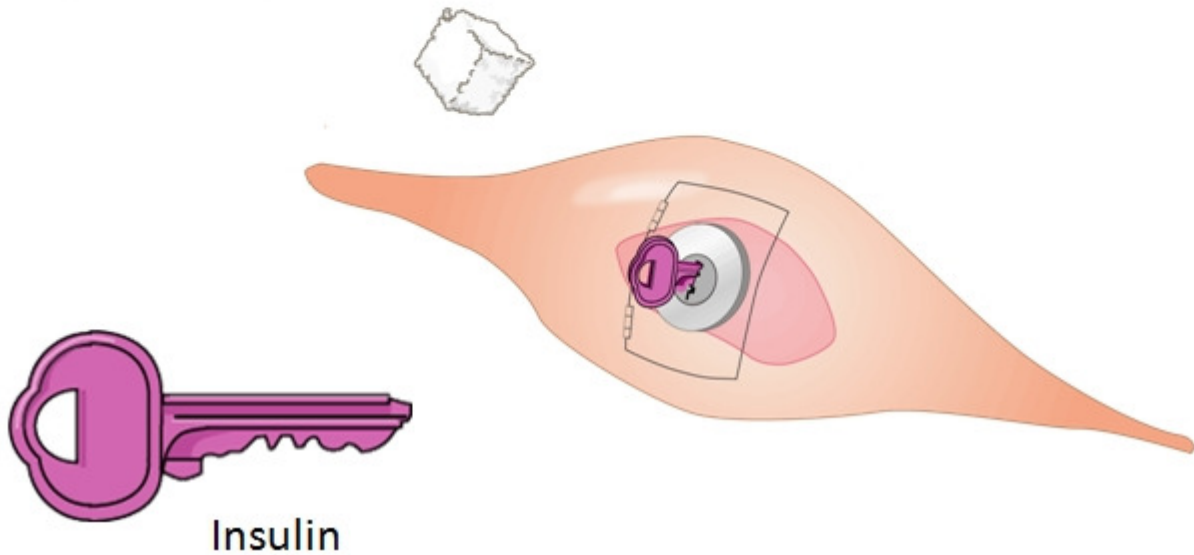
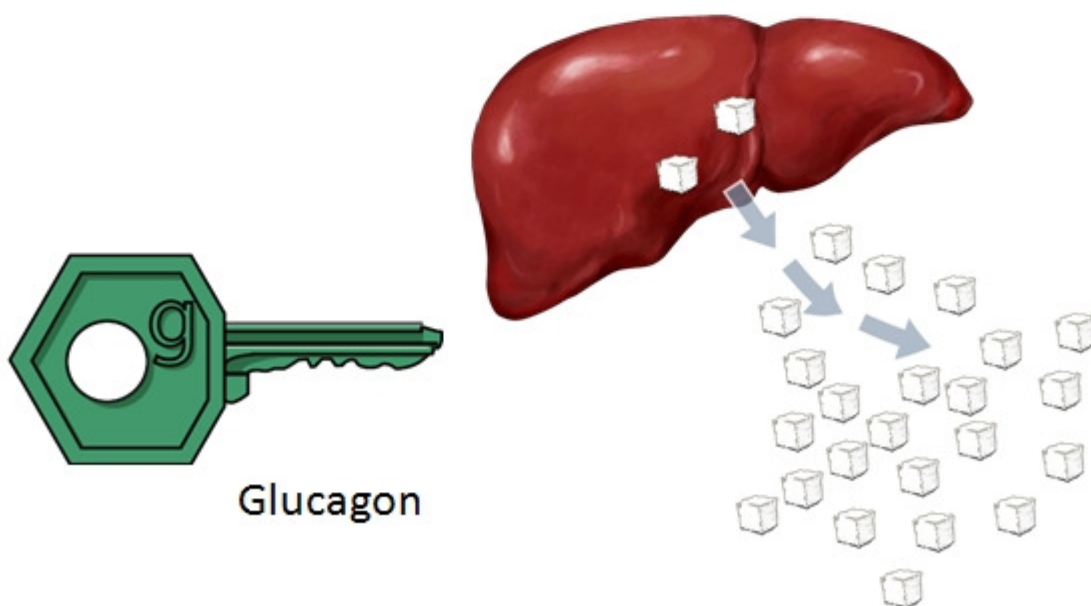


How your pancreas controls you blood sugar levels

Insulin helps the sugar in your blood gets into your muscle cells and liver



Glucagon helps the sugar in your liver get into your blood

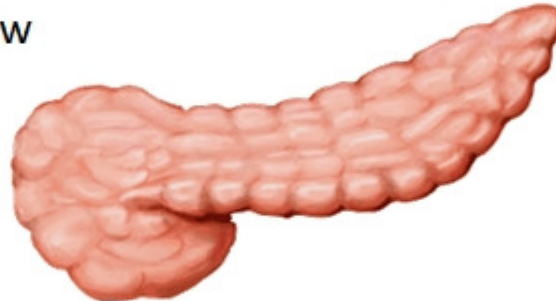


Diabetes Insulin & glucagon working together

Your pancreas knows if your blood sugar is too high or too low



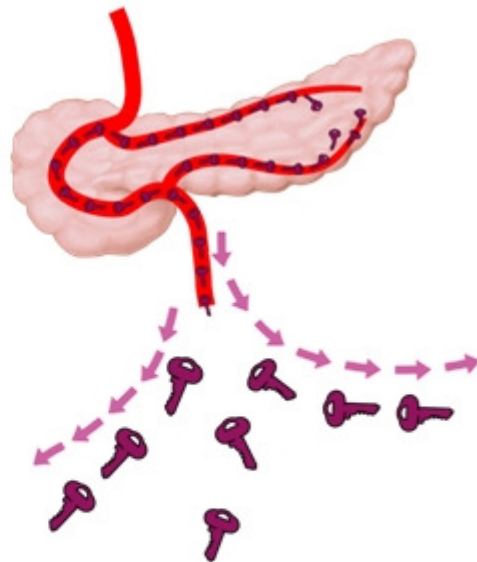
low



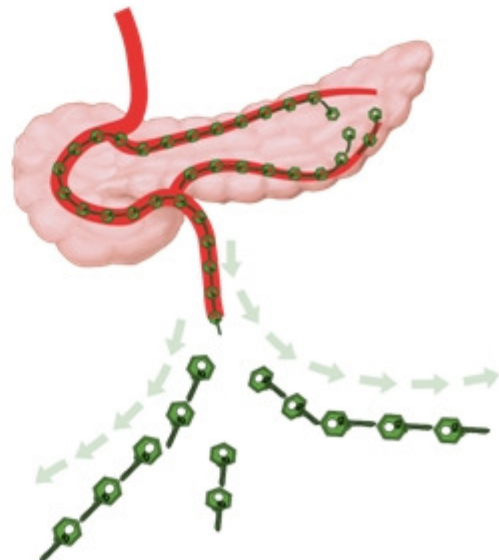
high



If it is too high
your pancreas
makes insulin



If it is too low
your pancreas
makes glucagon



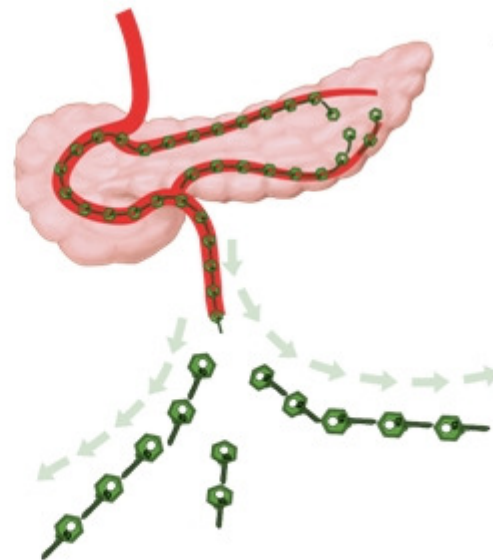
Diabetes Insulin & glucagon working together

Glucagon works between meals

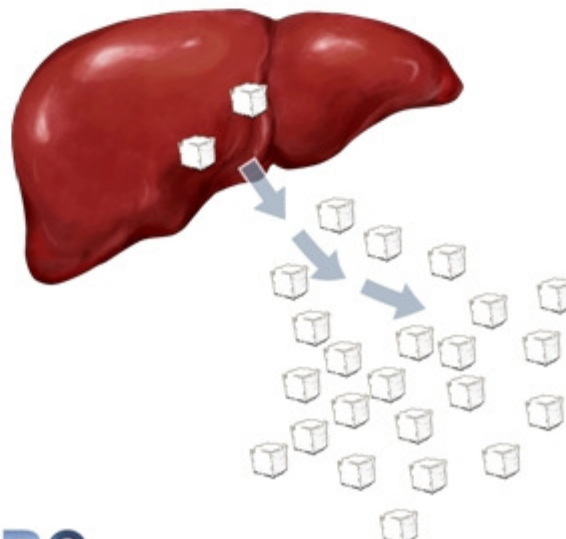
During the night you don't eat for a long time. Your blood sugar becomes low



Your pancreas knows your blood sugar is low and makes glucagon.



Your liver put sugar into your blood and you blood sugar goes back to normal



There is no need to print the following page when printing and using this resource

Health Professional Facilitator Information

You must use your own professional judgement when using this resource

Purpose of resource:

These stories were originally developed for Queensland Health CDRO project. This modified version includes yarn cards.

2 analogies are used for insulin keys and men. The men analogy is included to show how you can use other analogies provided you are consistent. The key analogy has been adopted for all the other CDRO resources.

Related resources

There are story posters & cards for the following :

1. Blood pipes
2. Sugar
3. Insulin keys
4. Insulin **men**
5. Sugar levels
6. Stored sugar & exercise
7. Type 1 – keys
8. Type 2 –keys
9. Type 2 –**men**
10. Glycagon
11. Sugar control (complications) –Type 1
12. Sugar control (complications) –Type 2
13. Insulin & glycagon

Notes:

The resource can be printed A3 or A4 size and then laminated.

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