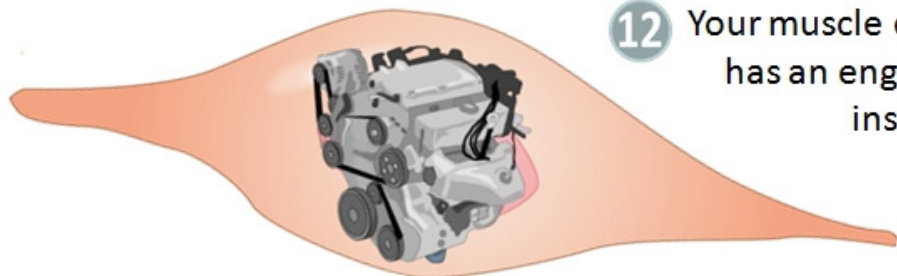
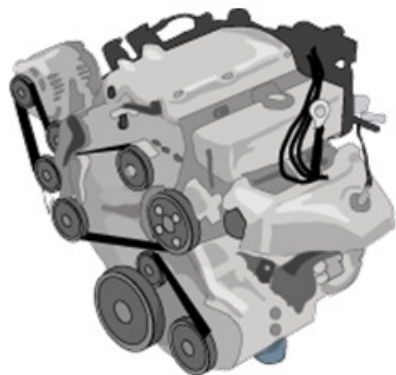


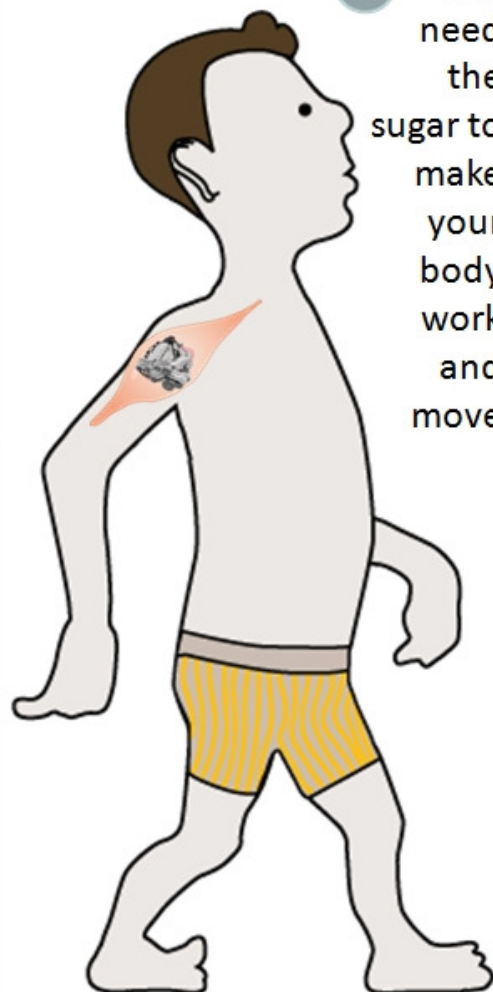
12 Your muscle cell
has an engine
inside



13 The engine is
powered by the sugar



14 Sugar is the engines
fuel

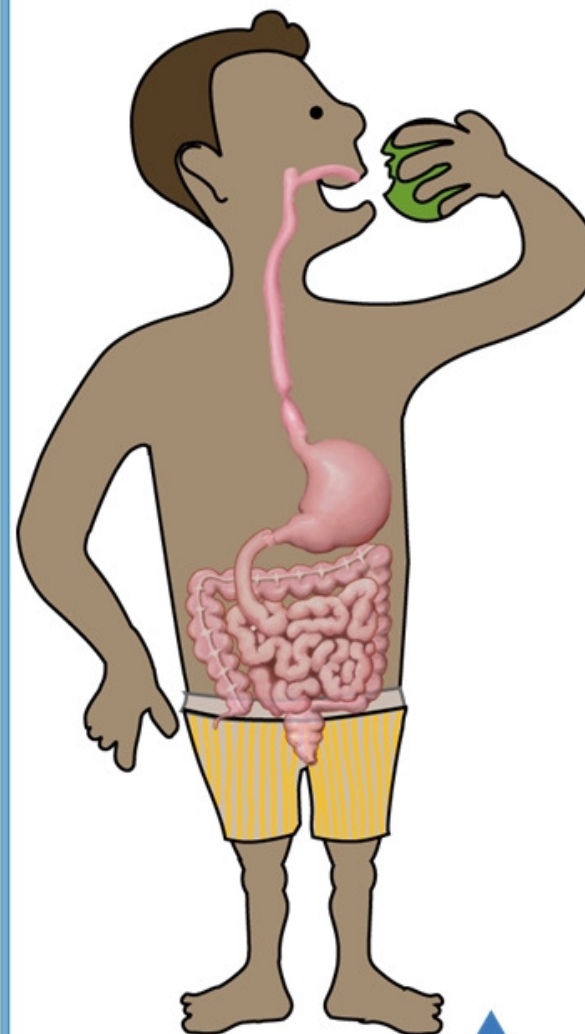


15 You
need the
sugar to
make
your
body
work
and
move

Sugar

Sugar insulin stories – Story 1 - Boy

1 What happens when
you eat...



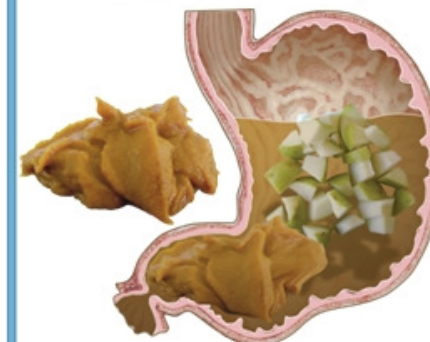
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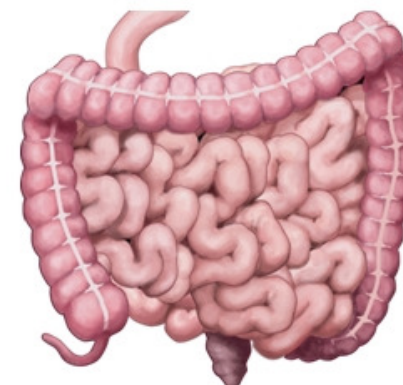
2 Your food contains sugar
and starch

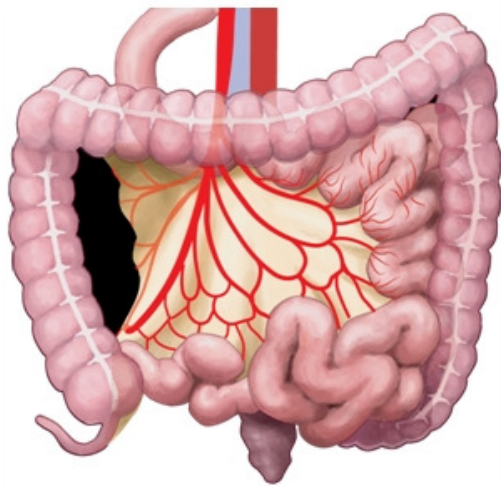


3 The food goes down a
pipe into your stomach
where becomes a paste

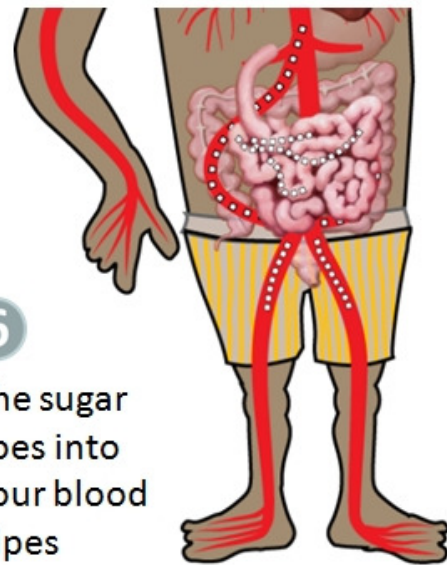


4 The paste goes down
into your intestines

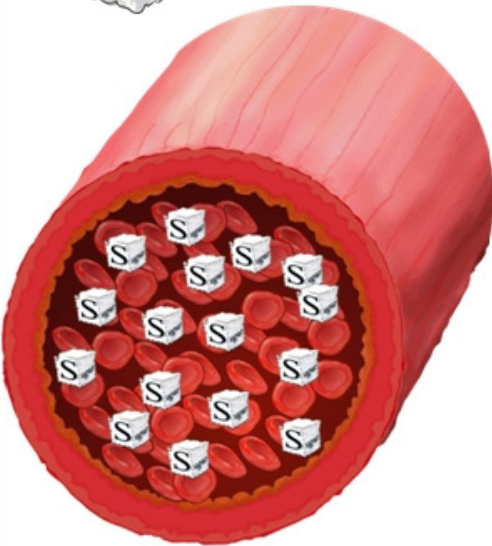




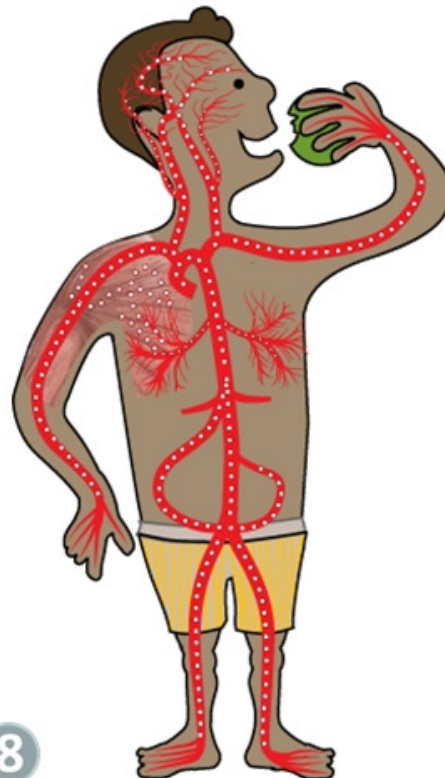
5 You have blood pipes in your intestines



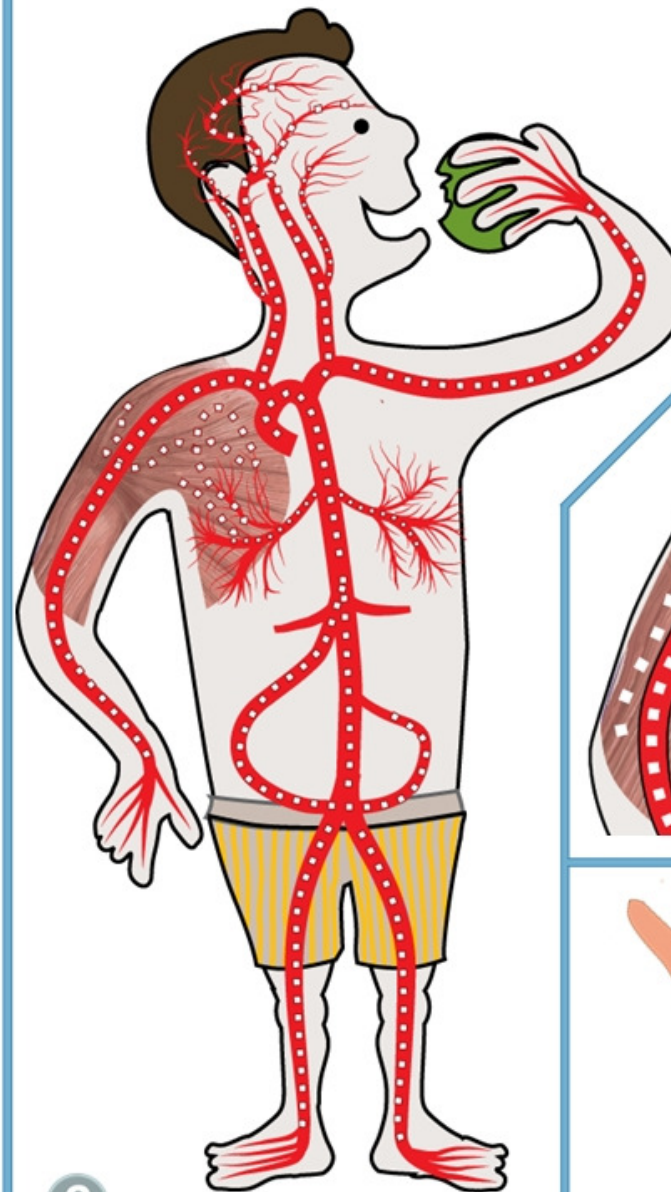
6 The sugar goes into your blood pipes



7 You now have sugar in your blood pipes

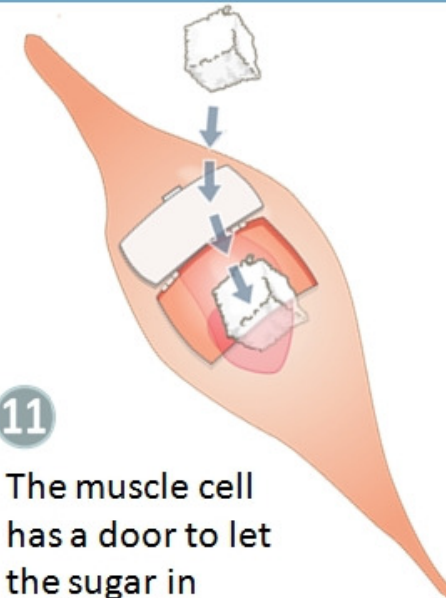
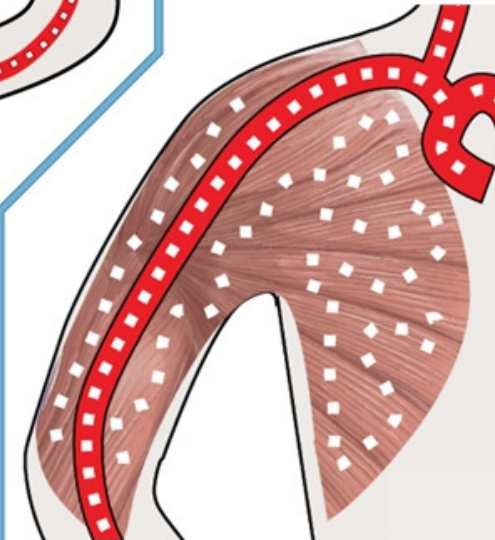


8 The blood pipes take the sugar all around your body



9 Sugar goes from your blood into your muscles

10 The sugar is now in your muscles



11 The muscle cell has a door to let the sugar in

There is no need to print the following page when printing and using this resource

Health Professional Facilitator Information

You must use your own professional judgement when using this resource

Purpose of resource:

Handouts for the diabetes sugar story which can be used with groups or individuals.

Area: Diabetes

Topic: Sugar insulin stories

Story: Sugar in food

Related resources

There are talk cards for the following :

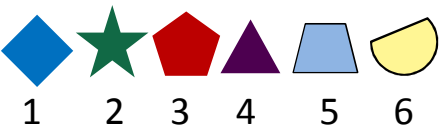
- 1. Sugar in food
- 2. Insulin keys
- 3. Insulin resistance
- 4. No insulin keys (Type 1)
- 5. Not enough insulin keys (Type 2)

Notes:

The resource can be printed A3 and folded.

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Levels



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