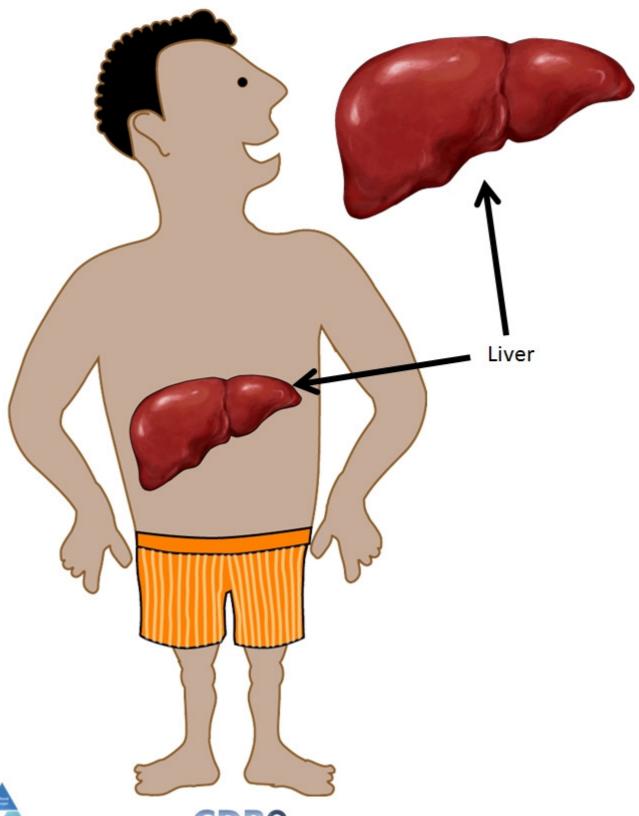
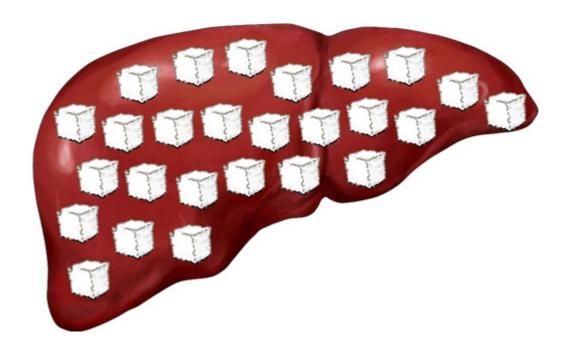
# Sugar is stored in your liver

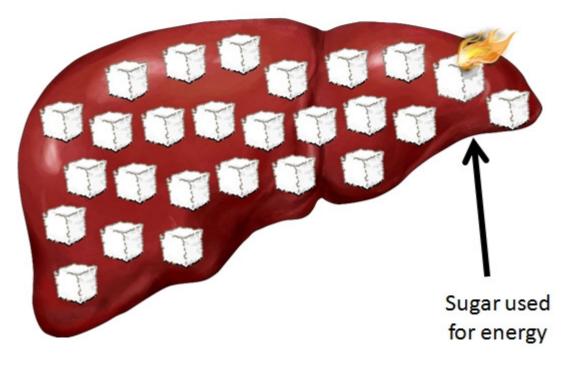
Your liver makes and stores things your body needs to work properly



Like your muscle cells sugar can be stored in your liver,



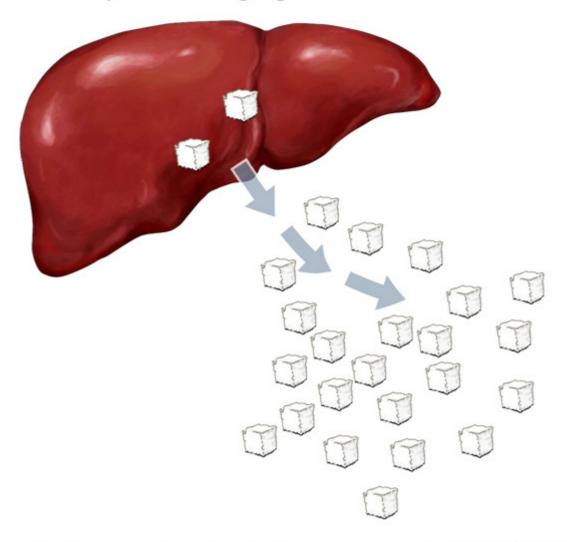
Your liver stores more sugar than it needs to just keep working



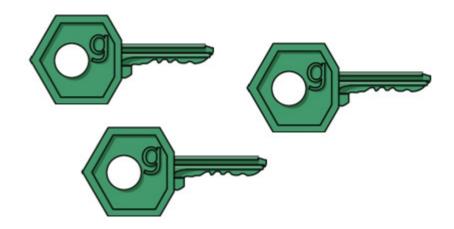




The stored sugar in your liver can be put back into your blood if your blood sugar gets too low



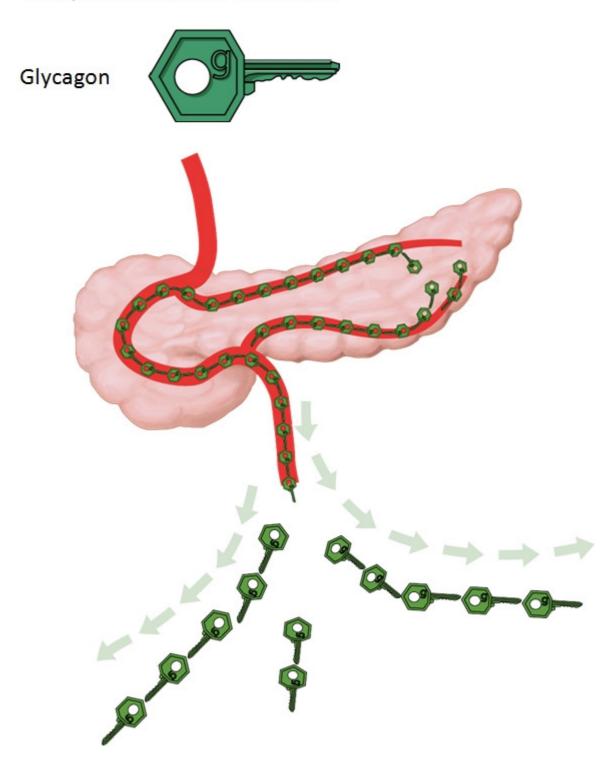
The liver needs a chemical messenger called GLYCAGON to help the sugar get back into the blood







# Your pancreas makes GLYCAGON

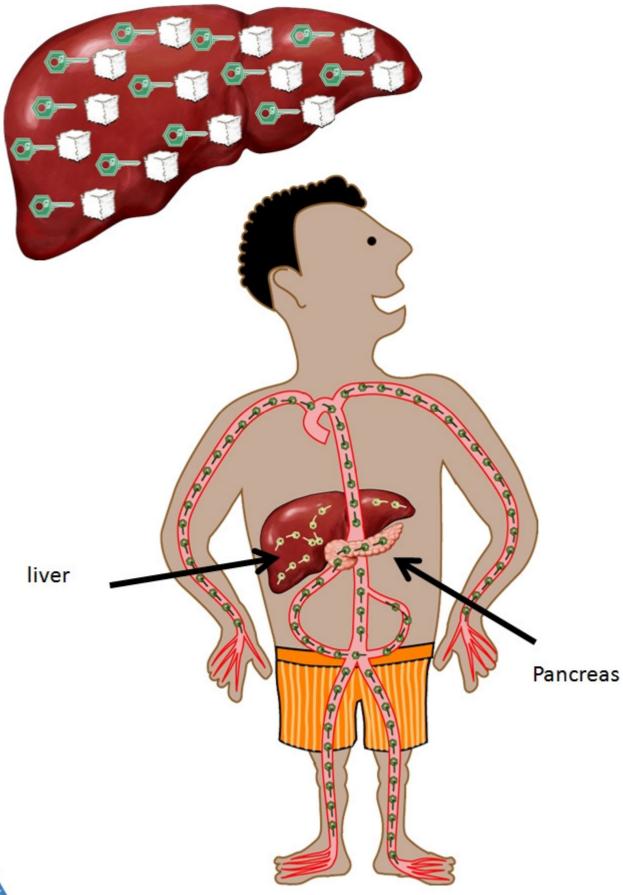


The GLYCAGON goes into your blood





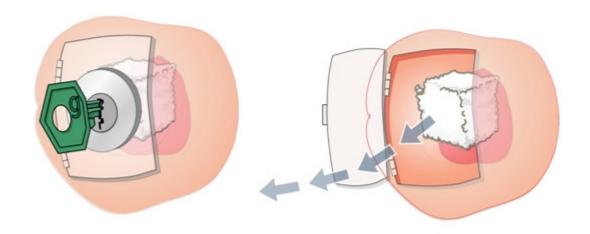
# The blood takes the GLYCAGON to your liver



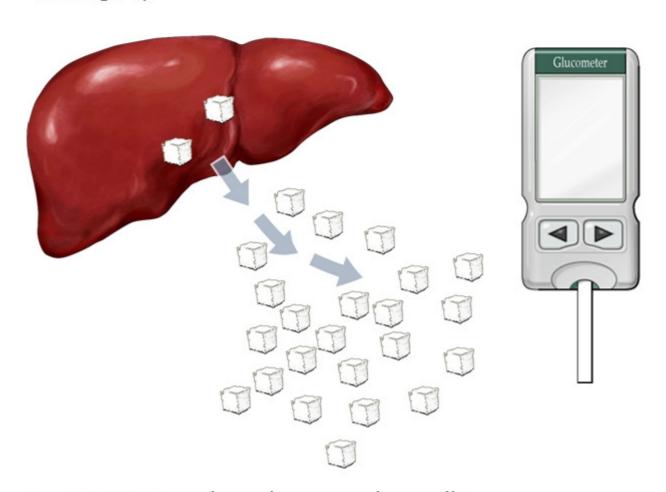




# The GLYCAGON unlocks the liver cells to let the sugar out



The sugar goes back into your blood and your blood sugar levels go up





GLYCAGON only works on your liver cells

# There is no need to print the following page when printing and using this resource

# **Health Professional Facilitator Information**

You must use your own professional judgement when using this resource

# Purpose of resource:

These stories were originally developed for Queensland Health CDRO project. This modified version includes yarn cards.

2 analogies are used for insulin keys and men. The men analogy is included to show how you can use other analogies provided you are consistent. The key analogy has been adopted for all the other CDRO resources.

#### Related resources

There are story posters & cards for the following:

- Blood pipes
- 2. Sugar
- 3. Insulin keys
- 4. Insulin men
- 5. Sugar levels
- 6. Stored sugar & exercise
- 7. Type 1 keys
- 8. Type 2 –keys
- 9. Type 2 **–men**
- 10. Glycagon
- 11. Sugar control (complications) -Type 1
- 12. Sugar control (complications) –Type 2
- 13. Insulin & glycagon

## Notes:

The resource can be printed A3 or A4 size and then laminated.

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