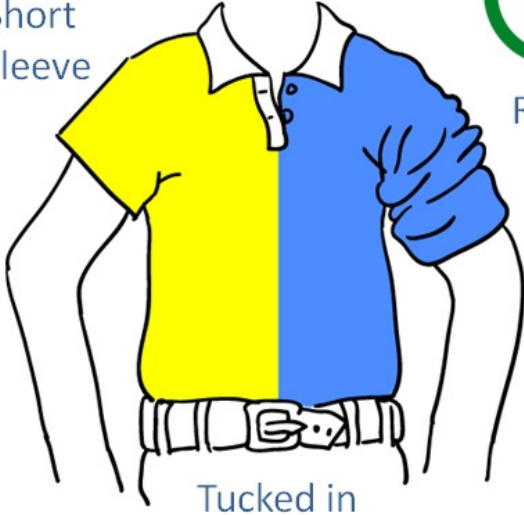


Are you ready?

Clothes

Short sleeve



Tucked in



Rolled up

Hair



Tied back
or covered



Hands



Washed



Nails



Clean



Closed shoes



Apron



Are you ready?

Lined
Rubbish
bin



Bowls for washing
& draining



Clean



Clean equipment



Cloth for spills



Spray broom & mop



There is no need to print the following page when printing and using this resource

Health Professional Facilitator Information

You must at all times use your own professional judgement when using this resource

Purpose of resource:

To support the delivery of practical cooking and nutrition education sessions

Key skills:

This resource could be used to support development of the following skills:

- Identify the different food groups

Target group:

This resource is designed to be used by Australians of all ages.

Notes:

This resource is designed to be printed A3 size and then laminated.

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