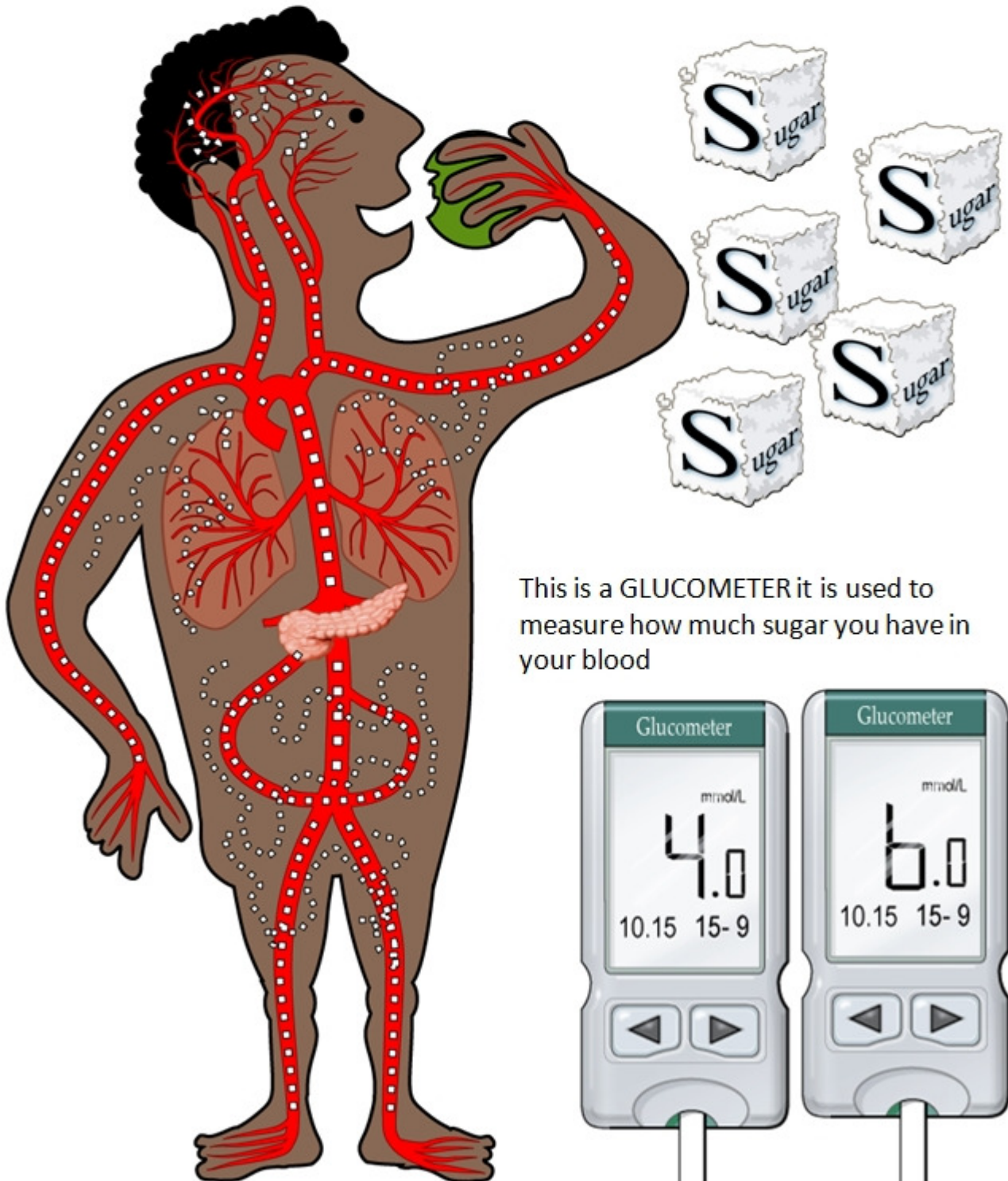


What is diabetes?

If you have diabetes you have too much or too little sugar in your blood



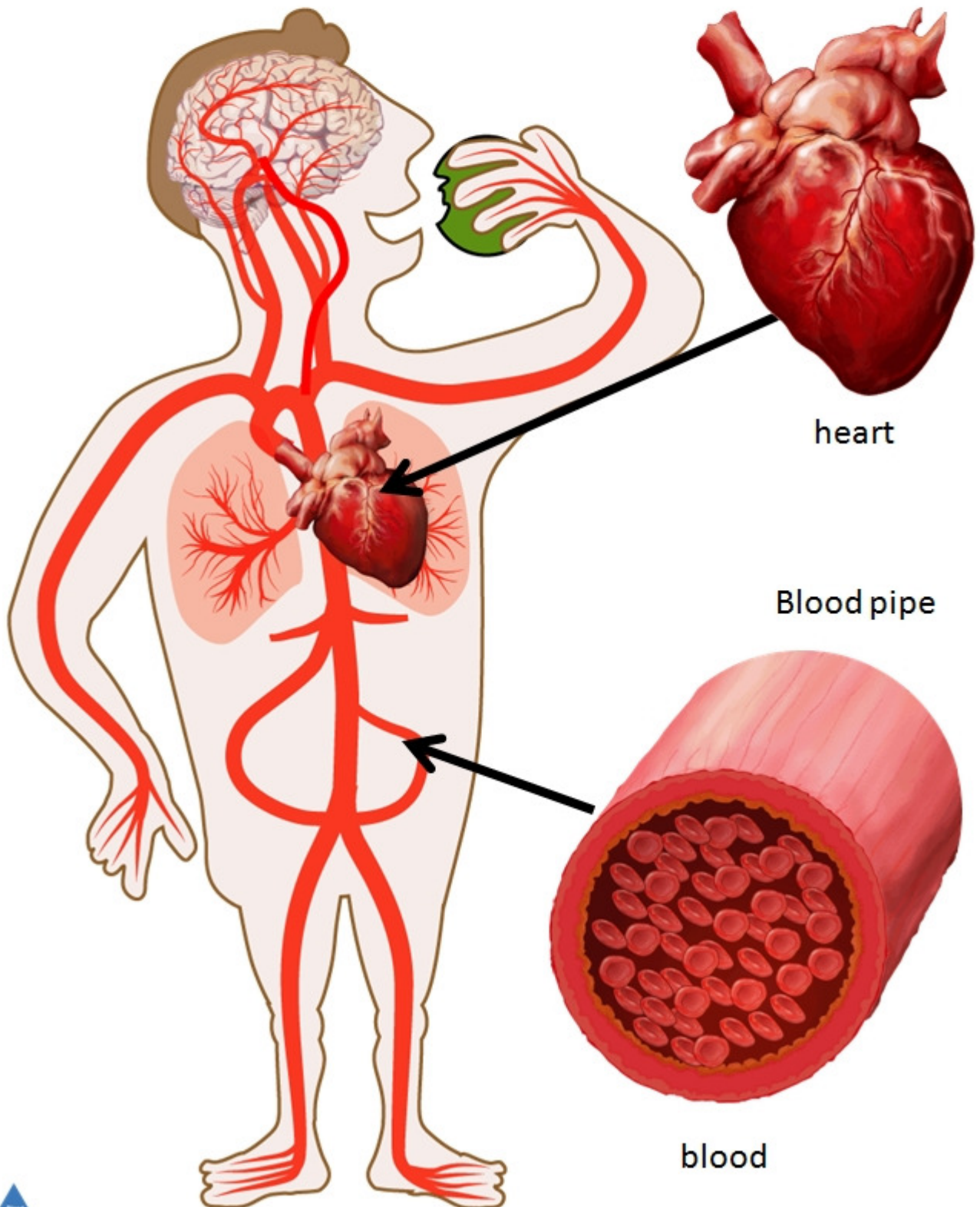
This is a GLUCOMETER it is used to measure how much sugar you have in your blood

Between 4 and 6 is right amount of sugar



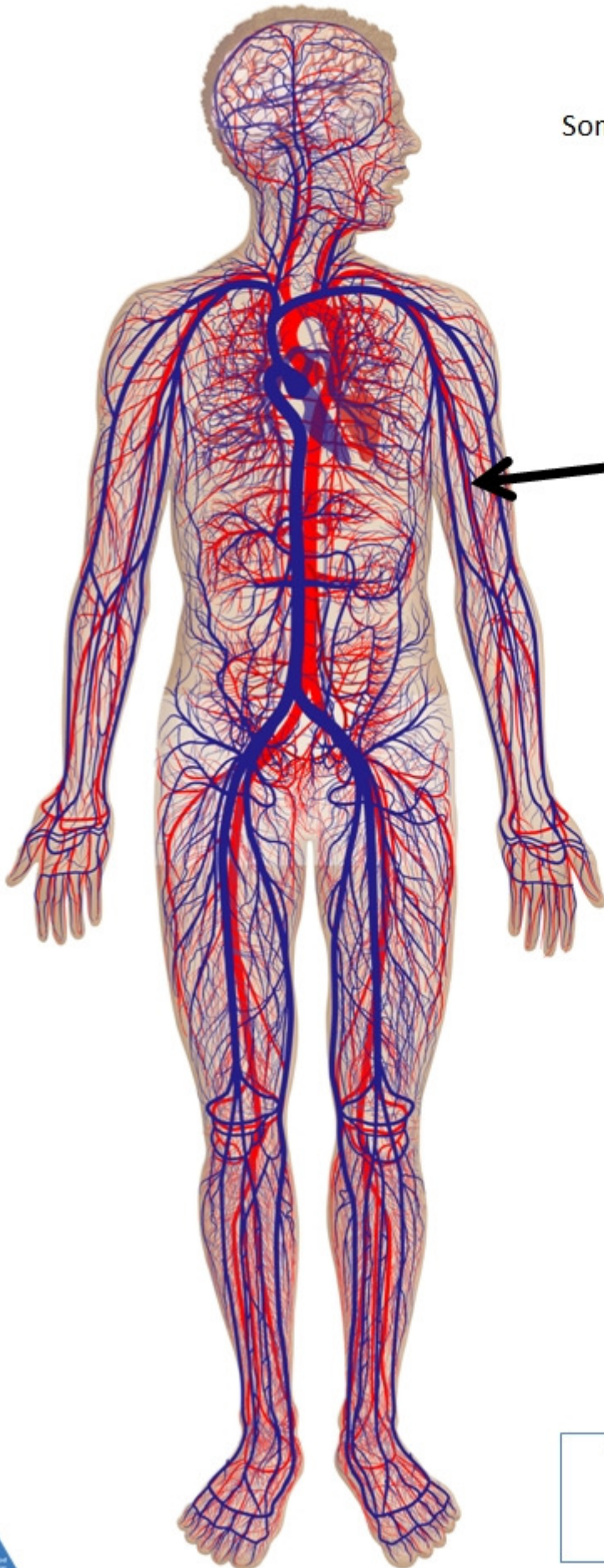
Blood pipes

The heart pumps blood around the body through blood pipes



Diabetes Blood pipes

Blood pipes are different sizes.
Some are big and some are very tiny



Big blood pipe



Smaller blood pipe



Very small blood pipe



Tiny blood pipe

Tiny blood pipes are called
capillaries

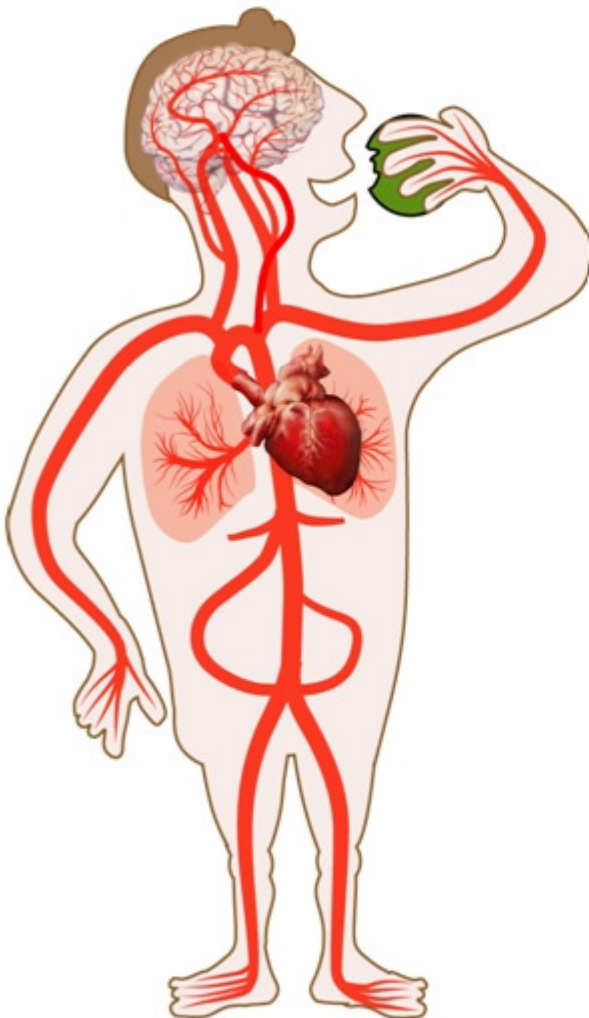
Diabetes Blood pipes



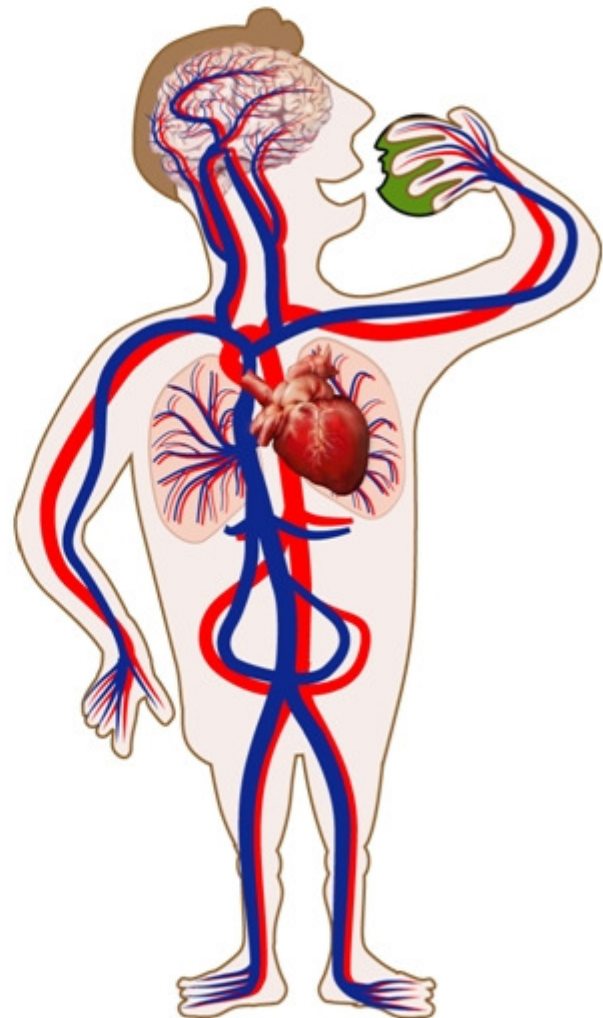
The **RED** blood pipes carry the blood from the heart to all the different parts of the body



The **BLUE** pipes take the blood back to the heart



The **RED** blood pipes are called **arteries**



The **BLUE** blood pipes are called **veins**

There is no need to print the following page when printing and using this resource

Health Professional Facilitator Information

You must use your own professional judgement when using this resource

Purpose of resource:

These stories were originally developed for Queensland Health CDRO project. This modified version includes yarn cards.

2 analogies are used for insulin keys and men. The men analogy is included to show how you can use other analogies provided you are consistent. The key analogy has been adopted for all the other CDRO resources.

Related resources

There are story posters & cards for the following :

1. Blood pipes
2. Sugar
3. Insulin keys
4. Insulin **men**
5. Sugar levels
6. Stored sugar & exercise
7. Type 1 – keys
8. Type 2 –keys
9. Type 2 –**men**
10. Glycagon
11. Sugar control (complications) –Type 1
12. Sugar control (complications) –Type 2
13. Insulin & glycagon

Notes:

The resource can be printed A3 or A4 size and then laminated.

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