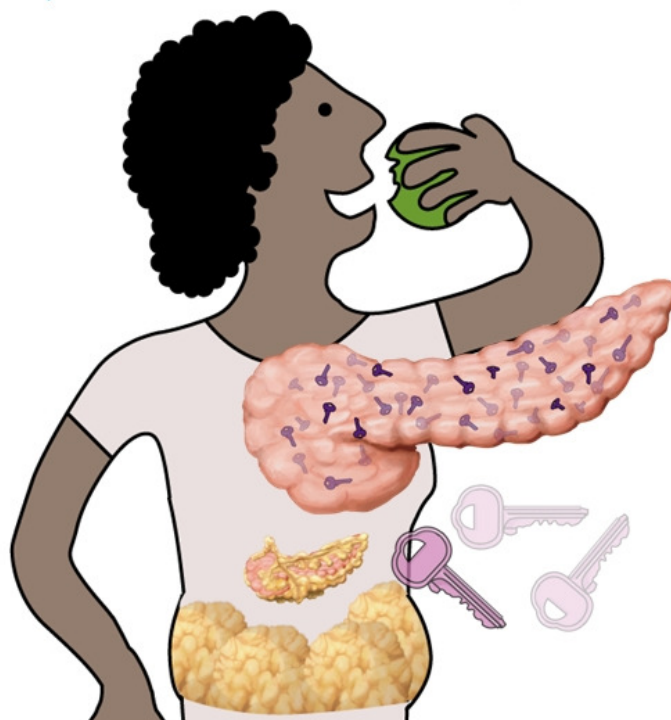
People with Type 2 diabetes usually have **INSULIN RESISTANCE**

◆ Not enough insulin keys



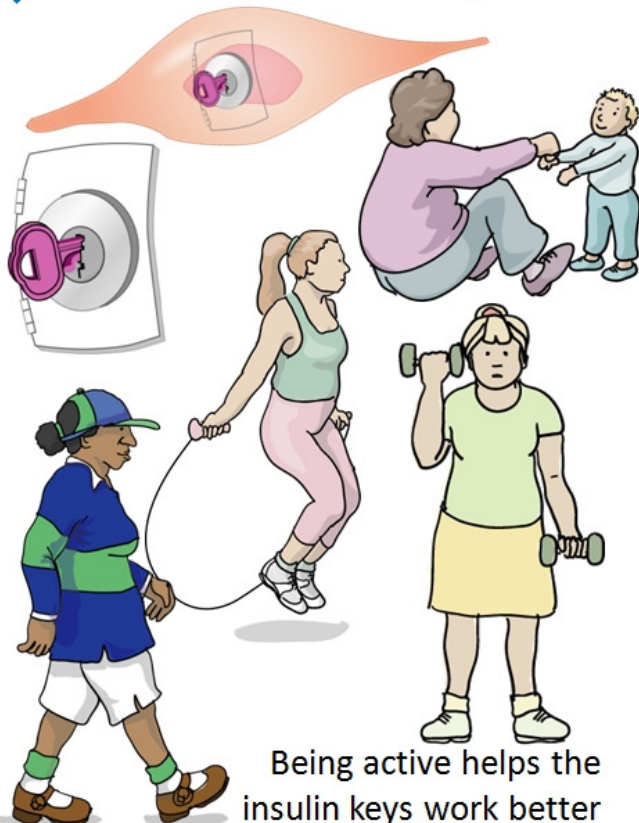
Fat can stop the insulin keys working properly

◆ Not enough insulin keys



This happens when you have **Type 2** diabetes

◆ Not enough insulin keys



Being active helps the insulin keys work better

◆ Not enough insulin keys



Eating right can help reduce the sugar in your blood

◆ Not enough insulin keys



You may need to take medicine to help your insulin keys



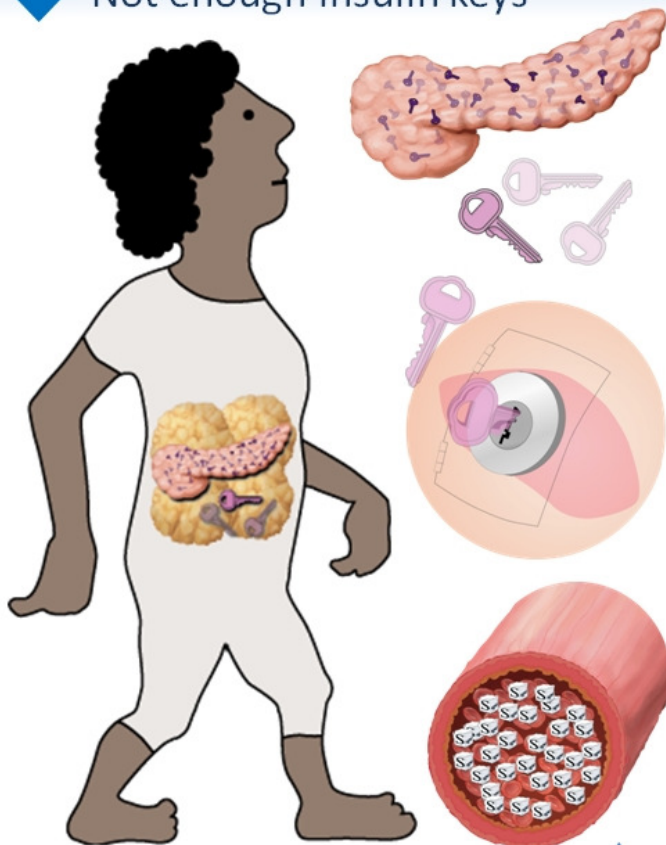
◆ Not enough insulin keys



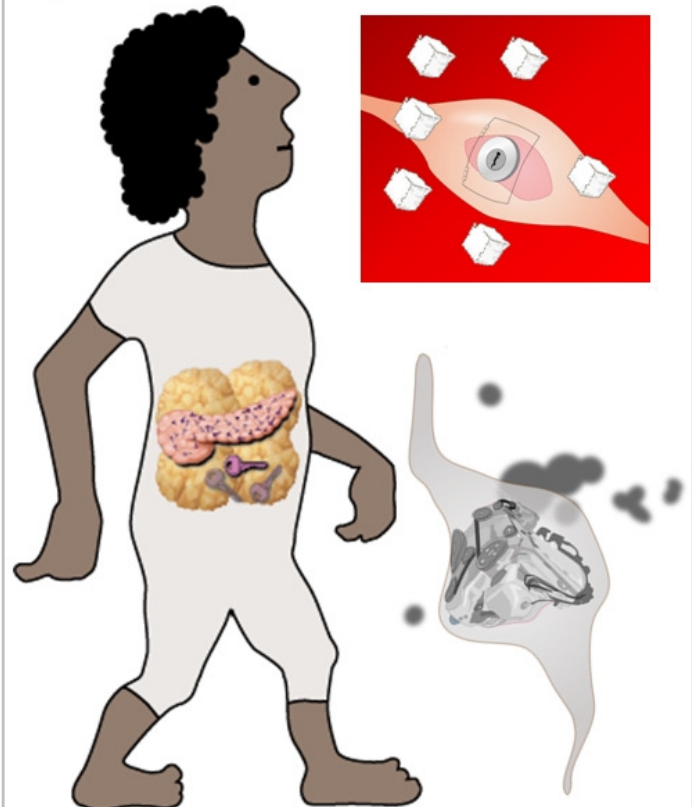
You may need to take insulin



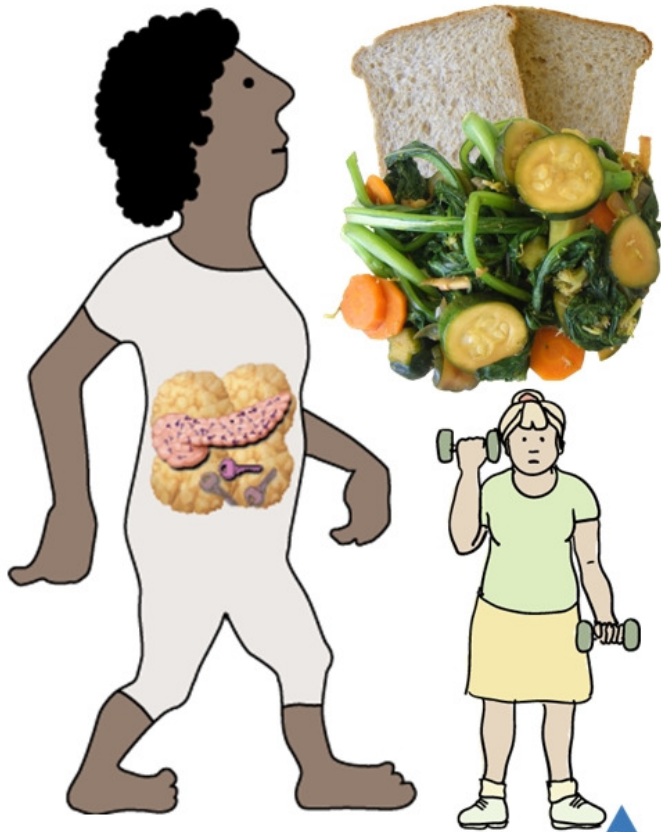
◆ Not enough insulin keys



◆ Not enough insulin keys



◆ Not enough insulin keys



◆ Not enough insulin keys



There is no need to print the following page when printing and using this resource

Health Professional Facilitator Information

You must use your own professional judgement when using this resource

Purpose of resource:

Talk cards for the diabetes sugar story which can be used with groups or individuals.






Area: Diabetes

Topic: Sugar insulin stories

Story: Not enough insulin keys (Small cards)

Related resources

There are talk cards for the following :

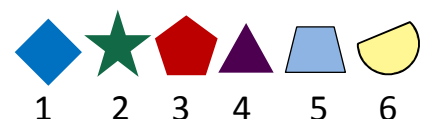
1. Sugar in food 
2. Insulin keys 
3. Insulin resistance 
4. No insulin keys (Type 1) 
5. Not enough insulin keys (Type 2) 

Notes:

The resource can be printed A3 or A4 size and then laminated.

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Levels



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