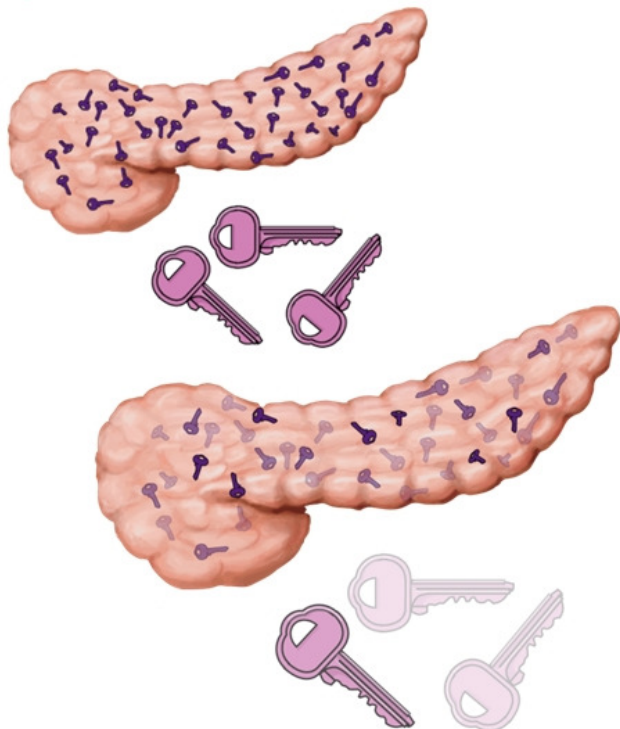
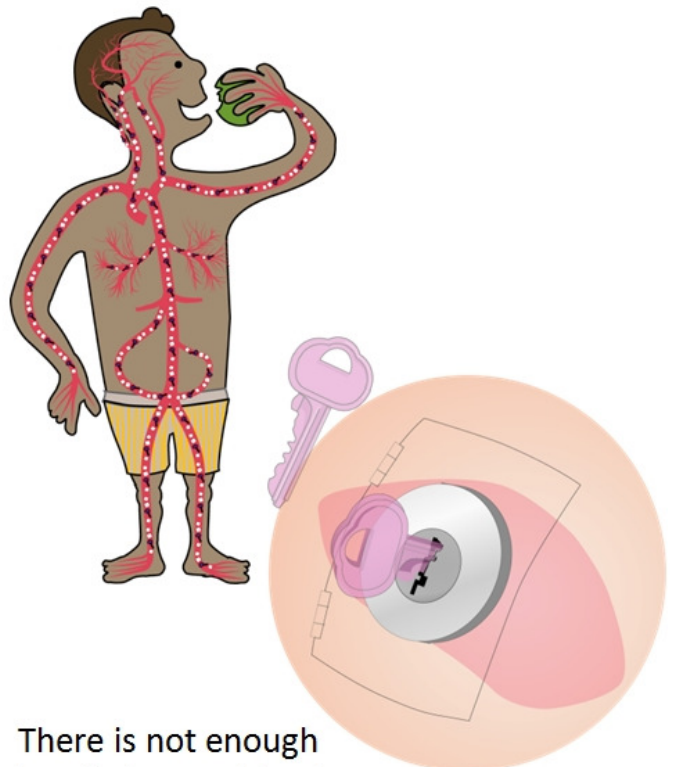


## ◆ Problems with insulin



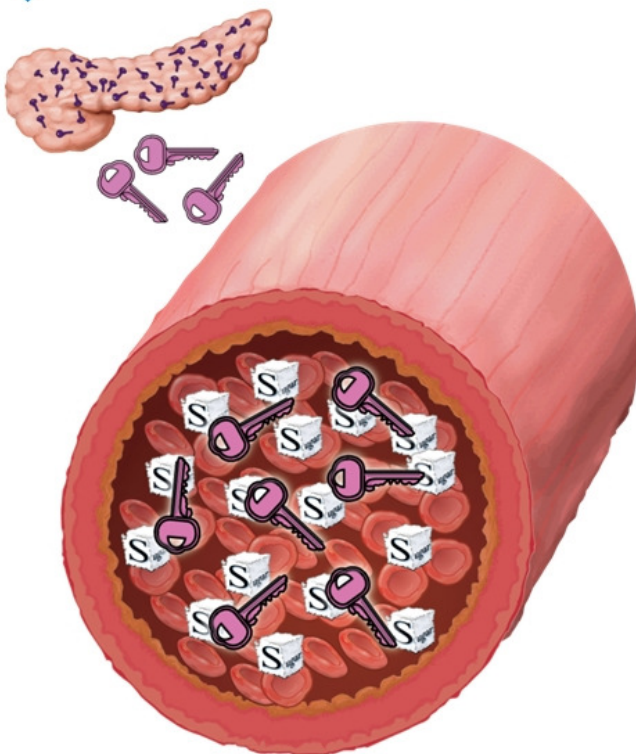
When your pancreas doesn't make enough insulin keys

## ◆ Problems with insulin



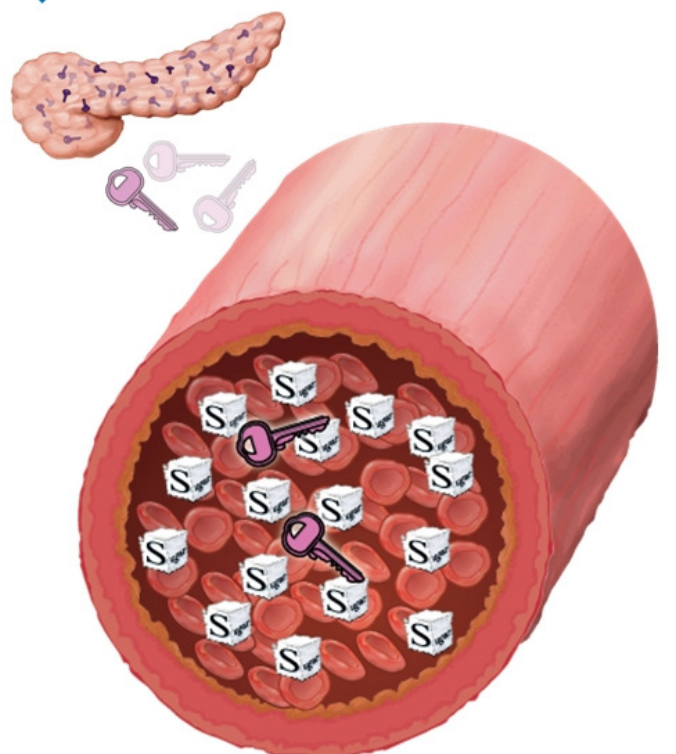
There is not enough insulin in your blood

## ◆ Problems with insulin



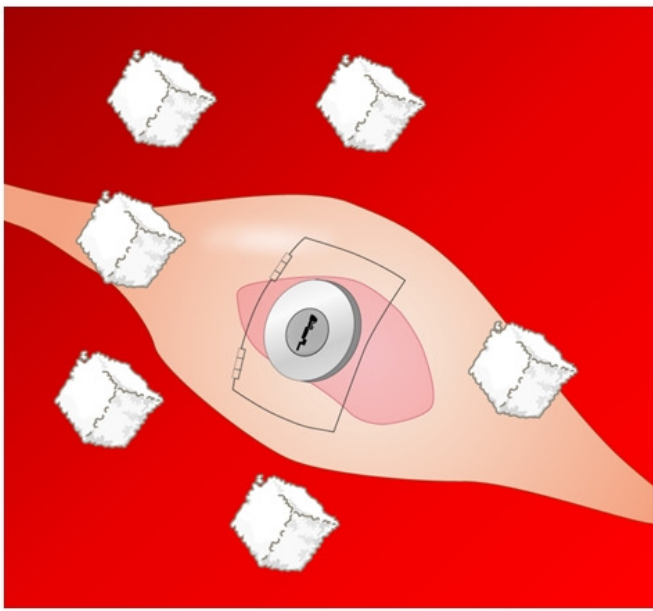
Enough insulin keys in your blood

## ◆ Problems with insulin



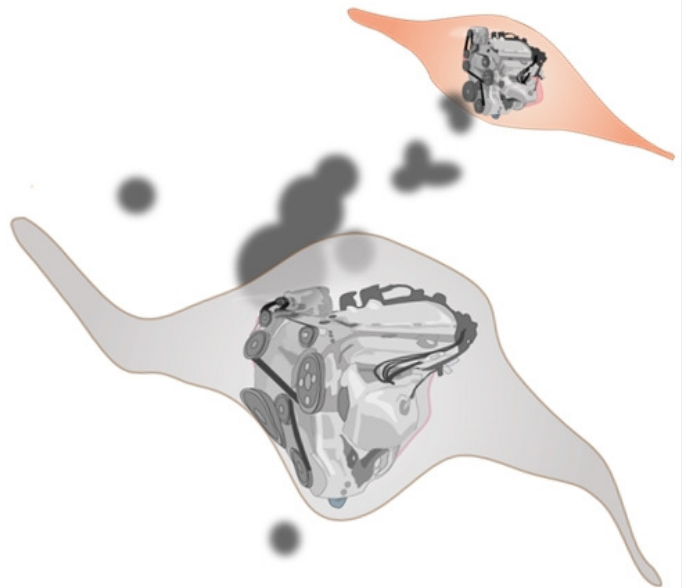
Not enough insulin keys in your blood

◆ Problems with insulin



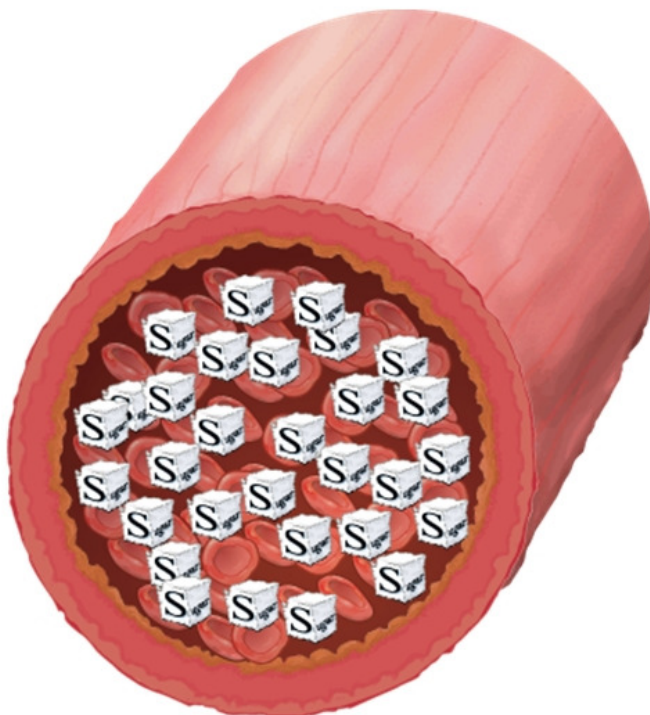
Not enough sugar can get from your blood into your cells

◆ Problems with insulin



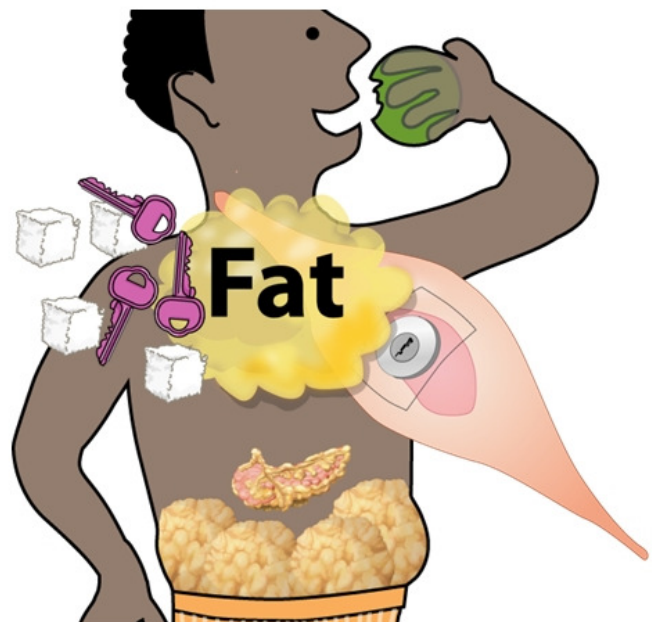
The cell stops working properly because there is not enough fuel

◆ Problems with insulin



You have too much sugar in your blood

◆ Problems with insulin



People with Type 2 diabetes usually have **INSULIN RESISTANCE**

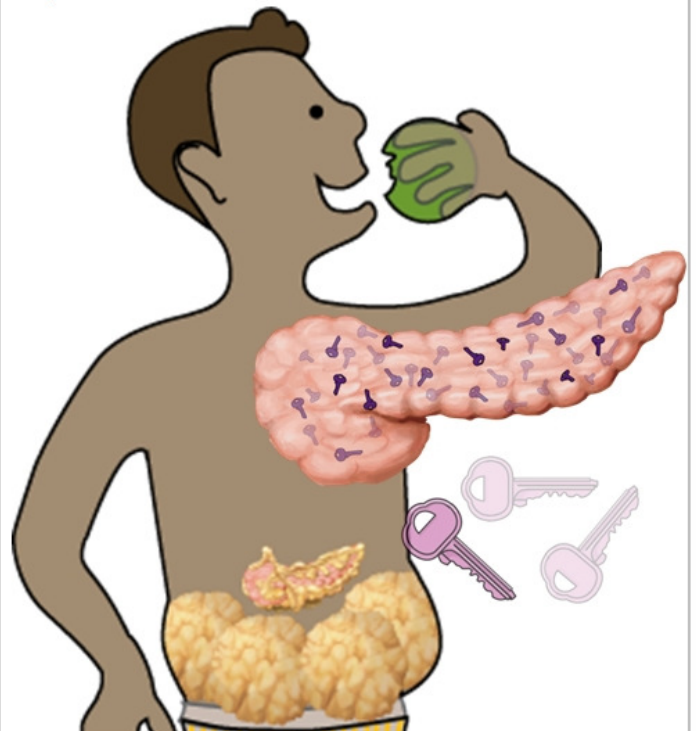


◆ Problems with insulin



Fat can stop the insulin keys working properly

◆ Problems with insulin



This happens when you have **Type 2** diabetes

◆ Problems with insulin



Being active helps the insulin keys work better

◆ Problems with insulin



Eating right can help reduce the sugar in your blood

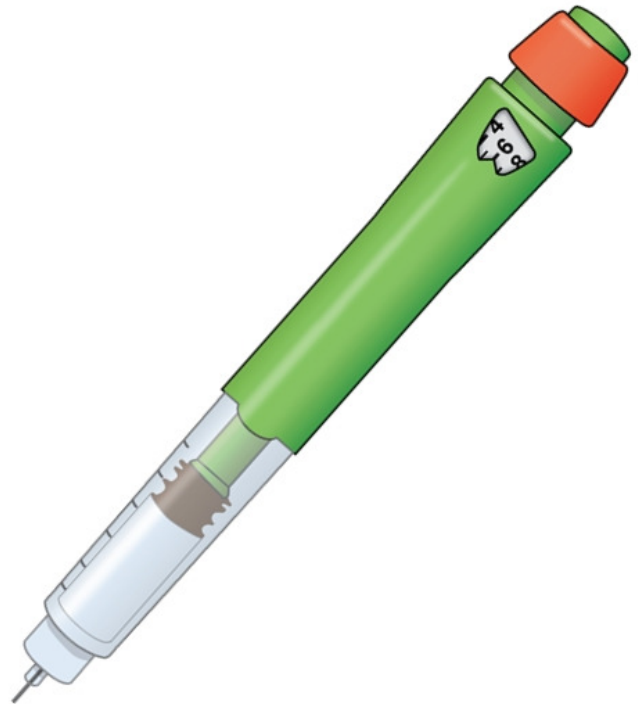
◆ Problems with insulin



You may need to take medicine to help your insulin keys



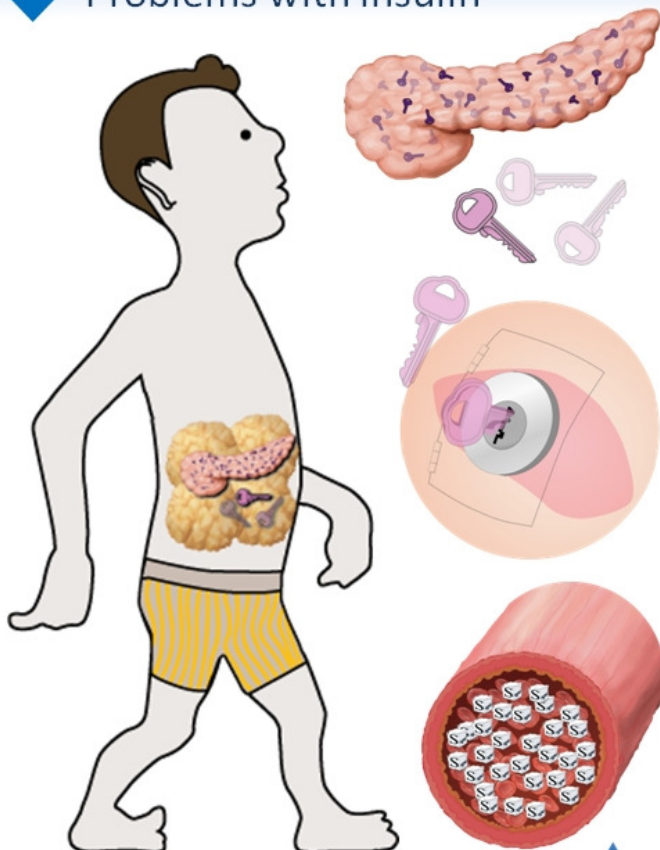
◆ Problems with insulin



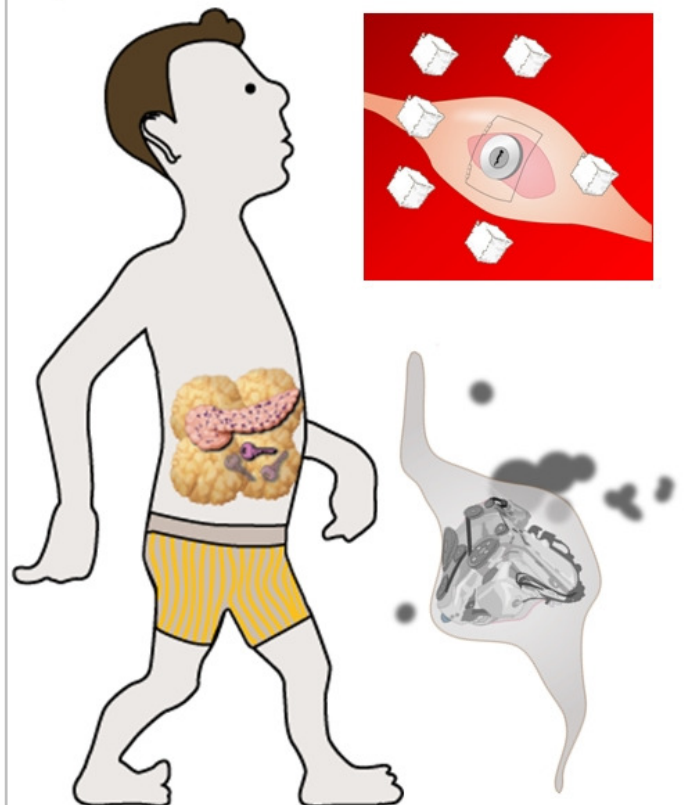
You may need to take insulin



◆ Problems with insulin



◆ Problems with insulin





◆ Problems with insulin



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◆ Problems with insulin



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**There is no need to print the following page when printing and using this resource**

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### **Purpose of resource:**

Talk cards for the diabetes sugar story which can be used with groups or individuals.






**Area:** Diabetes

**Topic:** Sugar insulin stories

**Story:** Sugar in food (Small cards)

### **Related resources**

There are talk cards for the following :

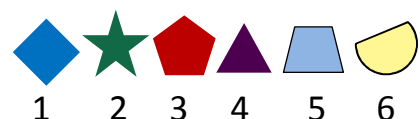
1. Sugar in food 
2. Insulin keys 
3. Insulin resistance 
4. No insulin keys (Type 1) 
5. Not enough insulin keys (Type 2) 

### **Notes:**

The resource can be printed A3 or A4 size and then laminated.

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Levels



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